

MCAA T&F League.	Type=	Photo-finish timing
Date= 20/05/2023	Division= 1	Venue= Gloucester

Club	Points
Birmingham Running & Tri Club	371
Bristol & West AC	484
Cannock & Stafford AC	411
Gloucester AC	618
Notts AC	431
Rugby & Northampton AC	319

* 7 points deducted for using 6 female 'C' athletes

Event	Event		100 metres		MEN		
100	A string	Wind reading if applic	-2.2 m/s		Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Ed Wilson	BriW	2	11.21	11	0
	2	Dylan Bhatti	Glouc	4	11.31	9	0
	3	Mo Salim	Notts	5	11.35	7	0
	4	Aaron Warmington	R&N	6	11.49	6	0
	5	Nathaniel Walker	BRAT	1	11.71	5	0
	6	Thomas Larkin	C&S	3	11.73	4	0

Event	Event		100 metres		MEN		
100	B string	Wind reading if applic	-2.1 m/s		Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Josh Maggs	BriW	22	11.41	9	0
	2	Tavonga Nyakudya	Notts	55	11.57	7	0
	3	John Kirby	C&S	33	11.70	5	0
	4	James Colclough	BRAT	11	12.01	4	0
	5	Oke Okere	R&N	66	12.27	3	0
	6	Ben Reeves	Glouc	44	12.33	2	0

Event	Event		100 metres		MEN		
100	C string	Wind reading if applic	-2.4 m/s		Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Ryan Brady	BriW	222	11.41	7	0
	2	Alameen Awal	R&N	666	11.58	5	0
	3	Adonio Wynter	Notts	555	11.72	4	0
	4	Jack Grimshaw	C&S	333	12.13	3	0
	5	Justin Smith	Glouc	444	12.73	2	0

Event	Event		200 metres		MEN		
200	A string	Wind reading if applic	-1.1 m/s		Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Dylan Bhatti	Glouc	4	22.58	11	0
	2	Ed Wilson	BriW	2	22.71	9	0
	3	Aaron Warmington	R&N	6	22.75	7	0
	4	Tavonga Nyakudya	Notts	5	23.40	6	0
	5	Nathaniel Walker	BRAT	1	23.55	5	0
	6	Thomas Larkin	C&S	3	23.61	4	0

Event	Event		200 metres		MEN		
200	B string	Wind reading if applic	-0.1 m/s		Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Josh Maggs	BriW	22	22.66	9	0
	2	Dan Hindle	BRAT	11	22.95	7	0
	3	Christopher Bennett	C&S	33	23.69	5	0
	4	Alameen Awal	R&N	66	23.73	4	0
	5	Adonio Wynter	Notts	55	23.84	3	0
	6	Joshua Robinson	Glouc	44	24.81	2	0

Event	Event		200 metres		MEN		
200	C string	Wind reading if applic	-1.5 m/s		Performance	Position Points	Bonus Points
MEN	Position	Competitor	Club	Bib Number			
	1	Mohamid Salim	Notts	555	23.27	7	0
	2	Ryan Brady	BriW	222	23.37	5	0
	3	Henry Heathcote	C&S	333	23.92	4	0
	4	Jesse Boomsma	Glouc	444	27.32	3	0

Event	Event		400 metres		MEN		
400	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Saeed Numeri	R&N	6	49.14	11	0
	2	John Kirby	C&S	3	51.07	9	0
	3	Dan Hindle	BRAT	1	51.44	7	0
	4	Ethan Hood	Glouc	4	51.75	6	0
	5	Euan Fraser	Notts	5	57.57	5	0
	6	Lee Gawler	BriW	2	58.14	4	0

Event	Event		400 metres		MEN		
400	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Morrie Parker	R&N	66	51.40	9	0
	2	James Colclough	BRAT	11	51.95	7	0
	3	Jack Choules	Glouc	44	52.00	5	0
	4	Kyle Haycock	C&S	33	52.31	4	0
	5	Sam Johnson	BriW	22	57.82	3	0

Event	Event		400 metres		MEN		
400	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Henry Heathcote	C&S	333	53.57	7	0

Event	Event		800 metres		MEN		
800	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Adam Wright	R&N	6	1:51.78	11	0
	2	Nirobi Smith- Mills	Notts	5	1:56.37	9	0
	3	Ethan Hood	Glouc	4	1:59.71	7	0
	4	Chris Pickering	BRAT	1	2:00.86	6	0
	5	Jordan Barrett	C&S	3	2:03.94	5	0
	6	Anthony Lewis	BriW	2	2:07.27	4	0

Event	Event		800 metres		MEN		
800	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Sam Johnson	BriW	22	2:09.70	9	0
	2	Martin Matthews	BRAT	11	2:24.01	7	0
	3	Darrell Wilde	C&S	33	2:25.70	5	0
	4	Benjamin Griffiths	Glouc	44	2:35.95	4	0

Event	Event		800 metres		MEN		
800	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Aaron Bruce	BriW	222	2:10.46	7	0

Event	Event		110H metres		MEN		
110H	A string	Wind reading if applic	-1.2 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Tom Beckett	Glouc	4	18.52	11	0
	2	Jack Wickham	Notts	5	19.36	9	0
	3	Charlie Barker	R&N	6	21.95	7	0

Event	Event		110H metres		MEN		
110H	B string	Wind reading if applic	-1.2 m/s			Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Steve Millward	Glouc	44	23.08	9	0

Event	Event		400H metres		MEN		
400H	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Alasdair Rigby	C&S	3	60.7	11	0
	2	JP Stolberg	BRAT	1	61.9	9	0
	3	Charlie Barker	R&N	6	62.7	7	0
	4	Alex Stewart	BriW	2	63.6	6	0
	5	Jack Wickham	Notts	5	63.8	5	0
	6	Steve Millward	Glouc	4	64.8	4	0

Event	Event		400H metres		MEN		
400H	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ashley Nkomazana	Notts	55	62.33	9	0
	2	Kyle Neal	Glouc	44	67.51	7	0
	3	Tim White	BriW	22	99.92	5	0

Event	Event		1500 metres		MEN		
1500	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Louis Starr	R&N	6	4:09.96	11	0
	2	Richard De-Camps	Glouc	4	4:10.44	9	0
	3	George Phillips	Notts	5	4:18.89	7	0
	4	Ollie Robertson Kurd	BriW	2	4:21.54	6	0
	5	Dan Robinson	BRAT	1	4:22.74	5	0
	6	Jordan Barrett	C&S	3	4:26.96	4	0

Event	Event		1500 metres		MEN		
1500	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Charlie Worsfold	Glouc	44	4:17.29	9	0
	2	Aaron Bruce	BriW	22	4:23.34	7	0
	3	Mark Ince	BRAT	11	4:29.41	5	0
	4	Thomas Eustace	C&S	33	4:30.46	4	0
	5	Mike Starr	R&N	66	5:35.41	3	0

Event	Event		1500 metres		MEN		
1500	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Dan Thornton	BriW	222	4:51.60	7	0

Event	Event		5000 metres		MEN		
5000	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	George Phillips	Notts	5	15:39.39	11	0
	2	Alex Stewart	BriW	22	15:45.33	9	0
	3	Richard De-Camps	Glouc	4	16:01.85	7	0
	4	Dan Robinson	BRAT	1	16:10.62	6	0
	5	Thomas Eustace	C&S	3	16:51.47	5	0

Event	Event		5000 metres		MEN		
5000	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lee Gawler	BriW	2	16:43.51	9	0
	2	Marc Barnett	Glouc	44	16:44.65	7	0
	3	Mark Ince	BRAT	11	17:07.88	5	0

Event	Event		5000 metres		MEN		
5000	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Martin Matthews	BRAT	111	18:51.41	7	0

Event	Event	2000SC metres			MEN		
2000SC	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	JP Stolberg	BRAT	1	6:16.18	11	5
	2	Steve Millward	Glouc	4	6:36.60	9	0
	3	Thomas Brinkley	R&N	6	6:37.66	7	0
	4	Tim White	BriW	22	7:58.62	6	0

Event	Event	2000SC metres			MEN		
2000SC	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jason Tilley	Glouc	44	7:28.61	9	0
	2	Tariq Kurd	BriW	2	8:01.02	7	0

Event	Event	4x100 metres			MEN		
4x100	A string					Position	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Notts AC	Notts	5	44.14	11	
	2	Bristol & West AC	BriW	2	44.47	9	
	3	Rugby & Northampton AC	R&N	6	44.88	7	
	4	Cannock & Stafford AC	C&S	3	45.50	6	
	5	Birmingham Running & Tri Club	BRAT	1	45.80	5	
	6	Gloucester AC	Glouc	4	46.27	4	

Event	Event	4x400 metres			MEN		
4x400	A string					Position	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	
	1	Gloucester AC	Glouc	4	3:30.35	11	
	2	Rugby & Northampton AC	R&N	6	3:32.85	9	
	3	Notts AC	Notts	5	3:36.92	7	
	4	Cannock & Stafford AC	C&S	3	3:36.99	6	
	5	Birmingham Running & Tri Club	BRAT	1	3:37.04	5	

Event	Event	HJ metres			MEN		
HJ	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Harry Whyley	Notts	5	2.00	11	5
	2	Alasdair Rigby	C&S	3	1.75	9	0
	3	Oke Okere	R&N	66	1.70	7	0
	4	James Ritchie	Glouc	4	1.65	6	0
	5	Dan Hindle	BRAT	1	1.60	5	0
	6	George Hunter	BriW	2	1.40	4	0

Event	Event	HJ metres			MEN		
HJ	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Charlie Barker	R&N	6	1.70	9	0
	2	Oscar Wilson	Glouc	44	1.60	7	0
	3	Rory Birtwhistle	Notts	55	1.55	5	0

Event	Event	PV metres			MEN		
PV	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Joshua Robinson	Glouc	4	3.80	11	0
	2	Rhys Owen	R&N	6	2.40	9	0

Event	Event	PV metres			MEN		
PV	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kyle Neal	Glouc	44	3.10	9	0

Event	Event	PV metres			MEN		
PV	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Matthew Holloway	Glouc	444	2.50	7	0

Event	Event	metres			MEN			
LJ	A string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Joel Townley	Glouc	4	6.92	11	5	3.2
	2	N'Adoi Aboagye	Notts	55	6.51	9	0	1.3
	3	Jedani Wright	BriW	2	6.36	7	0	2.9
	4	Nathaniel Walker	BRAT	1	5.98	6	0	0.0
	5	Oke Okere	R&N	66	5.89	5	0	1.8
	6	Thomas Larkin	C&S	3	5.55	4	0	0.9

Event	Event	metres			MEN			
LJ	B string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Matt Madden	Notts	5	6.38	9	0	1.4
	2	Tom Beckett	Glouc	44	5.82	7	0	0.7
	3	Calum Haycock	C&S	33	5.34	5	0	2.1
	4	George Hunter	BriW	22	5.25	4	0	2.4
	5	Will Walker	BRAT	11	5.02	3	0	0.6

Event	Event	metres			MEN			
TJ	A string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Joel Townley	Glouc	4	14.41	11	5	3.2
	2	N'Adon Aboagye	Notts	55	13.71	9	5	3.1
	3	Jedani Wright	BriW	2	13.60	7	0	1.9
	4	Thomas Larkin	C&S	3	11.20	6	0	3.4
	5	Rhys Owen	R&N	66	10.52	5	0	2.1
	6	Benjamin Dawson	BRAT	1	10.13	4	0	1.7

Event	Event	metres			MEN			
TJ	B string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	Matt Madden	Notts	5	12.34	9	0	2.9
	2	George Hunter	BriW	22	11.83	7	0	2.4
	3	Tom Beckett	Glouc	44	10.91	5	0	3.0
	4	Charlie Barker	R&N	6	10.23	4	0	1.3

Event	Event	metres			MEN			
TJ	C string					Position	Bonus	Wind if applic
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	m/s
	1	James Ritchie	Glouc	444	9.83	7	0	3.1

Event	Event	metres			MEN			
SP	A string					Position	Bonus	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Gareth Winter	Glouc	4	14.79	11	5	
	2	Fenton Bishop Timmings	R&N	6	12.02	9	0	
	3	Matt Halton	Notts	5	11.93	7	0	
	4	Jack Turner	C&S	3	10.94	6	0	
	5	Ruben Brady	BriW	2	10.13	5	0	
	6	Nigel Clegg	BRAT	1	6.50	4	0	

Event	Event	metres			MEN			
SP	B string					Position	Bonus	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Ray McKenna	R&N	66	10.84	9	0	
	2	Ben Campion	Glouc	44	10.46	7	0	
	3	Robert Palmer	Notts	55	8.99	5	0	
	4	Tim White	BriW	22	7.41	4	0	
	5	Martin Roberts	C&S	33	7.00	3	0	

Event	Event	metres			MEN			
SP	C string					Position	Bonus	
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points	
	1	Al Nisbet	R&N	666	9.22	7	0	

Event	Event	DT	metres		MEN		
DT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Gareth Winter	Glouc	4	41.98	11	5
	2	Matt Halton	Notts	5	32.12	9	0
	3	Jack Turner	C&S	3	28.59	7	0
	4	Ray McKenna	R&N	66	27.57	6	0
	5	Ruben Brady	BriW	2	23.75	5	0
	6	Will Walker	BRAT	1	21.94	4	0

Event	Event	DT	metres		MEN		
DT	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Ben Champion	Glouc	44	41.66	9	5
	2	Al Nisbet	R&N	6	26.59	7	0
	3	Alasdair Rigby	C&S	333	24.60	5	0
	4	Robert Palmer	Notts	55	22.49	4	0
	5	Nigel Clegg	BRAT	11	14.94	3	0

Event	Event	DT	metres		MEN		
DT	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kyle Neal	Glouc	444	26.65	7	0
	2	Kevin Murch	R&N	666	25.28	5	0
	3	Martin Roberts	C&S	33	19.75	4	0

Event	Event	HT	metres		MEN		
HT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jack Turner	C&S	3	49.13	11	5
	2	Matt Halton	Notts	5	40.32	9	0
	3	Al Nisbet	R&N	6	34.16	7	0
	4	Gareth Winter	Glouc	4	32.63	6	0
	5	Ruben Brady	BriW	2	16.17	5	0
	6	Nigel Clegg	BRAT	1	15.31	4	0

Event	Event	HT	metres		MEN		
HT	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kevin Murch	R&N	66	30.85	9	0
	2	Martin Roberts	C&S	33	29.93	7	0
	3	Andrew McKenzie	Glouc	44	14.21	5	0
	4	Tim White	BriW	22	10.03	4	0
	5	Richard Carney	BRAT	11	8.23	3	0

Event	JT		metres		MEN		
JT	A string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Fenton Bishop Timmings	R&N	6	59.93	11	5
	2	Robert Palmer	Notts	5	56.18	9	5
	3	Kyle Neal	Glouc	44	38.04	7	0
	4	Alasdair Rigby	C&S	33	29.63	6	0
	5	Will Walker	BRAT	1	28.39	5	0
	6	Tim White	BriW	2	23.20	4	0

Event	JT						
JT	B string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kevin Murch	R&N	66	38.90	9	0
	2	Gareth Winter	Glouc	4	36.33	7	0
	3	Matt Halton	Notts	55	29.34	5	0
	4	Darrell Wilde	C&S	333	26.34	4	0
	5	Dan Hindle	BRAT	11	13.36	3	0
	6	Tariq Kurd	BriW	22	11.48	2	0

Event	JT						
JT	C string					Position	Bonus
MEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Martin Roberts	C&S	3	16.12	7	0

Event	100		100 metres				
100	A string	Wind reading if applic	-1.7	m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chelsea Fagan	Notts	5	12.60	11	0
	2	Ella Howell	BriW	2	12.64	9	0
	3	Tywana Kuluziza	BRAT	1	12.71	7	0
	4	Efua Boateng	R&N	6	12.87	6	0
	5	Sydney Davies	C&S	3	13.04	5	0
	6	Ella Julin	Glouc	4	13.35	4	0

Event	100		100 metres				
100	B string	Wind reading if applic	-1.7	m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Kanisha Hector	C&S	33	13.07	9	0
	2	Faith Benneh Ntow	BRAT	11	13.28	7	0
	3	Ella Brooks	Glouc	44	13.56	5	0
	4	Ellana Ruddock	R&N	66	13.59	4	0
	5	Laylom Brennan	Notts	55	13.67	3	0
	6	Ruby Woodman	BriW	22	13.75	2	0

Event	100		100 metres				
100	C string	Wind reading if applic	-1.7	m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lucy Wain	C&S	333	13.37	7	0
	2	Catharine Thomas	Glouc	444	14.37	5	0

Event	200 metres						
200	A string	Wind reading if applic	-0.8	m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Chelsea Fagan	Notts	5	25.43	11	0
	2	Tywana Kuluziza	BRAT	1	26.65	9	0
	3	Sydney Davies	C&S	3	26.73	7	0
	4	Efua Boateng	R&N	6	27.15	6	0
	5	Lily Bailey	BriW	2	27.33	5	0
	6	Ella Julin	Glouc	4	28.38	4	0

Event	200 metres						
200	B string	Wind reading if applic	-2	m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Rosa Ford	BriW	22	26.44	9	0
	2	Mia Wainwright	C&S	33	26.63	7	0
	3	Faith Benneh Ntow	BRAT	11	27.61	5	0
	4	Ella Brooks	Glouc	44	28.59	4	0
	5	Laylom Brennan	Notts	55	29.69	3	0

Event	200 metres						
200	C string	Wind reading if applic	-1.7	m/s		Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lucy Wain	C&S	333	27.25	7	0
	2	Ruby Woodman	BriW	222	27.91	5	0

Event	400 metres						
400	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Gabby Sutton	Notts	5	58.26	11	0
	2	Mia Wainwright	C&S	3	61.09	9	0
	3	Joely Bytheway	BriW	2	62.50	7	0
	4	Shadonne Nwanaforo	BRAT	1	62.66	6	0
	5	Ellena Ruddock	R&N	6	62.97	5	0
	6	Lois Finan	Glouc	4	66.90	4	0

Event	400 metres						
400	B string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Emily Rawson	Notts	55	61.27	9	0
	2	Hannah Burney	C&S	33	61.72	7	0
	3	Amena Kofi	BriW	22	65.47	5	0
	4	Lydia Wang	Glouc	44	66.76	4	0

Event	400 metres						
400	C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jaqueline Holloway	Glouc	444	72.40	7	0

Event	800 metres						
800	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Holly Sanigar	BriW	2	2:13.88	11	0
	2	Becky Twardochleb	BRAT	1	2:25.41	9	0
	3	Chloe Wilde	C&S	3	2:27.54	7	0
	4	Lois Finan	Glouc	4	2:27.65	6	0
	5	Holly Hipkiss	Notts	5	2:33.53	5	0

Event	800 metres						
800	B string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Clementine Houlden	BriW	22	2:21.71	9	0
	2	Natalie Griffiths	C&S	33	2:34.59	7	0
	3	Lydia Wang	Glouc	44	2:35.83	5	0
	4	May Smith	BRAT	11	2:36.21	4	0
	5	Beth Neal	Notts	55	2:49.01	3	0

Event	800 metres						
800	C string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Amelia Newell	Glouc	444	2:28.96	7	0
	2	Eva Gunn	BRAT	111	2:38.04	5	0
	3	Hannah Malpass	C&S	333	2:39.71	4	0
	4	Jo Clamp	Notts	555	2:56.29	3	0

Event	100H metres						
100H	A string	Wind reading if applic	-0.4 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Joely Bytheway	BriW	2	16.64	11	0
	2	Ula Mohammed	Glouc	4	17.01	9	0
	3	Bonheur Tshibola	BRAT	1	18.04	7	0
	4	Natalie Griffiths	C&S	3	20.57	6	0

Event	100H metres						
100H	B string	Wind reading if applic	-0.4 m/s			Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Jacqueline Holloway	Glouc	44	22.26	9	0

Event	400H metres						
400H	A string					Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Amy Pye	C&S	3	60.7	11	5
	2	Bonheur Tshibola	BRAT	1	65.7	9	5
	3	Ula Mohammed	Glouc	4	74.3	7	0

Event	1500 metres						
1500	A string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Frederica Richards	Notts	5	4:29.67	11	0
	2	Ruth Brook	Glouc	4	4:45.62	9	0
	3	Holly Sanigar	BriW	2	4:49.45	7	0
	4	Ellon Hart	BRAT	1	4:51.75	6	0

Event	1500 metres						
1500	B string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Becky Twardochleb	BRAT	11	4:57.51	9	0
	2	Briony Bishop	Glouc	44	5:10.10	7	0
	3	Sarah Everitt	BriW	22	5:20.34	5	0
	4	Jo Clamp	Notts	55	5:54.42	4	0

Event	1500 metres						
1500	C string				Formatted	Position	Bonus
WOMEN	Position	Competitor	Club	Bib Number	Performance	Points	Points
	1	Lucie Tait Harris	BRAT	111	5:05.58	7	0

Event	Event 5000 metres						
5000	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Millie Porter	Glouc	4	18:48.58	11	0
	2	Lucie Tait Harris	BRAT	1	19:39.60	9	0
	3	Clare Jolliffe	BriW	2	20:12.90	7	0
	4	Allegra Soutar	C&S	3	20:36.75	6	0
	5	Joanne Clamp	Notts	5	21:14.32	5	0

Event	Event 5000 metres						
5000	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Katie Strange	BriW	22	20:14.71	9	0
	2	Naomi Rae	BRAT	11	20:51.54	7	0
	3	Beth Neal	Notts	55	21:19.97	5	0

Event	Event 2000SC metres						
2000SC	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Joanne Clamp	Notts	5	9:03.91	11	0

Event	Event 4x100 metres						
4x100	A string				Formatted Performance	Position Points	
WOMEN	Position	Competitor	Club	Bib Number			
	1	Cannock & Stafford AC	C&S	3	48.92	11	
	2	Notts AC	Notts	5	50.26	9	
	3	Bristol & West AC	BriW	2	50.65	7	
	4	Gloucester AC	Glouc	4	50.97	6	
	5	Birmingham Running & Tri Club	BRAT	1	52.58	5	

Event	Event 4x400 metres						
4x400	A string				Formatted Performance	Position Points	
WOMEN	Position	Competitor	Club	Bib Number			
	1	Notts AC	Notts	5	4:09.92	11	
	2	Cannock & Stafford AC	C&S	3	4:12.77	9	
	3	Bristol & West AC	BriW	2	4:18.88	7	
	4	Birmingham Running & Tri Club	BRAT	1	4:22.50	6	
	5	Gloucester AC	Glouc	4	4:30.59	5	

Event	Event HJ metres						
HJ	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Donelle Arulanandam	Notts	5	1.65	11	0
	2	Olivia Riley	C&S	3	1.60	8	0
	2	Lily Bailey	BriW	2	1.60	8	0
	4	Pauline Nguoupou	Glouc	44	1.55	6	0
	5	Juliet Smith	R&N	6	1.40	5	0
	6	Faith Benneh Ntow	BRAT	1	1.30	4	0

Event	Event HJ metres						
HJ	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Heather Law	C&S	33	1.50	9	0
	2	Sam Barrett	BriW	22	1.40	7	0
	3	Ula Mohammed	Glouc	4	1.35	5	0
	4	Molly Scamp	BRAT	11	NM	0	0

Event	Event PV metres						
PV	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Nyree Perry	BriW	2	3.40	11	5
	2	Aimie Taylor	Notts	5	3.10	9	0
	3	Cara Brown	C&S	3	2.30	7	0
	4	Catharine Thomas	Glouc	4	1.90	6	0

Event	Event	LJ metres							
LJ	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	
	WOMEN	Position	Competitor	Club					Bib Number
	1	Pauline Ngouopou	Glouc	4	5.88	11	5		
	2	Rosa Ford	BriW	22	5.53	9	0		
	3	Olivia Riley	C&S	333	5.17	7	0		
	4	Lily Smith	BRAT	1	4.92	6	0		
	5	Juliet Smith	R&N	6	4.19	5	0		

Event	Event	LJ metres							
LJ	B string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	
	WOMEN	Position	Competitor	Club					Bib Number
	1	Robyn Ellison	BriW	222	5.41	9	0		
	2	Mia Wainwright	C&S	33	5.15	7	0		
	3	Joanne Willoughby	Glouc	44	4.64	5	0		
	4	Eva Gunn	BRAT	11	3.57	4	0		
	5	Effy Katsogiani	R&N	66	3.31	3	0		

Event	Event	LJ metres							
LJ	C string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	
	WOMEN	Position	Competitor	Club					Bib Number
	1	Lily Bailey	BriW	2	5.27	7	0		
	2	Isabelle Kelly	C&S	3	4.75	5	0		

Event	Event	TJ metres							
TJ	A string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	
	WOMEN	Position	Competitor	Club					Bib Number
	1	Pauline Ngouopou	Glouc	4	12.51	11	5	2.4	
	2	Sam Barrett	BriW	2	10.85	9	0	3.3	
	3	Isabelle Kelly	C&S	3	9.91	7	0	1.0	
	4	Isla O'Connor	BRAT	11	9.63	6	0	2.8	
	5	Efua Boateng	R&N	66	8.70	5	0	2.1	

Event	Event	TJ metres							
TJ	B string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	
	WOMEN	Position	Competitor	Club					Bib Number
	1	Joanne Willoughby	Glouc	44	10.28	9	0	1.8	
	2	Benheur Tshibola	BRAT	1	9.40	7	0	0.1	
	3	Anyha Maria Kerr	BriW	222	9.28	5	0	0.9	
	4	Mia Wainwright	C&S	33	8.82	4	0	2.4	
	5	Juliet Smith	R&N	6	8.56	3	0	1.3	

Event	Event	TJ metres							
TJ	C string				Formatted Performance	Position Points	Bonus Points	Wind if applic m/s	
	WOMEN	Position	Competitor	Club					Bib Number
	1	Rula Francis	BriW	22	8.94	7	0	1.9	

Event	Event	SP	metres				
SP	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Poppy Bean	Notts	55	10.22	11	0
	2	Moni Brady	BriW	2	9.54	9	0
	3	Hayley Perrin	BRAT	11	9.15	7	0
	4	Kate Davies	Glouc	4	8.62	6	0
	5	Charlotte Bowers	R&N	66	8.33	5	0
	6	Natalie Griffiths	C&S	3	7.15	4	0

Event	Event	SP					
SP	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Annabelle Crossdale	Notts	5	8.75	9	0
	2	Maria Townsend	BriW	22	8.03	7	0
	3	Ellen Thrall	Glouc	444	7.93	5	0
	4	Debbie Murch	R&N	6	7.61	4	0
	5	Sydney Davies	C&S	333	6.92	3	0
	6	Karen Bailey	BRAT	1	6.86	2	0

Event	Event	SP					
SP	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Jacqueline Holloway	Glouc	44	7.42	7	0
	2	Hannah Malpass	C&S	33	5.46	5	0

Event	Event	DT	metres				
DT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Elise Bue	Glouc	4	40.66	11	5
	2	Poppy Bean	Notts	55	26.65	9	0
	3	Karen Bailey	BRAT	1	24.09	7	0
	4	Debbie Murch	R&N	6	21.28	6	0
	5	Maria Townsend	BriW	22	20.22	5	0
	6	Natalie Griffiths	C&S	3	16.98	4	0

Event	Event	DT					
DT	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Ellen Thrall	Glouc	444	28.43	9	0
	2	Ruby Smith	BRAT	11	20.91	7	0
	3	Maja Kupiec	BriW	222	20.13	5	0
	4	Annabelle Crossdale	Notts	5	18.69	4	0
	5	Juliet Smith	R&N	66	17.79	3	0
	6	Chloe Wilde	C&S	33	15.76	2	0

Event	Event	DT					
DT	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Moni Brady	BriW	2	19.95	7	0
	2	Jacqueline Holloway	Glouc	44	18.70	5	0
	3	Molly Scamp	BRAT	111	14.55	4	0
	4	Effy Katsogiani	R&N	666	13.43	3	0

Event	Event	HT	metres				
HT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Annabelle Crossdale	Notts	5	55.80	11	5
	2	Ellen Thrall	Glouc	4	47.30	9	5
	3	Charlotte Bowers	R&N	66	38.13	7	0
	4	Moni Brady	BriW	2	34.00	6	0
	5	Karen Bailey	BRAT	1	33.60	5	0
	6	Hannah Malpass	C&S	33	20.94	4	0

Event	Event	HT	metres				
HT	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Poppy Bean	Notts	55	50.35	9	5
	2	Charlotte Stallard	Glouc	44	43.28	7	5
	3	Debbie Murch	R&N	6	29.35	5	0
	4	Helen Callaghan	BRAT	11	20.71	4	0
	5	Natalie Griffiths	C&S	3	17.50	3	0
	6	Anyha Maria Kerr	BriW	222	17.12	2	0

Event	Event	HT	metres				
HT	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Maria Townsend	BriW	22	15.47	7	0

Event	Event	JT	metres				
JT	A string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Kate Davies	Glouc	4	38.39	11	5
	2	Anyha Maria Kerr	BriW	2	29.50	9	0
	3	Effy Katsogiani	R&N	6	24.26	7	0
	4	Hayley Perrin	BRAT	1	22.74	6	0
	5	Chloe Wilde	C&S	33	17.89	5	0
	6	Helen Robbins	Notts	5	15.25	4	0

Event	Event	JT	metres				
JT	B string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Rula Francis	BriW	222	26.13	9	0
	2	Debbie Murch	R&N	66	18.98	7	0
	3	Karen Bailey	BRAT	11	18.33	5	0
	4	Lydia Wang	Glouc	44	17.41	4	0
	5	Sydney Davies	C&S	3	16.83	3	0
	6	Fiona Palmer	Notts	55	13.20	2	0

Event	Event	JT	metres				
JT	C string				Formatted Performance	Position Points	Bonus Points
WOMEN	Position	Competitor	Club	Bib Number			
	1	Maria Townsend	BriW	22	23.52	7	0

GUESTS

Event	Competitor	Club	Performance	wind if applic m/s
100	Mackenzie Ritson	Bristol & V	11.76	-3.7
100	Tristan Jamieson	Bristol & V	12.07	-3.7
100	Christopher Bennett	Cannock &	12.15	-3.7
100	Jaden Allen-Bramble	Rugby & N	12.46	-3.7
100	Tunde Adeyemo	Cannock &	12.70	-3.7
100	Hannah Burney	Cannock &	13.92	-3.7
200	Tristan Jamieson	Bristol & V	24.27	-2.4
200	Tunde Adeyemo	Cannock &	24.93	-2.4
200	Jack Grimshaw	Cannock &	24.99	-2.4
200	Kanisha Hector	Cannock &	26.93	-2.4
200	Isabelle Kelly	Cannock &	28.13	-2.4
400	Calum Haycock	Cannock &	54.56	
400	Benjamin Griffiths	Gloucester	66.48	
JT	Ben Campion	Gloucester	26.09	