

**Midland Vets League Final 2023**  
**Overall Positions**

<b>"A" Final</b>	<b>Men</b>		<b>Women</b>		<b>Gold Cup</b>	
<b>Team</b>	<b>Score</b>	<b>Position</b>	<b>Score</b>	<b>Position</b>	<b>Combined score</b>	<b>Position</b>
<b>R &amp; N Lions</b>	212.5	1	200	2	<b>412.5</b>	<b>1</b>
<b>Worcester</b>	195	2	201.5	1	<b>396.5</b>	<b>2</b>
<b>Charnwood</b>	156.5	4	143.5	4	<b>300</b>	<b>3</b>
<b>Stratford</b>	106.5	7	163	3	<b>269.5</b>	<b>4</b>
<b>Bromsgrove &amp; Redditch</b>	133	5	113	5	<b>246</b>	<b>5</b>
<b>Cannock &amp; Stafford</b>	160.5	3	82	6	<b>242.5</b>	<b>6</b>
<b>Birchfield</b>	113	6	54	8	<b>167</b>	<b>7</b>
<b>Burton</b>	95	8	67	7	<b>162</b>	<b>8</b>

<b>Men (only)</b>	<b>Score</b>	<b>Position</b>
<b>R &amp; N Lions</b>	212.5	<b>1</b>
<b>Worcester</b>	195	<b>2</b>
<b>Cannock &amp; Stafford</b>	160.5	<b>3</b>
<b>Charnwood</b>	156.5	<b>4</b>
<b>Bromsgrove &amp; Redditch</b>	133	<b>5</b>
<b>Birchfield</b>	113	<b>6</b>
<b>Stratford</b>	106.5	<b>7</b>
<b>Burton</b>	95	<b>8</b>

<b>Women (only)</b>	<b>Score</b>	<b>Position</b>
<b>Worcester</b>	201.5	<b>1</b>
<b>R &amp; N Lions</b>	200	<b>2</b>
<b>Stratford</b>	163	<b>3</b>
<b>Charnwood</b>	143.5	<b>4</b>
<b>Bromsgrove &amp; Redditch</b>	113	<b>5</b>
<b>Cannock &amp; Stafford</b>	82	<b>6</b>
<b>Burton</b>	67	<b>7</b>
<b>Birchfield</b>	54	<b>8</b>

**MIDLAND VETERANS LEAGUE A CUP FINAL  
Nuneaton - 16 September 2023**

EVENT	Club:-	Birchfield		Bromsgrove & Redditch		Burton		Cannock & Stafford		Charnwood		R & N Lions		Stratford		Worcester	
	Numbe	A1#	Pts	A2#	Pts	A3#	Pts	A4#	Pts	A5#	Pts	A6#	Pts	A7#	Pts	A8#	Pts
200m Hlds M35	Name			Scott Beverly		Jack Poxon		Carl McMullen		Graham Peacock		John Bell		Alastair Webb		Richard White	
	Perf.			32.30	3	29.59	6	28.40	8	33.01	2	29.34	7	30.51	4	30.13	5
2000W M35	Name	Mark Williams		Matthew Henney		Jonathan Dumlalow		John Cooke		Paul Leaney		Stephen Buck				Henry Hopkins	
	Perf.	9:52.9	8	10:40.3	7	11:56.2	6	13:19.2	4	13:16.0	5	17:48.2	2			16:03.8	3
2000W M50	Name	John Constandinou		Len Quartly		Tom Farr		Shaun Ainge		Dave Harmer		Hardeep Minhas		Paul Hawkins		Nick Hitchings	
	Perf.	12:18.4	8	13:53.4	5			14:46.0	3	15:17.4	2	12:42.5	7	14:28.3	4	13:48.4	6
800m M40	Name	Julian Barnett		Brett Elesmore		Keith Dunn		Andrew Cotterill		Graham Peacock		Ben Malia		David Battersby		Darren Kirby	
	Perf.	3:43.25	1	2:23.18	3	3:35.52	2	2:14.48	7	2:16.94	6	2:17.98	5	2:23.04	4	2:11.01	8
800m M50	Name	Jonathan Swain		Scott Beverly		Joao Vieira de Jesus		Nigel Haycock		Paul Cherry		Andy Morris		Paul Faithful		Nick Hitchings	
	Perf.	2:46.42	2	2:21.89	8	2:59.36	1	2:22.28	7	2:34.09	4	2:26.25	6	2:34.86	3	2:29.28	5
100m M40	Name	Jonathan Estridge		Russell Hingley		Stewart Cawson		Paul Beeson		John Bowden		Craig Christian		Alastair Webb		Richard White	
	Perf.			12.49	8			12.89	5	12.67	6	12.54	7	13.58	4	14.33	3
100m M50	Name	Jonathan Swain		Scott Beverly		Rob Cawson		Gary Myles		Paul Cherry		John Bell		Dave Wilson		Henry Hopkins	
	Perf.	15.16	5	13.91	6	15.80	1	15.79	2	15.52	3	13.06	8	13.39	7	15.45	4
100m M60	Name	Jon Teal		Len Quartly		Paul Edwards		Andrew Weetman		Ivars Licietis		Ces Moven		Phil Brennan		David Shaw	
	Perf.	16.96	3	21.01	1	15.65	4	14.15	7	15.17	5	13.93	8	20.63	2	14.20	6
100m M70	Name	David Fall		Peter Mould		Tom Farr		John Cooke		Stephen Nelson		Dave Cowley		David Jones		Derek Jackson	
	Perf.	28.12	2	13.89	8			18.61	3	15.70	7	16.50	6	18.52	4	17.73	5
3000m M35	Name	Orlando Corea		Brett Elesmore				Craig Pearson		Mark Couldwell		Mark Hill		Paul Faithful		Darren Kirby	
	Perf.	9:26.19	7	10:11.79	4			10:36.44	3	9:37.58	6	9:02.65	8	11:07.23	2	10:11.16	5
3000m M60	Name	Julian Barnett				Graham Lamb		Malcolm Eustace		Steve Hillman		Charles Ray		Phil Brennan		Derek Jackson	
	Perf.	16:45.55	2			14:05.19	4	10:51.73	8	13:15.64	5	12:27.98	6	14:35.32	3	11:50.40	7
Relay 4X100m M35	Leg 1	John Constandinou 50+		Mo Abrar		Jack Poxon		Tunde Adeyemo		John Bowden		John Bell		Dave Wilson		Dave Price	
	Leg 2	Simon Gower		Peter Mould		Paul Edwards		Carl McMullen		Paul Cherry		Craig Christian		Alistair Webb		Richard White	
	Leg 3	Adam Hughes		Scott Beverley		Jonathan Dumlalow		Paul Beeson		Ivars Licietis		Ces Moven		Simon Curran		David Shaw	
	Leg 4	Jonathan Estridge		Russell Hingley		Keith Dunn		Andrew Weetman		Graham Peacock		Michael Snow		Mark Reynolds		Nick Hitchings	
	Perf.			52.11	6	57.38	2	49.28	7	57.38	3	49.19	8	52.77	5	53.45	4
400m M40	Name	Peter Hall		Scott Beverley				Craig Carr		John Bowden		Craig Christian		David Battersby		Darren Kirby	
	Perf.	56.33	8	61.57	4			57.00	7	75.49	2	58.10	6	64.50	3	59.19	5
400m M60	Name	Paramjit Hans				Keith Dunn		Malcolm Eustace		Ivars Licietis		Charles Ray		Jim McMorran		Richard White	
	Perf.					87.82	4	73.90	6	72.57	7	75.17	5			60.43	8
1500m M35	Name	Orlando Corea		Brett Elemore		Jonathan Dumlalow		Andrew Cotterill		Mark Couldwell		Chris Lamb		Simon Curran		Dave Price	
	Perf.	4:33.25	7	4:53.22	3	5:34.59	2	4:52.74	4	4:49.48	5	4:30.55	8	6:46.28	1	4:34.65	6
1500m M50	Name	John Constandinou		Rob Mole		Paul Mellor		Martyn Clare		Michael Kingsbury		Vince Carroll		Adam Linforth		Nick Hitchings	
	Perf.	7:12.28	1	4:52.20	8	5:14.01	3	5:38.93	2	4:54.99	7	5:13.28	4	5:11.31	5	5:10.62	6
200m M35	Name	Jon Teal		Chris Gibbs		Keith Dunn		Tunde Adeyemo		Graham Peacock		Michael Snow		Dave Wilson		Dave Price	
	Perf.	36.66	1	25.86	6	35.50	2	25.04	8	29.62	3	25.35	7	28.25	4	27.86	5
200m M50	Name	John Constandinou		Rob Mole		Paul Edwards		Andy Weetman		Mick Kingsbury		Richard Bowers		Simon Curran		David Shaw	
	Perf.	37.42	1	30.38	4	31.46	3	29.53	5	32.28	2	27.83	8	28.37	7	28.82	6
200m M70	Name	David Fall		Peter Mould		Tom Farr		John Cooke		Stephen Nelson		Dave Cowley		David Jones		Laurence Oldfield	
	Perf.	60.33	2	31.71	8			38.06	3	31.91	7	36.58	5	37.74	4	34.93	6
Relay 4X400m M35	Leg 1	Jonathan Estridge		Scott Beverley		Paul Mellor		Paul Beeson		Mark Couldwell		Richard Bowers		Simon Curran		Darren Kirby	
	Leg 2	Orlando Corea		Rob Mole		Jonathan Dumlalow		Tunde Adeyemo		Graham Peacock		Chris Lamb		Adam Linforth		Dave Price	
	Leg 3	Paramjit Hans 50+		Martin Aspley-Davis		Jack Poxon		Craig Carr		Michael Kingsbury		Craig Christian		Dave Wilson		Richard White	
	Leg 4	Peter Hall		Chris Gibbs		Keith Dunn		Nigel Haycock		Paul Cherry		Steve Buck		David Jones		Nick Hitchings	
	Perf.			DQ		4:34.35	4	3:57.66	8	4:32.77	5	4:03.89	7	5:02.54	3	4:09.19	6
Track Totals			58		92		44		107		92		128		69		109

EVENT	Club:-	Birchfield		Bromsgrove & Redditch		Burton		Cannock & Stafford		Charnwood		R & N Lions		Stratford		Worcester	
	Numbe	A1#	Pts	A2#	Pts	A3#	Pts	A4#	Pts	A5#	Pts	A6#	Pts	A7#	Pts	A8#	Pts
Hammer M50	Name	Julian Barnett		Vito Ricci				Martin Roberts		John Pearson		Kevin Murch		Brian Gravelsons		Damon Cripps	
	Perf.	18.19	3	29.34	4			35.85	6	54.81	8	34.81	5	12.77	2	37.01	7
Pole Vault M35	Name	Simon Gower				Jonathan Dumalow				Graham Peacock		Lee Woodward				Marc Flannery	
	Perf.	3.10	8			2.90	7			2.50	5	2.40	4			2.50	6
Shot M70	Name	David Fall				Brian Bowley		John Cooke		Stephen Nelson		Dave Cowley		David Jones		Roger Garland	
	Perf.	5.12	3			8.06	7	6.43	4	7.08	5	8.55	8	4.90	2	7.36	6
High J M35	Name	Julian Barnett		Martin Aspley-Davis		Jonathan Dumalow		Carl McMullen		John Bowden		Craig Christian		David Battersby		Andi Cresswell	
	Perf.			1.55	8			1.45	3.5	1.45	5.5	1.45	5.5	1.45	3.5	1.50	7
Javelin M35	Name	Mark McEvoy		Mo Abrar		Stewart Cawson		Carl McMullen		Graham Peacock		Wayne Jones		David Battersby		Andi Cresswell	
	Perf.	37.29	5	40.97	7	46.45	8	17.79	2	12.19	1	31.37	4	20.04	3	39.54	6
Long J M60	Name	Julian Barnett				Paul Edwards		Andrew Weetman		Ivars Licietis		Kevin Murch		Paul Hawkins		David Shaw	
	Perf.	2.34	3			3.62	6	3.78	7	3.38	5	3.00	4			4.31	8
Shot M50	Name	Jon Teal		Vito Ricci		John Hendon		Martin Roberts		John Pearson		Kevin Murch		Brian Gravelsons		Damon Cripps	
	Perf.	7.15	3	8.77	5	6.43	2	7.48	4	9.46	6	10.36	7	6.22	1	10.82	8
Long J M35	Name	John Constandinou		Mo Abrar		Jack Poxon		Craig Carr		Paul Cherry		John Bell		Alastair Webb		Andi Cresswell	
	Perf.	3.19	1	3.95	3	5.56	8	4.66	5	3.60	2	4.66	6	4.81	7	4.06	4
Shot M35	Name	Mark McEvoy		Martin Aspley-Davis		Jonathan Dumalow		Carl McMullen		John Bowden		Wayne Jones		Alastair Webb		Marc Flannery	
	Perf.	10.18	8	7.31	3	6.87	2	7.73	4	8.53	7	8.23	6	6.58	1	8.16	5
Triple J M50	Name	John Constandinou				Joao Vieira de Jesus		Shaun Ainge		Paul Cherry		John Bell		Mark Reynolds		David Shaw	
	Perf.	6.57	2			7.66	4	6.60	3	8.94	7	8.94	6	9.30	8	8.91	5
Long J M70	Name	David Fall		Len Quartly		Brian Bowley		John Cooke		Stephen Nelson		Dave Cowley		David Jones		Derek Jackson	
	Perf.	1.16	1	2.19	3	1.68	2	2.41	5	3.41	8	3.06	7	2.46	6	2.26	4
Javelin M60	Name	Jon Teal		Len Quartly		Brian Bowley		Andrew Weetman		Ivars Licietis		Kevin Murch		Paul Hawkins		Marc Flannery	
	Perf.	21.45	7	12.33	2	20.62	5	20.66	6	16.88	3	45.18	8	11.06	1	20.28	4
Discus M50	Name	Jon Teal		Vito Ricci		John Hendon		Martin Roberts		Stephen Nelson		Kevin Murch		Brian Gravelsons		Damon Cripps	
	Perf.	21.91	5	28.44	6			19.71	4	16.82	2	31.62	7	17.12	3	34.24	8
Triple J M60	Name	Julian Barnett								Dave Harmer		Dave Cowley		David Jones		Marc Flannery	
	Perf.	5.26	6							4.22		7.32	7			8.60	8
spare	Name																
	Perf.																
Field Totals			55		41		51		53.5		64.5		84.5		37.5		86
Track Totals			58		92		44		107		92		128		69		109
TOTALS			113		133		95		160.5		156.5		212.5		106.5		195
Positions	(Team)		6		5		8		3		4		1		7		2

Note;- All events + Relays Score ; 8,7,6,5,4,3,2,1

TRACK EVENTS	Club:-	Birchfield		Bromsgrove & Redditch		Burton		Cannock & Stafford		Charnwood		R & N Lions		Stratford		Worcester	
	Number	A1#	Pts	A2#	Pts	A3#	Pts	A4#	Pts	A5#	Pts	A6#	Pts	A7#	Pts	A8#	Pts
200m Hds W35	Name	Seemita Gumbs				Clair Zawada	6							Paula Williams	8	Gema Torres Solis	7
	Perf.					39.28								34.6		35.80	
2000W W35	Name	Seemita Gumbs				Laura Allen	3	Gillian Russon	5	eksandra Majewska	8	Tricia Garner	6	Gemma Smith	4	Cat Hutchison	7
	Perf.					19:41.0		14:11.1		12:03.6		13:20.0		14:36.2		12:45.3	
2000W W50	Name	Karen Williams	6					Hazel Cane	3	Hilary McDermott	4	Carol Birch	8	Kate Sergent	7	Louise Kirby	5
	Perf.	15:06.0						16:29.3		15:57.2		14:04.2		14:49.5		15:52.8	
800m W35	Name			Faye Stanyard	7	Laura Allen	2	Vici Browning	6	Estelle Damant	5	Claire Buck	8	Hannah Osborne	3	Vickie Watkins	4
	Perf.			2:38.21		3:55.33				2:39.74		2:30.02				2:56.76	
800m W60	Name							Hazel Cane	6	Elaine Seagar	8	Kate Williams	5	Beverley Brigden	4	Ros Townsend-Hope	7
	Perf.							3:33.59		3:16.93		3:37.32		3:48.72		3:30.64	
100m W35	Name	Kara Hanaphy	5	Caroline Warrington	3	Clair Zawada	6	Heather Bates	4	Julia Salisbury	2	Keren Ward	8	Hannah Osborne	1	Amy Pinkney	7
	Perf.	15.09		16.53		14.78		15.59		16.70		13.96		18.57		14.27	
100m W50	Name	Michelle Thomas		Deborah Ricci	5			Emma Hollinshead	6	Tina Martin	4	Helen Jones	3	Paula Williams	8	Mel Garland	7
	Perf.			16.70				16.32		17.28		18.56		14.13		15.34	
100m W60	Name	Colleen Walker	2	Julie Wakelam	6			Hazel Cane	4	Sarah Mellors	5	Lesley Willis	7	Beverley Brigden	3	Angela Bryant	8
	Perf.	24.57		17.17				20.12		17.35		16.68		21.31		16.24	
100m W70	Name					Judy Kelsall	7					Sally Hine	8	Kate Sergent	6	Carole Clark	5
	Perf.					19.10						18.00		25.19		33.00	
3000m W40	Name	Frances Vickers		Lisa Thomas	7			Gillian Russon	3	Juliet Potter	8	Katerina Hemmington	6	Emma Bexson	4	Sally Russell	5
	Perf.			11:07.39				14:06.24		10:22.24		11:43.51		12:27.59		11:46.24	
3000m W50	Name			Sharon Fox	6	Sally Higgs		Sue Kneill-Boxley	7	Kate Ramsey	8	Helen Jones	5	Claire Goodwin	4	Becky Selvey	3
	Perf.			13:07.22				12:58.22		12:20.11		13:40.95		14:03.50		14:23.29	
Relay 4X100m W35	Leg 1			Lisa Thomas	3			Heather Bates	4	Tina Martin	5	Lesley Willis	8	Paula Williams	6	Mel Garland	7
	Leg 2			Deborah Ricci			Sue Kneill-Boxley	Julia Salisbury		Kate Skelding		Amy Pinkney					
	Leg 3			Sharon Fox			Emma Hollinshead	eksandra Majewska		Keren Ward		Emma Bexson		Sara Saunders			
	Leg 4			Caroline Warrington			Gillian Russon	Estelle Damant		Ellena Rudduck		Hannah Osborne		Jade Merry			
	Perf.			70.54			68.30			66.68				54.17			
400m W40	Name			Caroline Warrington	5			Heather Bates	3	Estelle Damant	4	Ellena Rudduck	8	Kelly Milner	6	Emma Oldham	7
	Perf.			74.32				86.07		80.68		62.67		72.44		72.38	
400m W50	Name	Michelle Thomas		Sharon Fox	3			Emma Hollinshead	7	Kate Ramsey	4	Helen Jones	5	Claire Goodwin	6	Louise Kirby	8
	Perf.			97.52				77.15		84.04		83.17		79.99		74.29	
1500m W40	Name	Frances Vickers		Faye Stanyard	7			Sue Kneill-Boxley	3	Juliet Potter	8	Katerina Hemmington	5	Emma Bexson	4	Cat Hutchison	6
	Perf.			5:29.55				6:14.12		4:56.05		5:35.59		5:54.97		5:34.07	
1500m W60	Name							Hazel Cane	6	Madeleine Lomas	7	Kate Williams	8	Beverley Brigden		Ros Townsend-Hope	
	Perf.							7:16.01		6:58.74		6:57.18					
200m W40	Name	Seemita Gumbs		Caroline Warrington	5	Clair Zawada		Heather Bates	6	Tina Martin	4	Katie Skelding	8	Hannah Osborne	3	Sara Saunders	7
	Perf.			33.83				33.14		35.75		26.55		37.69		30.68	
200m W60	Name							Hazel Cane	5	Sarah Mellors	6	Lesley Willis	7	Beverley Brigden	4	Angela Bryant	8
	Perf.							40.70		35.20		34.90		44.49		33.41	
200m W70	Name					Judy Kelsall	7					Sally Hine	8	Kate Sergent	6	Carole Clark	5
	Perf.					41.21						37.44		51.99		65.87	
Relay 4X400m W35	Leg 1			Caroline Warrington				Hazel Cane	4	Elaine Seagar	5	Gemma Knight	8	Claire Goodwin	6	Louise Kirby	7
	Leg 2			Faye Stanyard			Emma Hollinshead	Tina Martin		Lesley Willis		Kelly Milner		Sara Saunders			
	Leg 3			Lisa Thomas			Sue Kneill-Boxley	Estelle Damant		Katie Skelding		Hannah Osborne		Emma Oldham			
	Leg 4			Sharon Fox			Gillian Russon	Sarah Mellors		Ellena Rudduck		Elaine Ledden		Nicola Guiver			
	Perf.						5:56.18			5:43.35				4:34.62			
Track Totals			13		57		31		82		95		129		93		120

FIELD EVENTS	Club:-	Birchfield		Bromsgrove & Redditch		Burton		Cannock & Stafford		Charnwood		R & N Lions		Stratford		Worcester	
	Number	A1#	Pts	A2#	Pts	A3#	Pts	A4#	Pts	A5#	Pts	A6#	Pts	A7#	Pts	A8#	Pts
Pole V W35	Name									eksandra Majewska-a							
	Perf.																
Shot W70	Name			Rita Brownlie								Sally Hine	8	Kate Sergent	6	Iris Holder	7
	Perf.											5.26		2.87		4.35	
Hammer W50	Name	Colleen Walker	3	Julie Wakelam	7	Lesley Bowley	4			Sarah Mellors		Debbie Murch	8	Elaine Ledden	5	Wendy Thomson	6
	Perf.	11.30		29.00		13.47						32.66		13.57		24.49	
Long J W35	Name	Kara Hanaphy	8	Deborah Ricci	2	Clair Zawada	5			Julia Salisbury	4	Helen Jones	3	Kelly Milner	6	Amy Pinkney	7
	Perf.	4.27		3.07		3.55				3.32		3.13		3.74		4.20	
High J W35	Name	Kara Hanaphy	6			Clair Zawada				eksandra Majewska-a	7.5	Lesley Willis	4	Kelly Milner	5	Clare Gratrix	7.5
	Perf.	1.25								1.30		1.00		1.10		1.30	
Javelin W60	Name	Colleen Walker	6	Julie Wakelam	7	Lesley Bowley	3			Sarah Mellors	5	Debbie Murch		Elaine Ledden	4	Wendy Thomson	8
	Perf.	12.75		19.17		7.15				11.64				11.52		20.49	
Long J W70	Name			Rita Brownlie	6	Judy Kelsall	7					Sally Hine	8	Kate Sergent	5	Iris Holder	
	Perf.			1.64		2.36						2.91		1.35			
Javelin W35	Name	Kara Hanaphy	3	Caroline McGee	7	Annette Webster	6			Julia Salisbury	4	Claire Buck	2	Paula Williams	8	Nicola Guiver	5
	Perf.	10.54		26.67		18.06				13.89		9.15		31.66		15.15	
Shot W50	Name	Colleen Walker	6			Lesley Bowley	3			Tina Martin	4	Debbie Murch	7	Paula Williams	8	Wendy Thomson	5
	Perf.	6.57				4.89				5.63		8.93		12.55		6.32	
Shot W35	Name	Kara Hanaphy	3	Caroline McGee	8	Nicola Long	4			eksandra Majewska-a	7	Ellena Rudduck	5	Hannah Osborne	2	Nicola Guiver	6
	Perf.	6.20		7.96		6.27				7.38		6.51		5.71		6.88	
Triple J W50	Name			Deborah Ricci	5					Tina Martin	4	Lesley Willis	6	Paula Williams	8	Nicky Crawford	7
	Perf.			6.48						5.46		6.74		9.78		7.68	
Long J W60	Name			Julie Wakelam	7					Elaine Seagar	5	Lesley Willis	6	Beverley Brigden	4	Mel Garland	8
	Perf.			3.49						2.82		3.14		1.70		4.26	
Discus W60	Name	Colleen Walker	6			Lesley Bowley	4			Sarah Mellors	3	Debbie Murch	8	Elaine Ledden	5	Wendy Thomson	7
	Perf.	13.13				10.49				10.14		21.31		10.70		19.30	
Triple J W60	Name			Julie Wakelam	7					Elaine Seagar	5	Sally Hine	6	Beverley Brigden	4	Mel Garland	8
	Perf.			6.94						5.22		5.45		3.75		8.67	
Field Totals			41		56		36				48.5		71		70		81.5
Track Totals			13		57		31		82		95		129		93		120
Final TOTALS			54		113		67		82		143.5		200		163		201.5
Positions (Team)			8		5		7		6		4		2		3		1

Note;- All events + Relays Score 8,7,6,5,4,3,2,1