

MCAA T&F League.		Type=	Photo-finish timing
Date=	29/08/2026	Division=	2
Match no.		Venue=	Stoke

4	Club	Points
	Birchfield Harriers	290
	Cannock & Stafford AC	499.5
	City of Stoke AC	273
	Gloucester AC	235
	Newport Harriers	370
	Notts AC	600
	Stratford-upon-Avon AC	417.5

Officials' Points

Team	Birchfield Harriers	Cannock & Stafford AC	City of Stoke AC	Gloucester AC	Newport Harriers	Notts AC	Stratford-upon-Avon AC
Points	-15	20	20	20	20	20	20

Event	100 metres		MEN				
100	A string	Wind reading if applic	0 m/s				
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Chibunna Obirieze	Notts	6	11.19	12	0
	2	Tom Stephens	C&S	2	11.45	10	0
	3	Chadale Stephenson	Bir	1	11.48	8	0
	4	Samson Chinaka	Newp	5	12.00	7	0
	5	Dan Wood	Glouc	4	12.03	6	0
	6	Seb Hillard	Strat	7	12.14	5	0
	7	Theo Winn	Stoke	3	12.21	4	0

Event	100 metres		MEN				
100	B/C race 1	Wind reading if applic	-0.6 m/s				
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	John Kirby	C&S	22	11.59		
	2	Harry Whyley	Notts	66	11.69		
	3	Oshotare Kadiri	Glouc	44	12.06		
	4	Akash Shetty	Newp	55	12.15		
	5	Abdullahi Adejare	Bir	11	12.30		
	6	David Jones	Strat	77	19.15		

Event	100 metres		MEN				
100	B/C race 2	Wind reading if applic	0 m/s				
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	Craig Carr	C&S	222	12.10		

Event	COMBINED B / C RACES FOR		SCORING				
100	B+C string	Wind reading if applic	-0.6 & 0 m/s				
MEN	Position	Competitor	Club	Bib Number	Performance	Position Points	Bonus Points
	1	John Kirby	C&S	22	11.59	10	0
	2	Harry Whyley	Notts	66	11.69	8	0
	3	Oshotare Kadiri	Glouc	44	12.06	7	0
	4	Craig Carr	C&S	222	12.10	6	0
	5	Akash Shetty	Newp	55	12.15	5	0
	6	Abdullahi Adejare	Bir	11	12.30	4	0
	7	David Jones	Strat	77	19.15	3	0

Event	200 metres				MEN		
200	A string	Wind reading if applic	0	m/s	Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Chibunna Obirize	Notts	6	22.92	12	0
	2	Tom Stephens	C&S	2	23.17	10	0
	3	Chadale Stephenson	Bir	1	23.52	8	0
	4	Dan Wood	Glouc	4	24.26	7	0
	5	Theo Winn	Stoke	3	24.40	6	0
	6	Samson Chinaka	Newp	5	24.91	5	0
	7	Thomas Stanton	Strat	7	33.00	4	0

Event					MEN		
200	B/C race 1	Wind reading if applic	-0.8	m/s	Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Harry Whyley	Notts	66	23.30		
	2	Lucas Miah	Stoke	33	23.48		
	3	Henry Heathcote	C&S	22	24.15		
	4	Akash Shetty	Newp	55	24.44		
	5	Andy Murray	Bir	11	24.99		
	6	Oshotare Kadiri	Glouc	44	25.23		
	7	Zak Lambert	Strat	77	27.16		

Event					MEN		
200	B/C race 2	Wind reading if applic	-0.1	m/s	Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Abdullahi Adejare	Bir	111	25.11		
	2	Tunde Adeyemo	C&S	222	25.46		

Event	COMBINED B / C RACES FOR SCORING						
200	B+C string	Wind reading if applic	-0.8 & -0.1	m/s	Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Harry Whyley	Notts	66	23.30	10	0
	2	Lucas Miah	Stoke	33	23.48	8	0
	3	Henry Heathcote	C&S	22	24.15	7	0
	4	Akash Shetty	Newp	55	24.44	6	0
	5	Andy Murray	Bir	11	24.99	5	0
	6	Abdullahi Adejare	Bir	111	25.11	4	0
	7	Oshotare Kadiri	Glouc	44	25.23	3	0
	8	Tunde Adeyemo	C&S	222	25.46	2.5	0
	9	Zak Lambert	Strat	77	27.16	2	0

Event	400 metres				MEN		
400	A string				Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	John Kirby	C&S	2	50.20	12	0
	2	Dylan Evans	Newp	5	51.84	10	0
	3	Jye Cope	Bir	1	51.97	8	0
	4	Lucas Miah	Stoke	3	56.03	7	0
	5	Jack Wickham	Notts	6	58.33	6	0
	6	Sam Lambert	Strat	7	1:01.72	5	0

Event							
400	B+C string				Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Joshua Jones	Newp	55	52.31	10	0
	2	Henry Heathcote	C&S	22	54.85	8	0
	3	Abdullahi Adejare	Bir	11	55.51	7	0
	4	Rory Birtwistle	Notts	66	1:05.54	6	0
	5	Luke Gawthorn	Newp	555	1:07.66	5	0
	6	David Jones	Strat	77	1:22.85	4	0

Event	800 metres				MEN		
800	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Cai Lewis	Newp	5	2:00.38	12	0
	2	Zak Lambert	Strat	777	2:04.41	10	0
	3	Amdebrhan Berhe	Notts	6	2:05.84	8	0
	4	Craig Carr	C&S	2	2:06.65	7	0
	5	Rohan Child	Bir	1	2:09.88	6	0

Event	800				MEN		
800	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Luke Gawthorn	Newp	55	2:00.39	10	0
	2	James Day	Strat	77	2:08.34	8	0
	3	Ali Sarder Khan	Bir	11	2:13.88	7	0
	4	Ben Oliver	Newp	555	2:15.46	6	0
	5	Sam Lambert	Strat	7	2:16.96	5	0
	6	Malcolm Eustace	C&S	22	2:32.68	4	0

Event	110H metres				MEN		
110H	A string	Wind reading if applic	0 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jack Wickham	Notts	6	18.69	12	0
	2	Alasdair Rigby	C&S	2	19.89	10	0
	3	Adam Young Johnson	Bir	1	22.91	8	0
	4	Kyle Neal	Glouc	4	25.06	7	0

Event	400H metres				MEN		
400H	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jack Wickham	Notts	6	1:03.27	12	0
	2	Jamie Chapman	C&S	22	1:08.34	10	0
	3	Kyle Neal	Glouc	4	1:23.76	8	0

Event	400H				MEN		
400H	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Alasdair Rigby	C&S	2	1:11.27	10	0

Event	1500 metres				MEN		
1500	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	William Mayes	Strat	77	4:14.14	12	0
	2	Max Loton	Stoke	3	4:21.34	10	0
	3	Adam Searle	Notts	6	4:27.89	8	0
	4	Tom Gilbert	Newp	55	4:35.75	7	0
	5	Ali Sarder Khan	Bir	1	4:39.98	6	0
	6	Ollie Stone	C&S	2	4:41.46	5	0
	7	Martin Brook	Glouc	4	5:52.49	4	0

Event	1500				MEN		
1500	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Zak Lambert	Strat	7	4:14.82	10	0
	2	Leif Payne	Stoke	33	4:25.13	8	0
	3	Andrew Taplin	Notts	666	4:30.74	7	0
	4	Cruz Connor	Notts	66	4:34.11	6	0
	5	Ben Oliver	Newp	5	4:50.26	5	0
	6	Jack Blower	C&S	22	5:03.09	4	0

Event	Event	3000 metres			MEN		
3000	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Thomas Fisher	Strat	7	8:58.97	12	0
	2	Jack Hadley	C&S	2	9:02.99	10	0
	3	Amdebrhan Berhe	Notts	6	9:14.77	8	0
	4	Tesfey Teweled	Bir	1	9:28.12	7	0
	5	Joseph Roberts	Newp	5	9:49.92	6	0
	6	Khasim Croft	Stoke	3	10:06.67	5	0

Event	Event	3000			MEN		
3000	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Douglas Garnett	Strat	77	9:07.09	10	0
	2	Will Reddish	Notts	66	9:23.88	8	0
	3	Harry Jolly	Strat	777	9:30.07	7	0
	4	Andrew Taplin	Notts	666	9:51.92	6	0
	5	Ollie Stone	C&S	22	10:02.04	5	0
	6	John Gibby	Newp	55	10:04.39	4	0
	7	Martin Pratt	Stoke	33	10:09.29	3	0
	8	Carl Astley	Stoke	333	11:56.26	2.5	0

Event	Event	3000SC metres			MEN		
3000SC	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Adam Searle	Notts	6	10:14.23	12	0
	2	Matt Eardley	Stoke	3	11:05.87	10	0
	3	Tom Gilbert	Newp	5	11:46.14	8	0
	4	Kyle Neal	Glouc	4	12:41.24	7	0

Event	Event	3000SC			MEN		
3000SC	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Luke Gawthorn	Newp	55	12:44.68	10	0

Event	Event	4x100 metres			MEN		
4x100	A string					Position	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Birchfield Harriers	Bir	1	44.98	12	
	2	Cannock & Stafford AC	C&S	2	47.06	10	
	3	Notts AC	Notts	6	47.19	8	
	4	Newport Harriers	Newp	5	47.31	7	
	5	Stratford-upon-Avon AC	Strat	7	47.95	6	
	6	City of Stoke AC	Stoke	3	49.27	5	

Event	Event	4x400 metres			Mx A String		
4x400	A string					Position	
Mx A String	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Cannock & Stafford AC	C&S	2	3:41.78	12	
	2	Newport Harriers	Newp	5	3:56.43	10	
	3	Notts AC	Notts	6	4:02.02	8	
	4	City of Stoke AC	Stoke	3	4:07.14	7	
	5	Stratford-upon-Avon AC	Strat	7	4:12.09	6	
	6	Birchfield Harriers	Bir	1	4:13.95	5	

Event	Event	HJ	metres	MEN			
HJ	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harry Whyley	Notts	6	1.90	12	0
	2	Oshotare Kadiri	Glouc	4	1.75	10	0
	3	Seb Hillard	Strat	7	1.70	8	0
	4	Owen Sproston	Stoke	3	1.60	7	0
	5	Morgan Treasure	Bir	1	1.60	6	0
	6	Alasdair Rigby	C&S	2	1.55	5	0

Event	Event						
HJ	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rory Birtwistle	Notts	66	1.75	10	0
	2	James Ritchie	Glouc	44	1.60	8	0
	3	Will Hovell	Strat	77	1.55	7	0
	4	Adam Young Johnson	Bir	11	1.55	6	0
	5	Jak Carpenter	C&S	22	1.40	5	0

Event	Event	PV	metres	MEN			
PV	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kofi Afirifah - Mensah	Notts	6	3.90	12	0
	2	Harrison Postles	Stoke	3	3.70	9	0
	2	Braimoh Busari	Bir	1	3.70	9	0
	4	Will Hovel	Strat	7	3.00	7	0
	5	Kyle Neal	Glouc	4	2.30	6	0

Event	Event						
PV	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Brooklyn Crooks	Notts	66	3.70	10	0
	2	Simon Gower	Bir	11	3.20	8	0

Event	Event	LJ	metres	MEN			
LJ	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Oshotare Kadiri	Glouc	4	6.67	12	0
	2	Morgan Treasure	Bir	1	6.58	10	0
	3	Seb Hillard	Strat	7	5.98	8	0
	4	Josh Blakesley	C&S	2	5.88	7	0
	5	Owen Sproston	Stoke	3	5.85	6	0
	6	Harry Whyley	Notts	66	5.76	5	0
	7	Joseph Roberts	Newp	5	4.71	4	0

Event	Event						
LJ	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Matt Madden	Notts	6	5.75	10	0
	2	Will Hovell	Strat	77	5.58	8	0
	3	Donovan Davenport	Notts	666	4.88	7	0
	4	James Ritchie	Glouc	44	4.71	6	0
	5	Jamie Chapman	C&S	22	4.49	5	0
	6	John Gibby	Newp	55	4.10	4	0

Event	Event	TJ	metres	MEN			
TJ	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Oshotare Kadiri	Glouc	4	12.67	12	0
	2	Matt Madden	Notts	6	12.18	10	0
	3	Josh Bedward	Bir	11	11.01	8	0
	4	Josh Blakesley	C&S	2	10.73	7	0
	5	James Day	Strat	77	9.70	6	0
	6	Luke Gawthorn	Newp	5	9.46	5	0

Event	Event						
TJ	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Donovan Davenport	Notts	66	10.67	10	0
	2	James Ritchie	Glouc	44	9.93	8	0
	3	Jamie Chapman	C&S	22	9.73	7	0
	4	Joshua Jones	Newp	55	9.35	6	0
	5	William Mayes	Strat	7	8.71	0	0
	6	Zak Lambert	Strat	777	8.32	0	0
	7	Dontay Bailey	Bir	1	NM	0	0

Event	Event	SP	metres	MEN			
SP	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jak Carpenter	C&S	2	11.92	12	0
	2	Morris Fox	Stoke	3	11.51	10	0
	3	Samson Chinaka	Newp	5	10.14	8	0
	4	Kacper Kalwarski	Bir	1	9.73	7	0
	5	Brooklyn Crooks	Notts	6	9.71	6	0
	6	Tom Cross	Strat	77	9.44	5	0
	7	Kyle Neal	Glouc	4	8.47	4	0

Event	Event						
SP	B+C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	James Chamberlain	Strat	7	8.33	10	0
	2	Matt Madden	Notts	66	8.22	8	0
	3	Morgan Keen-Williams	Newp	55	8.05	7	0
	4	Mark Boswell	Newp	555	7.62	0	0
	5	Adam Hughes	Bir	11	6.43	0	0

Event	Event	DT	metres	MEN			
DT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Mubatowashe Mtonbeni	Notts	6	46.31	12	5
	2	Morgan Keen-Williams	Newp	5	33.03	10	0
	3	Morris Fox	Stoke	3	29.83	8	0
	4	Kyle Neal	Glouc	4	28.77	7	0
	5	Tom Cross	Strat	77	26.02	6	0
	6	Kacper Kalwarski	Bir	1	25.56	5	0
	7	Alasdair Rigby	C&S	22	21.99	4	0

Event	DT	B+C string				Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Brooklyn Crooks	Notts	66	34.95	10	0
	2	Harrison Postles	Stoke	33	25.83	8	0
	3	Ian Williams	Newp	55	22.73	7	0
	4	James Chamberlain	Strat	7	22.10	6	0
	5	Jak Carpenter	C&S	2	21.73	5	0
	6	Mark Boswell	Newp	555	19.98	0	0
	7	Martin Roberts	C&S	222	19.17	0	0
	8	Ali Sarder Khan	Bir	11	18.08	0	0
	9	James Ritchie	Glouc	44	15.30	0	0

Event	HT	HT	metres	MEN		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Craig Murch	Bir	1	70.81	12	5
	2	Mark Boswell	Newp	5	31.99	10	0
	3	Martin Roberts	C&S	2	30.37	8	0
	4	Morris Fox	Stoke	3	25.83	7	0
	5	Tom Cross	Strat	77	22.16	6	0

Event	HT	B+C string				Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chris Shorthouse	Bir	11	59.21	10	5
	2	Konrad Katarzynski	Bir	111	21.07	0	0
	3	Jak Carpenter	C&S	22	20.52	0	0
	4	James Chamberlain	Strat	7	18.95	0	0

Event	JT	JT	metres	MEN		Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kacper Kalwarski	Bir	1	48.00	12	0
	2	Morgan Keen-Williams	Newp	5	44.57	10	0
	3	Seb Hillard	Strat	77	42.14	8	0
	4	Owen Sproston	Stoke	3	40.44	7	0
	5	Jak Carpenter	C&S	2	40.00	6	0
	6	Brooklyn Crooks	Notts	6	34.21	5	0
	7	Kyle Neal	Glouc	4	33.14	4	0

Event	JT	B+C string				Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	James Chamberlain	Strat	7	37.32	10	0
	2	Tom Cross	Strat	777	35.58	8	0
	3	Adam Young Johnson	Bir	11	30.18	7	0
	4	Kofi Afiriah-Mensah	Notts	666	29.44	6	0
	5	Matt Madden	Notts	66	29.24	5	0
	6	Alasdair Rigby	C&S	22	28.46	4	0
	7	Matt Eardley	Stoke	33	25.51	3	0
	8	Mark Boswell	Newp	55	17.63	0	0

Event	100	Event	100 metres			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Sophie Hulse	C&S	2	12.53	12	0
	2	Zoe Lucas	Notts	6	12.70	10	0
	3	Tiwaah Boateng	Newp	5	13.00	8	0
	4	Heidi Jackson	Stoke	3	13.15	7	0
	5	Audrey Asante-Afoakwa	Bir	1	13.64	6	0
	6	Libby Andrews	Glouc	4	14.75	5	0
	7	Becky Bailey	Strat	7	18.91	4	0

Event								
100	B/C Race 1	Wind reading if applic	-0.8	m/s	Formatted	Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Mia Wainwright	C&S	22	12.69			
	2	Fura Mabengi	Notts	66	13.04			
	3	Dianaliz Cipriam Gibson	Bir	11	13.57			
	4	Eleri Jones	Newp	55	13.59			
	5	Imogen Smith	Stoke	33	14.18			
	6	Kathryn Woodcock	Strat	77	18.92			

Event								
100	B/C Race 2	Wind reading if applic	-0.5	m/s	Formatted	Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Silvia Onwubiko	Notts	666	13.61			
	2	Nshira Vanhoorn	Bir	111	14.21			
	3	Hollie Stow	Stoke	333	15.71			
	4	Paula Williams	Strat	777	18.46			

Event	COMBINED	B / C RACES FOR		SCORING				
100	B+C string	Wind reading if applic	-0.8 & -0.5	m/s		Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Mia Wainwright	C&S	22	0:12.69	10	0	
	2	Fura Mabengi	Notts	66	0:13.04	8	0	
	3	Dianaliz Cipriam Gibson	Bir	11	0:13.57	7	0	
	4	Eleri Jones	Newp	55	0:13.59	6	0	
	5	Silvia Onwubiko	Notts	666	0:13.61	5	0	
	6	Imogen Smith	Stoke	33	0:14.18	4	0	
	7	Nshira Vanhoorn	Bir	111	0:14.21	3	0	
	8	Hollie Stow	Stoke	333	0:15.71	2.5	0	
	9	Paula Williams	Strat	777	0:18.46	2	0	
	10	Kathryn Woodcock	Strat	77	0:18.92	1.5	0	

Event	Event	200 metres						
200	A string	Wind reading if applic	-0.7	m/s		Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Fura Mabengi	Notts	6	25.70	12	0	
	2	Joyella Jeffries	C&S	2	25.89	10	0	
	3	Tiwaah Boateng	Newp	5	27.21	8	0	
	4	Niamh Bould	Stoke	3	27.29	7	0	
	5	Audrey Asante-Afoakwa	Bir	1	29.02	6	0	
	6	Becky Bailey	Strat	7	39.51	5	0	

Event								
200	B/C Race 1	Wind reading if applic	-0.8	m/s	Formatted	Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Larna Watkins	C&S	22	27.16			
	2	Erykah Eze	Notts	66	27.41			
	3	Silvia Onwubiko	Notts	666	27.92			
	4	Eleri Jones	Newp	55	28.54			
	5	Aaliyah Beavan	Newp	555	28.64			
	6	Dianaliz Cipriam Gibson	Bir	11	29.81			
	7	Abbi Cooper	Strat	77	31.88			

Event	COMBINED	B / C RACES FOR		SCORING				
200	B+C string	Wind reading if applic	-0.8 &	m/s		Position	Bonus	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Larna Watkins	C&S	22	0:27.16	10	0	
	2	Erykah Eze	Notts	66	0:27.41	8	0	
	3	Silvia Onwubiko	Notts	666	0:27.92	7	0	
	4	Eleri Jones	Newp	55	0:28.54	6	0	
	5	Aaliyah Beavan	Newp	555	0:28.64	5	0	
	6	Dianaliz Cipriam Gibson	Bir	11	0:29.81	4	0	
	7	Abbi Cooper	Strat	77	0:31.88	3	0	

Event	Event 400 metres						
400	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Fura Mabengi	Notts	6	58.03	12	0
	2	Mia Wainwright	C&S	2	58.52	10	0
	3	Niamh Hillard	Strat	7	1:07.19	8	0
	4	Libby Andrews	Glouc	4	1:11.05	7	0

Event	Event 400						
400	B+C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Sophie Hulse	C&S	22	59.07	10	0
	2	Natalie Griffiths	C&S	222	59.51	8	0
	3	Louise Hirst	Notts	66	1:06.97	7	0

Event	Event 800 metres						
800	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Natalie Griffiths	C&S	2	2:18.81	12	0
	2	Poppy Oliver	Newp	5	2:28.82	10	0
	3	Niamh Hillard	Strat	7	2:31.65	8	0
	4	Emma Williams	Notts	66	2:48.99	7	0

Event	Event 800						
800	B+C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Abbi Cooper	Strat	77	2:42.80	10	0
	2	Catherine Charlton	Notts	6	2:50.83	8	0
	3	Sue Kneill-Boxley	C&S	22	3:01.35	7	0
	4	Naomi Handley	Newp	55	3:02.30	6	0

Event	Event 100H metres						
100H	A string	Wind reading if applic	0 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Zoe Lucas	Notts	6	14.50	12	5
	2	Chloe Wilde	C&S	2	17.07	10	0
	3	Darcie Nicholls	Strat	7	17.86	8	0
	4	Hollie Stow	Stoke	3	19.38	7	0

Event	Event 100H						
100H	B/C Race 1	Wind reading if applic	0 m/s		Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Imogen Smith	Stoke	33	21.03		
	2	Natalie Griffiths	C&S	22	24.05		
	3	Emma Bexson	Strat	77	27.90		

Event	COMBINED B / C RACES FOR SCORING						
100H	B+C string	Wind reading if applic	&	m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Imogen Smith	Stoke	33	0:21.03	10	0
	2	Natalie Griffiths	C&S	22	0:24.05	8	0
	3	Emma Bexson	Strat	77	0:27.90	7	0

Event	Event 400H metres						
400H	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chloe Wilde	C&S	2	1:03.70	12	5
	2	Poppy Oliver	Newp	5	1:13.63	10	0
	3	Emma Bexson	Strat	7	1:37.64	8	0

Event	Event 1500 metres						
1500	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rae Nicholes	Bir	1	4:55.76	12	0
	2	Katie Burney	C&S	2	5:16.96	10	0
	3	Emma Bexson	Strat	7	6:05.00	8	0
	4	Abigail Brook	Glouc	4	6:52.62	7	0
	5	Fiona Palmer	Notts	6	7:36.10	6	0

Event	Event 1500						
1500	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Isabel Homer	Bir	11	5:34.63	10	0
	2	Sue Kneill-Boxley	C&S	22	6:10.41	8	0
	3	Annabelle Crossdale	Notts	66	8:32.48	7	0

Event	Event 3000 metres						
3000	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rae Nicholes	Bir	1	10:39.70	12	0
	2	Isabelle Shaw	Stoke	3	10:53.11	10	0
	3	Katie Burney	C&S	2	11:16.91	8	0
	4	Catherine Charlton	Notts	6	12:06.94	7	0
	5	Naomi Handley	Newp	5	12:52.00	6	0
	6	Emma Bexson	Strat	7	12:56.71	5	0

Event	Event 3000						
3000	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Tracy Bloor	Stoke	33	11:39.79	10	0
	2	Megan Forrest	C&S	22	12:16.14	8	0
	3	Emma Williams	Notts	66	13:25.90	7	0

Event	Event 3000SC metres						
3000SC	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Emma Bexson	Strat	7	15:23.65	12	0

Event	Event 3000SC						
3000SC	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kathryn Woodcock	Strat	77	18:44.75	10	0

Event	Event 4x100 metres						
4x100	A string				Formatted	Position	
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Cannock & Stafford AC	C&S	2	49.40	12	
	2	Newport Harriers	Newp	5	53.87	10	
	3	Notts AC	Notts	6	55.93	8	
	4	City of Stoke AC	Stoke	3	56.19	7	
	5	Stratford-upon-Avon AC	Strat	7	1:13.81	6	

Event	Event 4x400 metres				Mx B String		
4x400	A string				Formatted	Position	
Mx B String	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Cannock & Stafford AC	C&S	22	4:03.91	10	
	2	Birchfield Harriers	Bir	11	4:22.01	8	
	3	Newport Harriers	Newp	55	4:24.47	7	
	4	Notts AC	Notts	66	4:48.79	6	
	5	Stratford-upon-Avon AC	Strat	77	4:58.88	5	

Event	Event	HJ	metres				
HJ	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Donelle Arulanandam	Notts	6	1.60	12	0
	2	Heather Law	C&S	2	1.50	10	0
	3	Darcie Nicholls	Strat	7	1.40	8	0
	4	Hollie Stow	Stoke	3	1.25	7	0

Event	Event						
HJ	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Natasha Need	Notts	66	1.55	10	0
	2	Robyn Atkinson	Notts	666	1.45	8	0
	3	Chloe Wilde	C&S	22	1.35	7	0
	4	Niamh Hillard	Strat	77	1.25	6	0

Event	Event	PV	metres				
PV	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Aaliyah Beavan	Newp	5	2.25	12	0

Event	Event	LJ	metres				
LJ	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Mia Wainwright	C&S	22	5.34	12	0
	2	Louise Hirst	Notts	6	5.02	10	0
	3	Kate Davies	Glouc	4	4.93	8	0
	4	Niamh Hillard	Strat	7	4.23	7	0
	5	Hollie Stow	Stoke	3	3.62	6	0
	6	Naomi Handley	Newp	5	2.47	5	0

Event	Event						
LJ	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Sophie Hulse	C&S	2	5.34	10	0
	2	Larna Watkins	C&S	222	4.75	8	0
	3	Abbi Cooper	Strat	77	3.50	7	0
	4	Fiona Palmer	Notts	66	3.01	6	0
	5	Becky Bailey	Strat	777	2.77	5	0

Event	Event	TJ	metres				
TJ	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Mayah Charles	Bir	1	10.95	12	0
	2	Kate Davies	Glouc	4	10.36	10	0
	3	Donelle Aralanandam	Notts	66	10.32	8	0
	4	Mia Wainwright	C&S	22	10.27	7	0
	5	Darcie Nicholls	Strat	7	8.24	6	0

Event	Event						
TJ	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Louise Hirst	Notts	6	10.27	10	0
	2	Larna Watkins	C&S	2	10.21	8	0

Event	Event	SP	metres				
SP	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Paula Williams	Strat	7	10.92	12	0
	2	Poppy Bean	Notts	6	9.79	10	0
	3	Amelia Fettis	Newp	5	9.08	8	0
	4	Anna Grexton	Bir	1	8.54	7	0
	5	Kate Davies	Glouc	44	8.07	6	0
	6	Lydia Kelsall	Stoke	3	7.97	5	0
	7	Joyella Jeffries	C&S	2	7.32	4	0

Event	Event						
SP	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Annabelle Crossdale	Notts	66	7.87	10	0
	2	Lisa Boswell	Newp	55	7.85	8	0
	3	Ellan Thrall	Glouc	4	7.06	7	0
	4	Hayley Clowes	Stoke	33	6.79	0	0
	5	Naomi Handley	Newp	555	6.17	0	0
	6	Hollie Stow	Stoke	333	5.89	0	0

Event	Event	DT	metres				
DT	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lydia Kelsall	Stoke	3	28.37	12	0
	2	Poppy Bean	Notts	6	24.87	10	0
	3	Paula Williams	Strat	7	24.29	8	0
	4	Ellan Thrall	Glouc	4	24.12	7	0
	5	Natalie Griffiths	C&S	2	18.38	6	0
	6	Lisa Boswell	Newp	5	16.20	0	0

Event	Event						
DT	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Hayley Clowes	Stoke	33	26.23	10	0
	2	Kate Davies	Glouc	44	21.19	8	0
	3	Louise Hirst	Notts	666	18.31	7	0
	4	Annabelle Crossdale	Notts	66	17.89	0	0

Event	Event	HT	metres				
HT	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Amelia Fettis	Newp	5	57.39	12	5
	2	Poppy Bean	Notts	6	57.24	10	5
	3	Anna Grexton	Bir	1	47.83	8	5
	4	Ellan Thrall	Glouc	4	44.18	7	5
	5	Paula Williams	Strat	7	25.80	6	0
	6	Natalie Griffiths	C&S	2	19.35	0	0
	7	Hayley Clowes	Stoke	3	18.53	0	0

Event	Event						
HT	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Annabelle Crossdale	Notts	66	50.40	10	5
	2	Lisa Boswell	Newp	55	29.43	8	0
	3	Kathryn Woodcock	Strat	77	18.40	0	0

Event	Event	JT	metres				
JT	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kate Davies	Glouc	4	29.21	12	0
	2	Paula Williams	Strat	7	26.50	10	0
	3	Lydia Kelsall	Stoke	3	25.10	8	0
	4	Helen Robbins	Notts	6	21.81	7	0
	5	Lisa Boswell	Newp	5	20.69	0	0
	6	Chloe Wilde	C&S	2	19.29	0	0

Event							
JT	B+C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Hayley Clowes	Stoke	33	16.71	0	0
	2	Hollie Stow	Stoke	333	13.95	0	0

GUESTS

Event	Competitor	Club	Performance	Wind if applic m/s
200m	Daryna Kukhtina	Newport	29.15	-0.8
200m	Matthew Harvey-Knowles	Newport	28.94	-0.1
Shot	Ian Williams	Newport	7.75	
100m	Jacob Hollis	Cannock &	12.72	0
100m	Charlie Turner	Newport	13.17	0
100m	Matthew Harvey-Knowles	Newport	13.86	0
3000m	Geoff Hadley	Cannock &	12:18.24	
3000m	Sam Lambert	Stratford-u	DNF	