

## U11 Girls

R1		T1
1	Ruby Philips	West Cheshire AC 6.21
2	Daisy Frost	Telford AC 6.26
3	Lucie Poulter	Telford AC 6.42
4	Ellie Dixon	Macclesfield Harriers 6.44
5	Lara Smith	City of Stoke AC 6.52
6	Chloe Wells	Telford AC 7.05
7	Nancy McGuigan	Trentham RC 7.10
8	Ellie Walchester	Meir Heath Academy 7.10
9	Samantha Pattyson	Newcastle (Staffs) AC 7.12
10	Mia Hearson	Newcastle (Staffs) Tri 7.12
11	Lexi Dundas	Trentham RC 7.13
12	Nancy Carrington	Vale Royal AC 7.16
13	Alex Sutton	Newcastle (Staffs) AC 7.17
14	Daisy Bettany	Meir Heath Academy 7.20
15	Harriet Hall	Newcastle (Staffs) Tri 7.22
16	Polly Thomason	Vale Royal AC 7.22
17	Victoria Shrehorn	Stafford Harriers 7.26
18	Darcie Cowden	City of Stoke AC 7.27
19	Alice Taylor	Newcastle (Staffs) Tri 7.29
20	Rose Cassidy	Macclesfield Harriers 7.30
21	Eden Piggott	Buxton AC 7.31
22	Lena Goulding	Buxton AC 7.35
23	Florence Brown	Buxton AC 7.38
24	Corinna Knuckey	Macclesfield Harriers 7.39
25	Scarlett Lunt	Boalloy RC 7.41
26	Ava Wragg	City of Stoke AC 7.42
27	Beth Beeson	Cannock & Stafford AC 7.44
28	Lois Jones-Hamilton	Crewe and Nantwich AC 7.48
29	Lea Smith	Vale Royal AC 7.49
30	Lois Grace	Vale Royal AC 7.52
31	Maisie Alcock	Newcastle (Staffs) AC 7.53
32	Kellis Preece	Telford AC 7.56
33	Emily Malkin	City of Stoke AC 7.56
34	Poppy Emery	Meir Heath Academy 7.58
35	Francesca Jackson	Newcastle (Staffs) Tri 8.00
36	Emily Jones	Buxton AC 8.01
37	Isla Holding	City of Stoke AC 8.02
38	Isabelle Robson	Meir Heath Academy 8.10
39	Daisy Macklin	Trentham RC 8.11
40	Aimee Contoret	Trentham RC 8.12
41	Lola Wilkins	Crewe and Nantwich AC 8.13
42	Ellie Pugh	Meir Heath Academy 8.13
43	Jessica Snape	Macclesfield Harriers 8.14
44	Rachel Cudahy	Buxton AC 8.20
45	Ruby Wilkins	Crewe and Nantwich AC 8.25
46	Heidi Preece	Telford AC 8.26
47	Abigail Fisher	Vale Royal AC 8.27
48	Florence Beard	Boalloy RC 8.29
49	Grace Dukes	Trentham RC 8.31
50	Olivia Hepworth	City of Stoke AC 8.32
51	Lucy Harding	Crewe and Nantwich AC 8.33
52	Yvie Taylor	City of Stoke AC 8.37
53	Evie Fryer	Vale Royal AC 8.53
54	Asha Willson	Stafford Harriers 9.05
55	Isobel Caulfield	Vale Royal AC 10.11
56	Chloe Manley	Vale Royal AC 10.42
57	Scarlett Royal	Vale Royal AC 10.44
58	Lily-Mae Rowley	Newcastle (Staffs) Tri 11.05

1 Telford AC	11
2 Newcastle (Staffs) Tri	44
3 Macclesfield Harriers	48
4 City of Stoke AC	49
5 Newcastle (Staffs) AC	53
6 Meir Heath Academy	56
7 Vale Royal AC	57
7 Trentham RC	57
9 Buxton AC	66
10 Crewe and Nantwich AC	114

## U13 Girls

R1		T1
1	Patience Lamb	City of Stoke AC 8.16
2	Jessica Lark	West Cheshire AC 8.36
3	Eabha Lee	Vale Royal AC 8.38
4	Aimee Philips	West Cheshire AC 8.43
5	Sophie Haslam	West Cheshire AC 8.44
6	Darcie Hudson	Vale Royal AC 8.45
7	Ciara Yates	City of Stoke AC 8.47
8	Cerys Rowlands	West Cheshire AC 9.01
9	Sophie Harding	Vale Royal AC 9.02
10	Charlotte Lunt	Boalloy RC 9.03
11	Ruby Carlile	West Cheshire AC 9.05
12	Martha McGuigan	Trentham RC 9.11
13	Zoe Broughton	Vale Royal AC 9.23
14	Eve Burns	Telford AC 9.25
15	Lacie Lloyd	Staffordshire Moorlands AC 9.25
16	Hannah Holding	Crewe and Nantwich AC 9.25
17	Milly Plumley	Newcastle (Staffs) Tri 9.26
18	Ava Watkinson	Telford AC 9.34
19	Anna Smith	Vale Royal AC 9.37
20	Ruby Carrington	Vale Royal AC 9.38
21	Isabella Rimmer	West Cheshire AC 9.41
22	Isobelle Standell	Telford AC 9.50
23	Delilah Dempsey	Cannock & Stafford AC 9.54
24	Ayah Burton	Newcastle (Staffs) AC 9.57
25	Isabelle Prior	Vale Royal AC 10.02
26	Isabelle Maundrill	Vale Royal AC 10.03
27	Chloe Heathcote	Cannock & Stafford AC 10.04
28	Olivia Tipping	Newcastle (Staffs) AC 10.06
29	Grace Egan	Newcastle (Staffs) AC 10.07
30	Lucy Whelan	Buxton AC 10.17
31	Alex Sayers	Vale Royal AC 10.23
32	Ella Harrison	Crewe and Nantwich AC 10.25
33	Evie Worsley	Newcastle (Staffs) AC 10.26
34	Emily Walker	Trentham RC 10.27
35	Amelia McLintock	West Cheshire AC 10.28
36	Grace Bond	Buxton AC 10.30
37	Emma O'Neill	Trentham RC 10.31
38	Caitlyn McKendrick	Vale Royal AC 10.40
39	Freya Corcoran	Trentham RC 10.44
40	Lola Whitlock	Macclesfield Harriers 10.52
41	Sofia Preece	Crewe and Nantwich AC 10.56
42	Tessa Sullivan	Crewe and Nantwich AC 10.58
43	Caitlin Taylor	Newcastle (Staffs) AC 11.04
44	Ella Baddeley	Trentham RC 11.08
45	Fleur Parsons	Vale Royal AC 11.13
46	Lyla Nicholson	Vale Royal AC 11.20
47	Claudia De Stefano	City of Stoke AC 11.21
48	Freya Grace	Vale Royal AC 11.25
49	Rebecca Cudahy	Buxton AC 11.35
50	Sammy Evans	Cannock & Stafford AC 11.54
51	Edie White	Stafford Harriers 13.25

1	West Cheshire AC	11
2	Vale Royal AC	18
3	Telford AC	54
4	City of Stoke AC	55
5	Newcastle (Staffs) AC	81
6	Trentham RC	83

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7 Crewe and Nantwich AC	89
8 Cannock & Stafford AC	100
9 Buxton AC	115

**U15 Girls**

<b>R1</b>		<b>T1</b>
1	Rebecca Dilworth	Macclesfield Harriers 14.01
2	Maggie Preece	Telford AC 14.06
3	Carys Roberts	West Cheshire AC 14.17
4	Aria Abberley-Barker	City of Stoke AC 14.47
5	Clarissa Rigby	Boalloy RC 14.51
6	Ellie Hudson	Vale Royal AC 15.02
7	Jasmine Lovatt	Cannock & Stafford AC 15.13
8	Molly Ibbs	Newcastle (Staffs) AC 15.14
9	Katie Williams	City of Stoke AC 15.18
10	Caitlyn Disley	Telford AC 15.21
11	Martha Willetts	West Cheshire AC 15.39
12	Sienna Phillips	Buxton AC 15.42
13	Phoebe Jones	Telford AC 16.03
14	Pheobe Dawson	City of Stoke AC 16.05
15	Milly Holding	City of Stoke AC 16.06
16	Jodi Bemand	West Cheshire AC 16.07
17	Amelia Wilson	Macclesfield Harriers 16.09
18	Lauren Guderis	City of Stoke AC 16.14
19	Tarlia Higginbotham	Vale Royal AC 16.24
20	Eloise Babington	Vale Royal AC 16.29
21	Lucy Brownsword	Newcastle (Staffs) AC 16.45
22	Georgina Duffey	West Cheshire AC 17.11
23	Freya Pattwell	West Cheshire AC 17.26
24	Sophie Tatton	Telford AC 17.32
25	Henrietta Duffey	West Cheshire AC 17.41
26	Beatrice Wakefield	Newcastle (Staffs) AC 17.41
27	Ruby Stockdale	Macclesfield Harriers 17.57
28	Emily Pearce	Cannock & Stafford AC 18.02
29	Ciara Barker	City of Stoke AC 18.09
30	Holly Cooper	Newcastle (Staffs) AC 18.12
31	Dawn Riley	Cannock & Stafford AC 18.26
32	Rose White	Stafford Harriers 20.42
		1 Telford AC 25
		2 City of Stoke AC 27
		3 West Cheshire AC 30
		4 Vale Royal AC 45
		4 Macclesfield Harriers 45
		6 Newcastle (Staffs) AC 55
		7 Cannock & Stafford AC 66

**U17 Women**

<b>R1</b>		<b>T1</b>
1	Lucy Bednall	Buxton AC 16.45
2	Nadine Tomkinson	Newcastle (Staffs) AC 16.55
3	Eleanor Wilson	Buxton AC 16.59
4	Rebecca Main	Macclesfield Harriers 17.09
5	Amy Whelan	Buxton AC 17.43
6	Poppy Ranford	Newcastle (Staffs) AC 18.22
7	Abigail Jones	City of Stoke AC 18.24
8	Libby Greeney	Macclesfield Harriers 18.37
9	Scarlett Cotton	Newcastle (Staffs) AC 18.47
10	Heather Wilshaw	Buxton AC 19.18
11	Katie Appleby	Telford AC 19.38
12	Ellie Stockdale	Macclesfield Harriers 20.08
13	Lilly Stevens	Newcastle (Staffs) AC 20.44
14	Sophie Wood	Newcastle (Staffs) AC 20.46
15	Abbie Fryer-Winder	Macclesfield Harriers 20.48
16	Amy Condlyffe	City of Stoke AC 21.11
17	April Tatton	Telford AC 21.58
18	Tasmin Burley	Trentham RC 23.12

1	Buxton AC	9
2	Newcastle (Staffs) AC	17
3	Macclesfield Harriers	24

## U11 Boys

R1		T1
1	Bobby Tomlinson	Macclesfield Harriers 8.14
2	Arthur Elliot	Crewe and Nantwich AC 8.36
3	Ben Lowe	Vale Royal AC 8.36
4	Callum Wason	Cannock & Stafford AC 8.43
5	Jack Hadley	Cannock & Stafford AC 8.49
6	Joshua Walton	Telford AC 8.53
7	Aiden Simmons	City of Stoke AC 8.54
8	Simon Bagshaw	Telford AC 9.00
9	Benji Cole	Crewe and Nantwich AC 9.01
10	Jonty Brown	Buxton AC 9.02
11	George Brownsword	Newcastle (Staffs) AC 9.03
12	Thomas Messenger	Vale Royal AC 9.04
13	Oliver Leese	City of Stoke AC 9.05
14	Euan Oakes	City of Stoke AC 9.06
15	Thomas Wood	Macclesfield Harriers 9.06
16	Aiden Stonier	City of Stoke AC 9.06
17	Christian Jones	Newcastle (Staffs) AC 9.08
18	Kyran Higginbotham	Vale Royal AC 9.13
19	Jacob Nevard	Newcastle (Staffs) AC 9.14
20	Ben Allen	Stafford Triathlon Club 9.20
21	James Pope	Vale Royal AC 9.22
22	Will Godwin	Vale Royal AC 9.23
23	Ted Cooper	Cannock & Stafford AC 9.24
24	Sam Bourne	Staffordshire Moorlands AC 9.27
25	Harry Ibbs	Newcastle (Staffs) AC 9.31
26	Hugo Blackwell	Macclesfield Harriers 9.33
27	Jared Dickinson	Macclesfield Harriers 9.33
28	James Davies	Newcastle (Staffs) AC 9.36
29	Hugo McLintock	West Cheshire AC 9.37
30	Lucas Nevard	Newcastle (Staffs) AC 9.38
31	Seth Mander	Trentham RC 9.40
32	Lucas Rowley	Staffordshire Moorlands AC 9.47
33	Dylan Gray	Buxton AC 9.52
34	Will Edger	Stafford Harriers 9.58
35	Jacob Leather-Smith	Vale Royal AC 10.02
36	Lucas Gwyther	City of Stoke AC 10.03
37	Noah Simpson	Vale Royal AC 10.04
38	Kobie Burton	Newcastle (Staffs) AC 10.10
39	Leon Hardcastle	Vale Royal AC 10.15
40	Jacob Oakes	Newcastle (Staffs) Tri 10.17
41	Toby Broadrick	Macclesfield Harriers 10.20
42	Harry Williamson	Vale Royal AC 10.22
43	Aidan Yates	City of Stoke AC 10.52
44	Jim Burgess	Buxton AC 10.56
45	Seth Frearson	City of Stoke AC 11.03
46	Dexter Harper	Trentham RC 11.18
47	Joseph Jones	Newcastle (Staffs) Tri 11.33
48	Jakub Panacek	Newcastle (Staffs) Tri 12.08

1	Cannock & Stafford AC	32
2	Vale Royal AC	33
3	City of Stoke AC	34
4	Macclesfield Harriers	42
5	Newcastle (Staffs) AC	47
6	Buxton AC	87
7	Newcastle (Staffs) Tri	135

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U13 Boys

R1		T1
1	Nathaniel Rowe	City of Stoke AC 13.01
2	Harry Parker-McLain	Crewe and Nantwich AC 13.09
3	Robbie Price	Vale Royal AC 13.30
4	Ben Hayes	Telford AC 13.38
5	Oliver Skelton	Telford AC 13.51
6	Lewis Smith	City of Stoke AC 13.52
7	Max Dawson	City of Stoke AC 14.04
8	Jack Cook	Buxton AC 14.18
9	Theo Wassall	Vale Royal AC 14.21
10	Bradley Snape	Macclesfield Harriers 14.37
11	Reece Munro	West Cheshire AC 14.46
12	Thomas Corwood	Vale Royal AC 14.47
13	Finlay Pettie	Macclesfield Harriers 14.49
14	Alfie Murray	Vale Royal AC 14.56
15	Oliver Bailey	Macclesfield Harriers 14.58
16	Daniel Jones	Newcastle (Staffs) AC 14.59
17	William Tomkinson	Newcastle (Staffs) AC 15.00
18	Rhys Bowden	Vale Royal AC 15.05
19	Jake Weavell	Cannock & Stafford AC 15.09
20	Evan Williams	Vale Royal AC 15.12
21	Will Davies	Vale Royal AC 15.14
22	Ciaren Yates	Vale Royal AC 15.16
23	Matthew Walker	Macclesfield Harriers 15.16
24	William Cole	Crewe and Nantwich AC 15.18
25	Frankie Simpson	Crewe and Nantwich AC 15.30
26	Adam Mayell	Boalloy RC 15.33
27	Dylan Shrehorn	Stafford Harriers 15.34
28	Rossi Stanners	Vale Royal AC 15.35
29	Archie Varley	Crewe and Nantwich AC 15.38
30	Tom Taylor	Vale Royal AC 15.42
31	Freddie Preece	Telford AC 15.46
32	Jack Searle	Vale Royal AC 15.52
33	George Smyth	Newcastle (Staffs) AC 15.57
34	Michael Foster	Newcastle (Staffs) AC 16.02
35	Oliver Nettle	Macclesfield Harriers 16.02
36	Michael Wood	Macclesfield Harriers 16.06
37	Jacob Hough	Vale Royal AC 16.08
38	Lewis Patmore	Macclesfield Harriers 16.11
39	Sam Tatton	Telford AC 16.18
40	Aaron Leather-Smith	Vale Royal AC 16.19
41	Oliver Shaw	Vale Royal AC 16.31
42	Caleb Allen-Hingerty	Stafford Harriers 16.38
43	Connell Latham	Newcastle (Staffs) AC 16.50
44	Tommy Goulding	Buxton AC 17.00
45	Daniel Armstrong	Newcastle (Staffs) AC 17.07
46	Alfie Pigg	Telford AC 17.10
47	Reuben Willson	Stafford Harriers 17.37
48	George Pigg	Telford AC 17.38
49	Elliot Sharman	Newcastle (Staffs) AC 17.39
50	Finn Ikin	Crewe and Nantwich AC 17.53
51	Callam Ikin	Crewe and Nantwich AC 18.06
52	Josh O'Neill	Vale Royal AC 22.42
		1 City of Stoke AC 14
		2 Vale Royal AC 24
		3 Macclesfield Harriers 38
		4 Telford AC 40
		5 Crewe and Nantwich AC 51



6 Newcastle (Staffs) AC	66
7 Stafford Harriers	116

**U15 Boys**

<b>R1</b>		<b>T1</b>
1	Jamie Richardson	West Cheshire AC 14.14
2	Eammon Clowes	Newcastle (Staffs) Tri 14.51
3	Ben Hamilton-Ryan	Macclesfield Harriers 15.02
4	Philip Goodfellow	Macclesfield Harriers 15.08
5	Aadi Whitlock	Macclesfield Harriers 15.26
6	Will Nettle	Macclesfield Harriers 15.52
7	Rohan Jensen	Macclesfield Harriers 15.56
8	Charlie Preece	Telford AC 16.01
9	Elliot Davies-Hayes	Crewe and Nantwich AC 16.13
10	Henry Robinson	West Cheshire AC 16.20
11	Sebastian Rowe	City of Stoke AC 16.24
12	Josh Williamson	Vale Royal AC 16.30
13	James Hayes	Telford AC 16.41
14	Charlie Ranford	Newcastle (Staffs) AC 16.43
15	Harry Godwin	Vale Royal AC 16.48
16	Alfie Cox	Telford AC 16.50
17	Tyler Davison	Newcastle (Staffs) AC 16.55
18	Nathan Walker	City of Stoke AC 17.08
19	Harry Reens	Macclesfield Harriers 17.12
20	Kaspar Mikulski	Crewe and Nantwich AC 17.24
21	Charlie McMullen	West Cheshire AC 17.26
22	Isaac Leydon	Crewe and Nantwich AC 17.28
23	Dan Willetts	West Cheshire AC 17.32
24	James Dixon	Vale Royal AC 17.34
25	Oliver Hall	Newcastle (Staffs) Tri 17.42
26	Tom Marsh	Macclesfield Harriers 17.55
27	Alfie Sheldon	City of Stoke AC 17.56
28	Oliver Lymer	City of Stoke AC 17.56
29	Joseph Stevens	Newcastle (Staffs) AC 18.04
30	Lucas Willson	Stafford Harriers 18.05
31	Oliver Washington	Vale Royal AC 18.06
32	Ethan Eisenhauer	Cannock & Stafford AC 18.06
33	Ben Fisher	Vale Royal AC 18.12
34	Matthew Hilsdon	Stafford Harriers 18.16
35	Ewan Doran	Telford AC 18.26
36	Oliver Booth	City of Stoke AC 18.57
37	Cameron O'Neill	Trentham RC 19.26
38	Morgan Allen-Hingerty	Stafford Harriers 19.38
39	Finn Richardson	City of Stoke AC 19.44
40	Ben Green	Stafford Harriers 20.08
41	Dylan Marchant	Newcastle (Staffs) AC 20.36
42	Oliver Johnson	Vale Royal AC 21.26
43	Harrison Everard	Newcastle (Staffs) AC 21.46
44	Jack Heath	Stafford Harriers 22.11
45	Noah Latham	Newcastle (Staffs) AC 23.31

1	Macclesfield Harriers	12
2	West Cheshire AC	32
3	Telford AC	37
4	Vale Royal AC	51
4	Crewe and Nantwich AC	51
6	City of Stoke AC	56
7	Newcastle (Staffs) AC	60
8	Stafford Harriers	102

**U17 Men**

<b>R1</b>		<b>T1</b>	
1	Finley Proffitt	Macclesfield Harriers	18.44
2	Samuel Soles	Buxton AC	18.48
3	Raif Serif	Vale Royal AC	19.30
4	Elliot Smith	Newcastle (Staffs) AC	19.42
5	Fynn Churton	City of Stoke AC	19.51
6	Stuart Diamond	Buxton AC	19.58
7	Will Wright	West Cheshire AC	20.10
8	Eddie Mills	Macclesfield Harriers	20.16
9	Isaac Tait	West Cheshire AC	20.18
10	James Doorbar	Macclesfield Harriers	20.19
11	Louis Wakefield	Newcastle (Staffs) AC	20.37
12	Laurence Manley	Macclesfield Harriers	20.58
13	Matthew Douglass	West Cheshire AC	20.59
14	Benjamin Cook	Stafford Harriers	21.03
15	Fraser Campbell	West Cheshire AC	21.11
16	Harry Bond	Buxton AC	21.15
17	Daniel Collins	City of Stoke AC	21.48
18	Daniel Jones	City of Stoke AC	21.51
19	Jack Farrall	Macclesfield Harriers	22.17
20	Jake Oliver	Stafford Harriers	22.26
21	Wilfred Dight	Vale Royal AC	22.45
22	Daniel Frewer	Buxton AC	23.02
23	Thomas Mogg	Newcastle (Staffs) AC	23.06
24	Brady Watkinson	Telford AC	23.12
25	Joel Callear	City of Stoke AC	24.27
26	Ashton Preece	Telford AC	24.45
		1 Macclesfield Harriers	19
		2 Buxton AC	24
		3 West Cheshire AC	29
		4 Newcastle (Staffs) AC	38
		5 City of Stoke AC	40

## Senior Women

R1		AG	T1
1	Elizabeth Renondeau	Vale Royal AC	W40 20.46
2	Chloe Leather	Crewe and Nantwich AC	JW 21.03
3	Sophie Goodfellow	Newcastle Staffs AC	SW 21.11
4	Claire Martin	Telford AC	W40 21.25
5	Rebecca Twardochleb	Newcastle Staffs AC	SW 21.53
6	Donna Sherwin	City of Stoke AC	W40 22.00
7	Kerry Marchant	Newcastle Staffs AC	W45 22.16
8	Katie Latham	South Cheshire Harriers	SW 22.24
9	Louise Dawson	City of Stoke AC	W45 22.26
10	Amy Neill	City of Stoke AC	SW 22.29
11	Mandy Vernon	City of Stoke AC	W45 22.29
12	Lucy Matthews	City of Stoke AC	SW 22.30
13	Deborah Thomas	Trentham RC	W35 22.33
14	Nina Skilton	Cannock & Stafford AC	W50 22.44
15	Amy Clark	Buxton AC	SW 22.46
16	Elizabeth Clarkson	Newcastle Staffs AC	JW 22.48
17	Wendy Swift	Trentham RC	W45 22.49
18	Harriet Pickup	Boalloy Running Club	SW 23.00
19	Julia Matheson	Newcastle (Staffs) Tri Club	W55 23.05
20	Jayne Dickens	Trentham RC	W50 23.06
21	Dominique Searle	Vale Royal AC	W40 23.08
22	Rebecca Harrison	City of Stoke AC	W40 23.13
23	Nia Nokes	Stone Master Marathoners	SW 23.17
24	Sophie Smith	Vale Royal AC	SW 23.26
25	Victoria Hughes	City of Stoke AC	W45 23.31
26	Joanne Stanfield	Trentham RC	W45 23.42
27	Joanne Bentley	Stone Master Marathoners	W45 24.09
28	Hollie Carrington	Vale Royal AC	SW 24.11
29	Emma Weston	Congleton Harriers	W45 24.24
30	Debbie Hope	Buxton AC	W45 24.31
31	Kathryn Hutchinson	Macclesfield Harriers & AC	W35 24.32
32	Hannah Rice-Hancock	Michelin AC	SW 24.39
33	Claire Thompson	Vale Royal AC	W40 24.40
34	Helen Smith	Vale Royal AC	W50 24.42
35	Rachel Coupe	Telford AC	W45 24.45
36	Naomi Cook	Shrewsbury AC	SW 24.48
37	Kirsty Stephenson	Stone Master Marathoners	W40 24.50
38	Michelle Stevens	Congleton Harriers	W40 24.55
39	Tracie Trueman	Lawley Running Club	W50 24.58
40	Grace Ranford	Newcastle Staffs AC	JW 24.59
41	Amy Gamble	Stone Master Marathoners	W40 25.05
42	Peigi McKellar	Keele University AC	SW 25.06
43	Alison Sutch	Boalloy Running Club	W35 25.12
44	Melanie Worthington	Congleton Harriers	W45 25.14
45	Joanne Moss	Congleton Harriers	W45 25.18
46	Susan Kneill-Boxley	Cannock & Stafford AC	W50 25.20
47	Julie Hulbert	Cheadle RC	W45 25.22
48	Eleanor Robinson	West Cheshire Athletic Club	W45 25.22
49	Carol Bird	Congleton Harriers	W55 25.25
50	Tracy Lovatt	Stone Master Marathoners	W45 25.26
51	Amanda Kelly	Stoke F.I.T	SW 25.27
52	Sarah Bayliss	Newcastle Staffs AC	SW 25.29
53	Sam Morley	Rugeley Runners	SW 25.31
54	Shannon Moores	Boalloy Running Club	SW 25.32
55	Anne Mynott	Colwyn Bay AC	W55 25.34
56	Danielle Walton	Lawley Running Club	SW 25.35
57	Tania Wilson	Buxton AC	W55 25.38
58	Michelle Marshall	Newcastle (Staffs) Tri Club	W45 25.45

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59	Helen Mason	Newcastle (Staffs) Tri Club	SW	25.49
60	Anne-Marie Jones	Macclesfield Harriers & AC	W65	25.53
61	Nicole Humphreys	Mow Cop Runners	SW	25.54
62	Lily Moorhouse	West Cheshire Athletic Club	JW	25.54
63	Mel Johnson	Vale Royal AC	W35	25.59
64	Sally Rigby	Boalloy Running Club	W45	26.01
65	Nicola Lunt	Boalloy Running Club	W40	26.01
66	Katie Peacock	Stafford Harriers	SW	26.01
67	Deborah O'Neill	Trentham RC	W45	26.02
68	Heather Carter	Sandbach Striders	W45	26.02
69	Clare Dundas	Michelin AC	W40	26.07
70	Ruth Pryce	South Cheshire Harriers	W45	26.09
71	Sabrina Thomas	Lawley Running Club	SW	26.11
72	Rachel Kesteven	Crewe and Nantwich AC	W45	26.12
73	Olivia Cunningham	Newcastle Staffs AC	SW	26.14
74	Sonya Hibberd	Boalloy Running Club	W35	26.25
75	Lucy Rusbridge	Congleton Harriers	W45	26.29
76	Christine Kilkenny	Cannock & Stafford AC	W65	26.31
77	Teresa Dunning	Newcastle Staffs AC	W40	26.37
78	Maxine Bickerton	Newcastle Staffs AC	SW	26.42
79	Liz Gale	Vale Royal AC	W40	26.48
80	Fiona Bradley	Stone Master Marathoners	W40	26.51
81	Jeanette Pope	Vale Royal AC	W40	26.52
82	Cristina O'Brien	Telford Harriers	W40	26.58
83	Carey Dyer	Newcastle Staffs AC	W40	27.00
84	Ellen McMahon	West Cheshire Athletic Club	SW	27.02
85	Paula Kennerley	Congleton Harriers	W50	27.06
86	Eileen Pass	Newcastle (Staffs) Tri Club	W55	27.12
87	Pam Davies	Stone Master Marathoners	W65	27.17
88	Rachel Wakefield	Newcastle Staffs AC	W45	27.24
89	Karen Jones	Newcastle (Staffs) Tri Club	W55	27.25
90	Leanne Hardman	Trentham RC	SW	27.34
91	Suzanne Dale	South Cheshire Harriers	W35	27.36
92	Sarah Thorne	Newcastle (Staffs) Tri Club	W45	27.40
93	Kerry Dixon	Trentham RC	W35	27.54
94	Sue Stockdale	Macclesfield Harriers & AC	W45	27.56
95	Marie Bebbington	Newcastle (Staffs) Tri Club	W50	28.03
96	Jayne Lomax	Vale Royal AC	W50	28.05
97	Julie Jones	Lawley Running Club	W40	28.06
98	Anne Coghlan	Stone Master Marathoners	W50	28.12
99	Joanne Cudahy	Buxton AC	W45	28.17
100	Amber Poppitt	Lawley Running Club	SW	28.21
101	Debra Bemand	West Cheshire Athletic Club	W45	28.24
102	Jill Phillips	Trentham RC	W55	28.26
103	Vanessa Welham	Stafford Harriers	SW	28.29
104	Emma Giddings	Sneyd Striders	W40	28.29
105	Christine Skellern	Stafford Harriers	W55	28.33
106	Jan Cassidy	Newcastle Staffs AC	W50	28.34
107	Kerry Richardson	Telford Harriers	W50	28.38
108	Claire Kivlin	South Cheshire Harriers	W40	28.38
109	Kate Pearce	Cannock & Stafford AC	W45	28.40
110	Jenny Gibbs	Newcastle (Staffs) Tri Club	W35	28.49
111	Cheryl Everard	Newcastle Staffs AC	W40	28.54
112	Sarah Green	Boalloy Running Club	W50	28.55
113	Laura Dalton	Macclesfield Harriers & AC	SW	28.56
114	Vicky Ronald	Colwyn Bay AC	W50	28.59
115	Elaine Pettie	Macclesfield Harriers & AC	W45	29.03
116	Susan Twardochleb	Newcastle Staffs AC	W45	29.04
117	Dorothy Fellows	Cannock & Stafford AC	W70	29.14

NSCCL at Knights Grange, Winsford on Saturday 28 September 2019

118	Melissa Corkery	Cheadle RC	SW	29.24
119	Louise Tomkinson-Hill	Cannock & Stafford AC	W45	29.28
120	Naomi Ashmore	Telford Harriers	SW	29.30
121	Emma Coulthard	South Cheshire Harriers	SW	29.32
122	Michaela Cunningham	Newcastle Staffs AC	W50	29.38
123	Nina Biggs	Telford Harriers	W35	29.40
124	Mel Deakin	Stafford Harriers	W50	29.41
125	Rachel Rathbone	Stone Master Marathoners	W45	29.48
126	Helen Ranford	Newcastle Staffs AC	W45	29.51
127	Bethan McGarrie	Chase Harriers	SW	29.53
128	Kimberley Kent	Lawley Running Club	W40	29.56
129	Heather Fryer-Winder	Buxton AC	W50	29.58
130	Lisa Blagden	Telford AC	W50	30.05
131	Margaret Thomas	Sneyd Striders	W60	30.12
132	Pascal Wrigley	Newcastle Staffs AC	SW	30.13
133	Rebecca Southall	Stone Master Marathoners	W40	30.17
134	Victoria Doran	Telford Harriers	W40	30.24
135	Liz Clutton	Cheadle RC	W65	30.29
136	Paula Manley	Vale Royal AC	W40	30.32
137	Alison Preece	Telford AC	W45	30.35
138	Alex Duffey	West Cheshire Athletic Club	W45	30.52
139	Saranya Hasler	Macclesfield Harriers & AC	W35	30.54
140	Vikki Smith	Trentham RC	W45	30.56
141	Lynsey Astles	Sandbach Striders	W40	31.01
142	Sophie Latham	Trentham RC	SW	31.05
143	Tonia Vernon	Newcastle Staffs AC	W45	31.06
144	Sharon Tomkinson	Newcastle Staffs AC	W50	31.10
145	Helen Gowin	Macclesfield Harriers & AC	W50	31.13
146	Rachel Trpeski	Newcastle Staffs AC	W45	31.24
147	Hannah Moorhouse	West Cheshire Athletic Club	W45	31.26
148	Charlie Narejko	Buxton AC	W35	31.34
149	Heike Chapman	Newcastle (Staffs) Tri Club	W45	31.35
150	Heather Bates	Chase Harriers	W35	31.40
151	Diane Clayton	Lawley Running Club	W40	31.42
152	Helen Wassall	Boalloy Running Club	W45	31.43
153	Louise Finney	Mow Cop Runners	W45	31.51
154	Lindsey Chilton-Merryweather	Blythe Bridge RC	SW	31.53
155	Joanne Oliver	Stafford Harriers	W45	31.57
156	Ruth Farrell	Stoke F.I.T	W45	31.59
157	Clare Hill	Sneyd Striders	W40	32.08
158	Charlotte Moore	Trentham RC	SW	32.13
159	Rachel Heslop	Macclesfield Harriers & AC	W40	32.21
160	Kate Beard	Boalloy Running Club	W35	32.31
161	Kathryn Taylor	Trentham RC	W40	32.33
162	Melissa Williams	Telford Harriers	W35	32.37
163	Laura Purcell	Newcastle (Staffs) Tri Club	SW	32.39
164	Ellen Evans	Stone Master Marathoners	SW	32.41
165	Amanda Nevade	Newcastle Staffs AC	W45	32.43
166	Mel Gorman	Stafford Harriers	W45	32.44
167	Annie Chiles	Chase Harriers	SW	32.57
168	Emma Burley	Trentham RC	W35	32.58
169	Sarah Jackson-Hedges	Trentham RC	W45	33.02
170	Megan Jones	Cheadle RC	SW	33.05
171	Julie Jones	Cheadle RC	W55	33.09
172	Karen Dennett	Newcastle (Staffs) Tri Club	W55	33.10
173	Debbie Richardson	Vale Royal AC	W50	33.11
174	Nicola Brownsword	Newcastle Staffs AC	W40	33.13
175	Jill Norman	Staffs Moorlands AC	W55	33.21
176	Michelle Harrop	Potters Trotters	W35	33.26

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177	Kerryann Maddock	Trentham RC	W40	33.27
178	Gillian Csizmadia	Wrexham AAC	W55	33.27
179	Kim Chatfield	Telford Harriers	W45	33.29
180	Rebecca Siery	Newcastle Staffs AC	W35	33.30
181	Laura Weaver	Michelin AC	SW	33.33
182	Sarah Soles	Buxton AC	W50	33.35
183	Amanda Bond	Stone Master Marathoners	W45	33.40
184	Andrea Johnson	Rugeley Runners	W45	33.44
185	Elizabeth Dean	Chase Harriers	W50	33.46
186	Annmarie Johnson	Blythe Bridge RC	W35	33.53
187	Rebecca Oakes	Newcastle (Staffs) Tri Club	W35	34.01
188	Stacy Sharman	Newcastle Staffs AC	W35	34.08
189	Jennie Light	Buxton AC	W40	34.14
190	Tracey Langston	Mow Cop Runners	W45	34.16
191	Lorraine Bullock	Rugeley Runners	W55	34.19
192	Carole Williams	Vale Royal AC	W65	34.21
193	Janet Vardy	Stoke F.I.T	W55	34.25
194	Tania Wiioughby	Telford Harriers	W60	34.33
195	Belinda Riley	Newcastle Staffs AC	W60	34.37
196	Deborah Leask	Sneyd Striders	W50	35.01
197	Deb Clarke	Newcastle (Staffs) Tri Club	W45	35.03
198	Susan Walker	Market Drayton RC	W40	35.03
199	Kerry Taylor	Newcastle Staffs AC	SW	35.12
200	Julie Nokes	Stafford Harriers	W55	35.25
201	Maria Gaye	Blythe Bridge RC	W50	35.39
202	Claire Mills	Sneyd Striders	W40	35.44
203	Tracey Johnson Knowles	Newcastle Staffs AC	W55	35.45
204	Toni Collier	Chase Harriers	W40	35.53
205	Rachel Dowle	Buxton AC	W45	35.56
206	Emma Carr	Mow Cop Runners	SW	36.10
207	Karen Gwyther-Wright	Sandbach Striders	W40	36.16
208	Judith Gibson	Blythe Bridge RC	W40	36.20
209	Zoe Hankey	Trentham RC	W40	36.26
210	Sarah Latham	Trentham RC	SW	36.56
211	Bethan Lawton	Stoke F.I.T	W50	36.57
212	Claire Ryder	Stoke F.I.T	W45	37.10
213	Tracy Burrows	Stafford Harriers	W45	37.19
214	Lisa Pigg	Lawley Running Club	W40	37.26
215	Rebecca Stokes	Newcastle Staffs AC	SW	37.30
216	Stephanie Nagington	Newcastle Staffs AC	W40	37.55
217	Janice Skelton	Trentham RC	W55	38.54
218	Phoebe Barnett	Lawley Running Club	SW	39.17
219	Adele Mountford	Potters Trotters	W35	39.31
220	Alison Payne	Sneyd Striders	W45	40.24
221	Sara Rees	Chase Harriers	W45	40.25
222	Maureen Singleton	Colwyn Bay AC	W75	40.32
223	Samantha Simpson	Lawley Running Club	SW	40.45
224	Grace Hough	Shrewsbury AC	W70	40.47
225	Sarah Gray	Stafford Harriers	W60	41.15
226	Sara Paskin	Lawley Running Club	W45	42.45
227	Claire Aslett-Round	Lawley Running Club	W40	42.47
228	Julia Bailey	Newcastle Staffs AC	W55	42.58
229	Jacquie MacPhail	Trentham RC	W55	43.01
230	Tessa Thomas	Telford Harriers	W40	45.15
231	Suzanna Edwards	Market Drayton RC	W50	49.12
232	Sarah Moss	Market Drayton RC	W40	49.12
233	Janet Brindley	Potters Trotters	W65	52.21
234	Liz Stevenson	Potters Trotters	W60	52.21

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Senior Women Division 1	1 Newcastle (Staffs) AC	31
	2 Vale Royal AC	74
	3 Trentham RC	76
	4 Stone MM	128
	5 Congleton Harriers	156
	6 Buxton AC	201
	7 Cannock & Stafford AC	245
	8 Cheadle RC	470
Senior Women Division 2	1 City of Stoke AC	36
	2 Boalloy RC	179
	3 Newcastle (Staffs) Tri	222
	4 Lawley RC	263
	5 South Cheshire Harriers	277
	6 West Cheshire AC	295
	7 Macclesfield Harriers	298
	8 Telford AC	306
	9 Stafford Harriers	398
	10 Telford Harriers	432
	11 Sneyd Striders	588
	12 Mow Cop Runners	610
	13 Stoke FIT	611
	14 Chase Harriers	629
	15 Blythe Bridge RC	749
	16 Potters Trotters	862



## Senior Men

<b>R1</b>		<b>AG</b>	<b>T1</b>
1	Mark Pearce	Keele University AC	SM 27.44
2	Matt Hall	Shrewsbury AC	SM 28.12
3	Lee Gratton	Rugeley Runners	SM 28.22
4	Alexander Mayne	City of Stoke AC	JM 29.04
5	Joseph Morrison	West Cheshire Athletic Club	JM 29.22
6	Carl Moulton	Boalloy Running Club	SM 29.28
7	Cameron Muir	City of Stoke AC	JM 29.42
8	Jake Spilsbury	City of Stoke AC	SM 29.50
9	Lewis Nagington	Newcastle Staffs AC	JM 29.57
10	Matthew McCormack	Vale Royal AC	JM 30.03
11	Euan Nicholls	Keele University AC	SM 30.07
12	Aaron Doyle	Vale Royal AC	JM 30.09
13	Christian Evans	Telford AC	M45 30.12
14	Dean Aston	Telford Harriers	SM 30.25
15	Thomas Hendricken	City of Stoke AC	SM 30.26
16	James Hickenbottom	Shrewsbury AC	SM 30.30
17	Ryan Moore	Vale Royal AC	SM 30.37
18	Julian Goodwin	Boalloy Running Club	M45 30.40
19	Dean Richardson	City of Stoke AC	M45 30.47
20	Mark Walker	Macclesfield Harriers & AC	M40 30.51
21	Jordan Thomas	City of Stoke AC	JM 30.57
22	Shaun Ashworth	Stone Master Marathoners	SM 31.01
23	James Condlyffe	City of Stoke AC	JM 31.03
24	Matt Eardley	City of Stoke AC	SM 31.06
25	Chris Jones	Vale Royal AC	SM 31.08
26	Jacob Droogmans	Newcastle Staffs AC	JM 31.12
27	Dan Hibberd	Boalloy Running Club	SM 31.15
28	Jamie Arnold	City of Stoke AC	M40 31.18
29	Ian Bayliss	Newcastle Staffs AC	SM 31.19
30	Peter Goodfellow	Macclesfield Harriers & AC	JM 31.24
31	William Kesteven	Crewe and Nantwich AC	JM 31.26
32	Leon Bailey	Boalloy Running Club	SM 31.28
33	Daniel Turner	Lawley Running Club	SM 31.29
34	Billy Hicks	Macclesfield Harriers & AC	SM 31.33
35	Stuart Fisher	City of Stoke AC	SM 31.34
36	Sol Clark	Buxton AC	SM 31.34
37	Jason Brunnock	Buxton AC	SM 31.38
38	Tim Sharman	Newcastle Staffs AC	SM 31.38
39	John Carr	Macclesfield Harriers & AC	M45 31.42
40	Anthony Allan	Congleton Harriers	M40 31.44
41	Duncan Harris	Vale Royal AC	M50 31.45
42	Sion Roberts	West Cheshire Athletic Club	JM 31.52
43	Chris Bagshaw	Telford AC	M40 31.54
44	Jake Guest	City of Stoke AC	SM 31.59
45	Bruce Johnson	Newcastle Staffs AC	SM 32.00
46	Jamie Davies	Telford AC	SM 32.03
47	Stephen Waters	Shrewsbury AC	SM 32.04
48	Ashley Maughan	Boalloy Running Club	SM 32.06
49	Michael Smith	Telford Harriers	SM 32.08
50	Mark Neeld	Stone Master Marathoners	M50 32.09
51	James Noakes	Macclesfield Harriers & AC	M50 32.12
52	Toby Hart	Newcastle (Staffs) Tri Club	M40 32.17
53	Matthew Statham	Staffs Moorlands AC	M40 32.20
54	Matthew Basnett	Newcastle Staffs AC	SM 32.22
55	Matt Rowlinson	Vale Royal AC	SM 32.27
56	Ashley Dennett	City of Stoke AC	SM 32.31
57	Chris Goodfellow	Macclesfield Harriers & AC	M45 32.40
58	Bryan Lomas	Congleton Harriers	M50 32.44

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59 Mark Hatton	Newcastle (Staffs) Tri Club	SM	32.45
60 Steven Fernyhough	West Cheshire Athletic Club	SM	32.53
61 Andrew Walker	Newcastle Staffs AC	M45	33.02
62 Ben Brereton	Newcastle Staffs AC	SM	33.13
63 Matthew Cox	Telford AC	SM	33.13
64 Gareth Williams	Vale Royal AC	M50	33.16
65 Gareth Knapper	Cheadle RC	M40	33.19
66 Craig Taylor	Newcastle Staffs AC	SM	33.23
67 Tom Chell	Stafford Harriers	SM	33.27
68 Graham Jones	Shrewsbury AC	M60	33.29
69 Paul Morrison	West Cheshire Athletic Club	JM	33.36
70 Alex Wright	Macclesfield Harriers & AC	M40	33.39
71 David Gallimore	Sandbach Striders	SM	33.41
72 Wesley Southall	Rugeley Runners	SM	33.42
73 Martin Dearden	Staffs Moorlands AC	M45	33.43
74 Luke Moses	Telford AC	JM	33.44
75 Lloyd Bebbington	Newcastle (Staffs) Tri Club	SM	33.49
76 Scott Zikmanis	Newcastle Staffs AC	M40	33.50
77 Chris Moss	Congleton Harriers	M45	33.54
78 Andrew Clague	West Cheshire Athletic Club	M50	33.55
79 Robert Humphries	Rugeley Runners	SM	34.02
80 Mick Haire	Boalloy Running Club	M55	34.04
81 Kevin Francis	Shrewsbury AC	M50	34.13
82 Jonathan Jackson	Trentham RC	SM	34.16
83 Andrew Carter	West Cheshire Athletic Club	M45	34.17
84 Gareth Richardson	Keele University AC	SM	34.20
85 Tom Watson	Boalloy Running Club	SM	34.27
86 Ben Williams	Staffs Moorlands AC	SM	34.28
87 Christian Blackwell	Macclesfield Harriers & AC	M45	34.30
88 Richard Murray	Vale Royal AC	M50	34.32
89 John Haddon	Stone Master Marathoners	M40	34.34
90 Jonathan Sewell	Buxton AC	M45	34.35
91 Steven Bazell	City of Stoke AC	M45	34.40
92 Martin McGuigan	Trentham RC	M45	34.41
93 Phil Rowley	Newcastle (Staffs) Tri Club	M45	34.44
94 Kevin Loundes	Chase Harriers	SM	34.47
95 Mark Griffiths	Telford Harriers	M50	34.57
96 Chris Doran	Telford Harriers	M40	34.58
97 Daniel Jordan	Trentham RC	M50	34.58
98 Thomas Minshull	Boalloy Running Club	SM	34.58
99 Tom Walker	Congleton Harriers	SM	34.58
100 Richard Watson	Colwyn Bay AC	SM	34.59
101 Phillip Hilsdon	Stafford Harriers	M40	35.00
102 Adam Tatton	Telford AC	JM	35.04
103 Darrel Ward	Cheadle RC	M40	35.05
104 Tom Wilson	Stone Master Marathoners	SM	35.06
105 Jonathan Maguire	Sandbach Striders	M40	35.07
106 Robert Hasler	Macclesfield Harriers & AC	SM	35.08
107 Nick Haywood	Vale Royal AC	SM	35.09
108 Tony Taylor	Sandbach Striders	M55	35.10
109 Ian Heath	Trentham RC	M50	35.12
110 Dominic Corkery	Cheadle RC	SM	35.19
111 Warren Nuttall	Lawley Running Club	M40	35.23
112 Mike Walker	South Cheshire Harriers	M40	35.28
113 Adam Burgoyne	Shrewsbury AC	SM	35.31
114 Tim Hulse	Stone Master Marathoners	M50	35.36
115 Brian Whitlock	Macclesfield Harriers & AC	M45	35.38
116 Andy Thomas	Sandbach Striders	M55	35.39
117 Mick Hutchins	Sandbach Striders	M40	35.40

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118	Warren Thomas	Trentham RC	M45	35.41
119	Matthew Plant	Trentham RC	M40	35.43
120	Mark Davies	West Cheshire Athletic Club	M40	35.45
121	Callum McGarrie	Chase Harriers	SM	35.47
122	Darren Cottier	Vale Royal AC	M45	35.51
123	Lee Wilkinson	South Cheshire Harriers	M40	35.56
124	David Soles	Buxton AC	M55	35.57
125	Richard Hayes	West Cheshire Athletic Club	M45	36.06
126	James Simpson	South Cheshire Harriers	M45	36.07
127	Richard Lycett	Rugeley Runners	M45	36.08
128	Mark Cresswell	Newcastle Staffs AC	SM	36.12
129	Peter Savill	Shrewsbury AC	M65	36.17
130	Nick Hulme	Trentham RC	M40	36.19
131	Andrew Brownsword	Newcastle Staffs AC	M40	36.21
132	Harry Porter	Boalloy Running Club	M45	36.22
133	Martyn Davies	Newcastle Staffs AC	SM	36.25
134	Mark Hopper	Stone Master Marathoners	SM	36.27
135	Russell Godwin	Colwyn Bay AC	M50	36.28
136	Terry Wall	Boalloy Running Club	M50	36.33
137	Douglas Alcock	Trentham RC	M65	36.38
138	Jared Roberts	Colwyn Bay AC	SM	36.40
139	Liam Duggan	Stafford Harriers	SM	36.46
140	Nick Tomkinson-Hill	Cannock & Stafford AC	M50	36.49
141	Samuel Jones	Lawley Running Club	M40	36.58
142	Andy Pigg	Telford Harriers	M40	37.01
143	Luke Peden	Shrewsbury AC	JM	37.01
144	Malcolm Down	Cannock & Stafford AC	M55	37.03
145	Gary Postins	Sneyd Striders	M45	37.04
146	Jonathan Ranford	Newcastle Staffs AC	M45	37.05
147	Cameron Beardmore	Michelin AC	M45	37.09
148	Martin Pigott	Staffs Moorlands AC	M40	37.11
149	Andy Baines-Davies	Staffs Moorlands AC	M45	37.13
150	Mark Churton	Stone Master Marathoners	M50	37.14
151	Mark Espley	Trentham RC	M40	37.15
152	Mark Pilliner	Vale Royal AC	M50	37.17
153	Andy Lidstone	Buxton AC	M50	37.19
154	Keith Harrison	Sneyd Striders	M55	37.21
155	Michael Dobson	Stafford Harriers	M50	37.22
156	Rob Bond	Staffs Moorlands AC	M45	37.23
157	Justin Green	Stafford Harriers	M45	37.27
158	John Spurrier	South Cheshire Harriers	SM	37.30
159	David Tiernan	West Cheshire Athletic Club	M55	37.33
160	Richard Crump	Stafford Harriers	SM	37.34
161	Stephen Wright	Sandbach Striders	M40	37.38
162	Richard Hall	Newcastle (Staffs) Tri Club	M45	37.40
163	Andrew Allen	Boalloy Running Club	M50	37.41
164	Spencer Holland	Stafford Harriers	M50	37.44
165	Robin Williamson	Stone Master Marathoners	M45	37.47
166	Paul Phillips	Stone Master Marathoners	M45	37.48
167	Shon Jones	Colwyn Bay AC	M50	37.50
168	Ian Wood	Stafford Harriers	M55	37.59
169	Daniel Findlay-Robinson	Stafford Harriers	SM	38.17
170	Jason Jones	Congleton Harriers	M45	38.24
171	Matthew Jackson	Newcastle (Staffs) Tri Club	M45	38.27
172	Carl Williams	Boalloy Running Club	M50	38.28
173	Gavin Wright	Lawley Running Club	M40	38.34
174	Paul Broadhurst	Sneyd Striders	M50	38.35
175	DQ	DQ		38.36
176	Ian Heath	Stafford Harriers	M45	38.42

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177 Tom Mayell	Sandbach Striders	M40	38.44
178 Lee Jones	Trentham RC	M45	38.48
179 Lloyd Fox	Chase Harriers	M40	38.52
180 Ian Thomas Mulligan	Colwyn Bay AC	M50	39.02
181 Rory Willson	West Cheshire Athletic Club	JM	39.05
182 Andrew Maxfield	Mow Cop Runners	M50	39.06
183 John Alcock	Blythe Bridge RC	SM	39.10
184 Victor Bennett	Telford Harriers	M45	39.12
185 Darren Mattocks	Stafford Harriers	M45	39.13
186 Gavin Harrison	Sneyd Striders	M40	39.16
187 David Ratcliffe	Boalloy Running Club	M45	39.18
188 Pedro Havelock	Cannock & Stafford AC	M40	39.19
189 Martin Bailey	Newcastle Staffs AC	M40	39.21
190 Peter Morgan	Newcastle Staffs AC	SM	39.26
191 Antonio Treglia	Stafford Harriers	SM	39.29
192 Alistair Potter	Lawley Running Club	M50	39.32
193 Stuart Cassidy	Newcastle Staffs AC	M45	39.37
194 Corey Matravers	Crewe and Nantwich AC	JM	39.39
195 Rich Keen	Michelin AC	SM	39.45
196 Paul Elton	Blythe Bridge RC	M40	39.47
197 Mark Lear	Telford Harriers	SM	39.50
198 Chris Roberts	Sneyd Striders	M55	39.52
199 Karl Everard	Newcastle Staffs AC	M40	39.55
200 Trevor Payne	Sneyd Striders	M45	39.56
201 Robert Mills	Stoke F.I.T	M40	39.57
202 Sean Lindsey	Newcastle (Staffs) Tri Club	SM	40.01
203 Paul Burslem	Trentham RC	M50	40.02
204 Oscar Trevena	Macclesfield Harriers & AC	SM	40.04
205 Mark Halsey	Buxton AC	M45	40.07
206 Ian Hodgkinson	Stafford Harriers	M45	40.13
207 Paul Adamson	Newcastle (Staffs) Tri Club	M45	40.16
208 Keith Stoneman	Chase Harriers	M65	40.22
209 Geoff Fawkes	Vale Royal AC	M45	40.25
210 Christopher Braycotton	Chase Harriers	M45	40.27
211 Peter Bailey	Buxton AC	M55	40.29
212 Neil Owen	Stoke F.I.T	M40	40.34
213 Will Hughes	Stone Master Marathoners	M50	40.36
214 Chris Wade	Boalloy Running Club	SM	40.36
215 Andrew Growcott	South Cheshire Harriers	SM	40.42
216 Matthew Burley	Trentham RC	SM	40.46
217 Liam Bowden	Mow Cop Runners	SM	40.50
218 Lee Parrish	Michelin AC	M40	40.52
219 Matt Way	Newcastle Staffs AC	SM	40.54
220 Carl Bridgwood	Sneyd Striders	M45	41.00
221 Pab Maddox	Newcastle Staffs AC	M50	41.02
222 John Clarke	Vale Royal AC	M65	41.09
223 Carl Thomas	Blythe Bridge RC	SM	41.19
224 Richard Brown	Macclesfield Harriers & AC	M45	41.22
225 Neal Jones	Colwyn Bay AC	SM	41.24
226 Mark Kelsall	Newcastle Staffs AC	M50	41.31
227 Kevin Davison	Newcastle Staffs AC	SM	41.32
228 Simon Chubb	Newcastle (Staffs) Tri Club	M45	41.32
229 Kevin Uzzell	Stone Master Marathoners	M70	41.37
230 Geoff Kitching	Cannock & Stafford AC	M65	41.44
231 Simon Bebbington	Newcastle (Staffs) Tri Club	M50	41.49
232 Paul Pratt	Rugeley Runners	M50	41.56
233 Tony Mathewson	Market Drayton RC	M55	42.05
234 James T Simpson	Stoke F.I.T	M45	42.11
235 Adrian Frost	Trentham RC	M60	42.13

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236	Nick Budd	Congleton Harriers	M55	42.15
237	Paul Hoban	Trentham RC	M40	42.17
238	Andrew Legomski	Stoke F.I.T	M55	42.22
239	Greg Julian	Trentham RC	M55	42.29
240	Paul Crean	Congleton Harriers	M60	42.46
241	Karl Latham	Trentham RC	SM	42.48
242	Alex Combes	Lawley Running Club	SM	42.51
243	Roger Brereton	Macclesfield Harriers & AC	M45	42.52
244	Mark Oliver	Stafford Harriers	M50	42.54
245	Dom Ryder	Stoke F.I.T	M40	42.55
246	John Barber	Boalloy Running Club	M55	42.58
247	Raymond Wilson	Stoke F.I.T	M60	42.58
248	David Morrey	Cheadle RC	M55	43.11
249	Richard Booth	Stafford Harriers	M45	43.25
250	Mark Platts	Staffs Moorlands AC	M45	43.29
251	Matthew Nadin	Buxton AC	M40	43.31
252	Tim Marsh	Macclesfield Harriers & AC	M45	43.32
253	Mark Dean	Chase Harriers	M55	43.32
254	Steve Richardson	Market Drayton RC	M45	43.50
255	James Ibbs	Newcastle Staffs AC	M40	43.52
256	David Nimmo	South Cheshire Harriers	SM	43.56
257	Walter Mosiuk	Trentham RC	M60	44.04
258	Kevin Sumner	Sneyd Striders	M60	44.15
259	Roy Cochran Patel	Congleton Harriers	M40	44.17
260	Mark Ridout	Michelin AC	SM	44.21
261	Garry Leask	Sneyd Striders	M45	44.34
262	Alex Shingler	Newcastle Staffs AC	SM	45.02
263	Nick Mort	Vale Royal AC	M55	45.14
264	Michael Gaye	Blythe Bridge RC	SM	45.45
265	Sukhraj Singh Bal	Rugeley Runners	SM	45.53
266	Andrew Addis	Mow Cop Runners	M60	46.17
267	Mark White	Stafford Harriers	M45	47.03
268	Mark Burrows	Stafford Harriers	M45	47.12
269	Edwin Smith	Stafford Harriers	M65	47.13
270	Kenny Johnson	Michelin AC	M60	47.33
271	Rob Bailey	Macclesfield Harriers & AC	M50	47.43
272	Michael Allsopp	Market Drayton RC	M50	47.48
273	Neil Eisenhauer	Stafford Harriers	M45	48.12
274	Chris Moreton	Stoke F.I.T	M45	48.15
275	Nigel Tatton	Telford AC	M50	48.24
276	Andrew Mills	Mow Cop Runners	M50	48.29
277	Gary Jones	Michelin AC	M50	49.18
278	Jonathan Wyborn	Congleton Harriers	SM	49.28
279	James Tutton	Stoke F.I.T	SM	49.47
280	David Taylor	Rugeley Runners	M50	51.55
281	Steven Millward	Cheadle RC	M45	52.56
282	James Young	Stoke F.I.T	M45	53.32
283	Chris Roberts	Newcastle Staffs AC	M45	54.19
284	Steve Burnham	Chase Harriers	M65	55.30
285	Neil Edwards	Wrexham AAC	M40	57.06
286	Mike Hearson	Newcastle (Staffs) Tri Club	M40	58.04
287	Stephen Woodward	Stoke F.I.T	M55	58.52
288	Robert Findler	Newcastle (Staffs) Tri Club	M55	64.19
289	Bryan Dale	Stafford Harriers	M75	68.03
290	Jim Griffith	Chase Harriers	M70	70.01

Senior Men Division 1  
(6 counters)

1	City of Stoke AC	74
2	Newcastle (Staffs) AC	201
3	Boalloy RC	211

NSCCL at Knights Grange, Winsford on Saturday 28 September 2019

4 Macclesfield Harriers	231
5 Shrewsbury AC	327
6 Stone MM	513
7 Newcastle(Staffs) Tri	612
8 Trentham RC	617
9 Buxton AC	645
10 South Cheshire Harriers	990

Senior Men Division 1  
(4 counters)

1 Vale Royal AC	64
2 Telford AC	165
3 West Cheshire AC	176
4 Telford Harriers	254
5 Congleton Harriers	274
6 Rugeley Runners	281
7 Staffordshire Moorlands AC	360
8 Sandbach Striders	400
9 Lawley RC	458
10 Stafford Harriers	462
11 Cheadle RC	526
12 Colwyn Bay AC	540
13 Chase Harriers	602
14 Sneyd Striders	659
15 Cannock & Stafford AC	702
16 Michelin AC	820
17 Blythe Bridge RC	866
18 Stoke FIT	885
19 Mow Cop Runners	941