

CANNOCK & STAFFORD ATHLETIC CLUB
 CLUB CROSS COUNTRY RUN DAY
 SATURDAY OCTOBER 24TH 2020

Run 1 2K

Pos.	Name	Club	Time
1	Ella Beeson	C&S	7min 40sec
2	Delilah Dempsey	C&S	8min 04sec
3	Martha Shenton	C&S	8min 25sec
4	Abbie Hemming	C&S	8min 30sec
5	Issey Beckett	C&S	9min 30sec

Run 2 2K

Pos.	Name	Club	Time
1	Tori Shrehorn	C&S	8min 17sec
2	Tilly Hughes	C&S	8min 33sec
3	Emily Haycock	C&S	9min 17sec

Run 3 2K

Pos.	Name	Club	Time
1	Ella Haycock	C&S	8min 28sec
2	Cora Beeson	C&S	8min 59sec
3	Harriett Penn	C&S	9min 28sec
4	Rosalind Chapman	C&S	9min 59sec
5	Eshen Nahal	C&S	11min 17sec

Run 4 5K

Pos.	Name	Club	Time
1	Jake Weavell	C&S	21min 55sec
2	Jack Hadley	C&S	23min 11sec
3	Dylan Shrehorn	C&S	23min 20sec
4	Caitlyn Disley	C&S	23min 23sec
5	Harry Beckett	C&S	23min 23sec

Run 5 5K

Pos.	Name	Club	Time
1	Paul Lester	C&S	20min 05sec
2	Christian Roe	C&S	21min 31sec
3	Malcolm Down	C&S	21min 33sec
4	Sally Gray	C&S	23min 25sec
5	Veronika Foster	C&S	24min 18sec
6	Pedro Havelock	C&S	24min 48sec
7	Sue Kneill-Boxley	C&S	25min 54sec
8	Kate Pearce	C&S	27min 36sec

Run 6 5K

Pos.	Name	Club	Time
1	Lee Gratton	C&S	17min 03sec
2	Chris Perrin	C&S	18min 14sec
3	Henry Webb	C&S	18min 47sec
4	Phil Wolfe	C&S	19min 16sec
5	Ben Gibson	C&S	19min 34sec