

Total Scores

Position	Team	Points
1	Canock & Stafford AC	370
2	Abingdon AC	368.5
3	Birmingham R & TC	338.5
4	Rugby & Northampton AC	324
5	City of Stoke AC	266
6	Halesowen A & CC	251
7	0	0
7	0	0

Mens Scores

Position	Team	Points
1	Birmingham R & TC	214
2	Rugby & Northampton AC	163
3	Abingdon AC	162
4	Canock & Stafford AC	158
5	Halesowen A & CC	134
6	City of Stoke AC	121
0	0	0
0	0	0

Womens Scores

Position	Team	Points
1	Canock & Stafford AC	197
2	Abingdon AC	191.5
3	Rugby & Northampton AC	146
4	City of Stoke AC	130
5	Halesowen A & CC	112
6	Birmingham R & TC	109.5
0	0	0
0	0	0

Officials Points

Team Name	Points
Canock & Stafford AC	15
Abingdon AC	15
Birmingham R & TC	15
Rugby & Northampton AC	15
City of Stoke AC	15
Halesowen A & CC	5
0	
0	

Match Position after 37 Events

Men 100m (A string)**Wind Speed = -1 m/s**

Posn	Name	Club	Perf	Pts
1	Zack Smith	Abingdon AC	11.2	9
2	Ishmail Anderson	City of Stoke AC	11.2	7
3	Clinton Osoba George	Rugby & Northampt	11.5	6
4	Isaac Lewis	Canock & Stafford A	11.7	5
5	James Colclough	Birmingham R & TC	12.3	4
6	Thomas Parker	Halesowen A & CC	12.5	3

Men 100m (B string)**Wind Speed = -2.7 m/s**

Posn	Name	Club	Perf	Pts
1	Loick Bazzi	Abingdon AC	11.5	7
2	Connor Eastlake	City of Stoke AC	11.7	5
3	Giorgio Saroli	Rugby & Northampt	12.0	4
4	Alasdair Rigby	Canock & Stafford A	12.1	3
5	Carwyn Jones	Birmingham R & TC	13.2	2
6	Kieran Wynter	Halesowen A & CC	13.3	1

Men 200m (A string)**Wind Speed = -0.8 m/s**

Posn	Name	Club	Perf	Pts
1	Zack Smith	Abingdon AC	23.0	9
2	Danny George	Rugby & Northampt	23.2	7
3	Connor Eastlake	City of Stoke AC	23.6	6
4	Samuel Parr	Canock & Stafford A	23.8	5
5	Prince Aye	Birmingham R & TC	24.2	4
6	Thomas Parker	Halesowen A & CC	24.8	3

Men 200m (B string)**Wind Speed = 0.6 m/s**

Posn	Name	Club	Perf	Pts
1	Paul Sackey	City of Stoke AC	23.0	7
2	Loick Bazzi	Abingdon AC	23.6	5
3	Ross Goode	Canock & Stafford A	24.6	4
4	Igor Huszak	Birmingham R & TC	25.2	3
5	Charles Barker	Rugby & Northampt	25.9	2
6	Kieran Wynter	Halesowen A & CC	27.2	1

Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Mario Juez	Birmingham R & TC	51.3	9
2	Oliver Dodd	Halesowen A & CC	51.6	7
3	Joshua Richards	Canock & Stafford A	52.7	6
4	William Price	Rugby & Northampt	52.9	5
5	Seamus Derbyshire	City of Stoke AC	53.9	4
6	Jack Gavin	Abingdon AC	55.3	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Samuel Parr	Canock & Stafford A	53.1	7
2	James Colclough	Birmingham R & TC	53.4	5
3	Kieran Lee	City of Stoke AC	53.7	4
4	Ewan Roberts	Rugby & Northampt	54.5	3
5	James Hoult	Halesowen A & CC	54.8	2
6	Benjamin Davys	Abingdon AC	55.2	1

Men 110m H (A string)**Wind Speed = -0.9 m/s**

Posn	Name	Club	Perf	Pts
1	Prince Ayeh	Birmingham R & TC	16.0	9
2	Alasdair Rigby	Canock & Stafford A	16.1	7
3	Oliver Dodd	Halesowen A & CC	16.7	6
4	Charles Barker	Rugby & Northampt	21.8	5
5	Pete Stepney	Abingdon AC	22.1	4

Men 110m H (B string)**Wind Speed = 0 m/s**

Posn	Name	Club	Perf	Pts
1	Alexander Clegg	Birmingham R & TC	16.9	7
2	Thomas Saunders	Rugby & Northampt	dq	0

Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Seamus Derbyshire	City of Stoke AC	51.9	9
2	Oliver Dodd	Halesowen A & CC	56.3	7
3	Alasdair Rigby	Canock & Stafford A	59.0	6
4	Jack Gavin	Abingdon AC	61.0	5
5	Prince Ayeh	Birmingham R & TC	61.4	4
6	Charles Barker	Rugby & Northampt	63.6	3

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Thomas Saunders	Rugby & Northampt	63.5	7
2	John Stolberg	Birmingham R & TC	64.1	5
3	Peter Dear	Halesowen A & CC	65.6	4
4	Ryan Ashforth	Canock & Stafford A	72.1	3
5	Pete Stepney	Abingdon AC	72.4	2

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Mario Juez	Birmingham R & TC	1:57.1	9
2	Casey Maddock	City of Stoke AC	1:58.3	7
3	Thomas Fabes	Abingdon AC	2:04.4	6

4	Finn Hutton	Rugby & Northampt	2:04.6	5
5	Mark Turner	Halesowen A & CC	2:05.1	4
6	Ryan Ashforth	Canock & Stafford A	2:07.9	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Alex Mayne	City of Stoke AC	2:01.8	7
2	Henry Brocklehurst	Birmingham R & TC	2:02.2	5
3	James Hoult	Halesowen A & CC	2:05.0	4
4	Cian Hutton	Rugby & Northampt	2:09.4	3
5	Paul Hughes	Abingdon AC	2:24.1	2

Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Casey Maddock	City of Stoke AC	4:11.5	9
2	Henry Brocklehurst	Birmingham R & TC	4:20.4	7
3	Thomas Fabes	Abingdon AC	4:21.7	6
4	Joseph Childs	Rugby & Northampt	4:23.3	5
5	Daniel Cleary	Halesowen A & CC	4:24.5	4
6	Tim Kelly	Canock & Stafford A	4:36.2	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	James Condlyffe	City of Stoke AC	4:19.9	7
2	Harrison Read	Abingdon AC	4:24.0	5
3	Abayomi Adedimeji	Birmingham R & TC	4:29.6	4
4	Peter Dear	Halesowen A & CC	4:39.5	3
5	Ryan Ashforth	Canock & Stafford A	4:42.5	2
6	Daniel Williams	Rugby & Northampt	4:43.3	1

Men 5000m (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Robinson	Birmingham R & TC	15:59.9	9
2	Dean Richardson	City of Stoke AC	16:16.8	7
3	Richard Latimer	Rugby & Northampt	16:19.4	6
4	Paul Hughes	Abingdon AC	17:01.6	5
5	Craig Pearson	Canock & Stafford A	17:40.0	4
6	David Lewis	Halesowen A & CC	18:43.2	3

Men 5000m (B string)

Posn	Name	Club	Perf	Pts
1	Martin Matthews	Birmingham R & TC	16:29.7	7
2	Carl Platt	City of Stoke AC	16:36.2	5
3	Ben Musgrove	Rugby & Northampt	16:56.5	4
4	Harrison Read	Abingdon AC	17:05.5	3
5	Daniel Cleary	Halesowen A & CC	19:43.5	2

6	Darrell Wilde	Canock & Stafford A	21:54.0	1
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Men 2000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Harrison Read	Abingdon AC	6:58.7	9
2	Daniel Williams	Rugby & Northampt	7:15.0	7
3	Will Mansfield	City of Stoke AC	8:29.9	6
4	Martin Ludford	Birmingham R & TC	8:36.8	5
5	James Lediard	Halesowen A & CC	8:45.3	4

Men 2000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Jack Miller	Abingdon AC	7:21.6	7
2	Richard Carney	Birmingham R & TC	10:55.6	5

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Alexander Clegg	Birmingham R & TC	5.90	9
2	Connor Dadge	Rugby & Northampt	5.61	7
3	Isaac Lewis	Canock & Stafford A	5.59	6
4	Oliver Dodd	Halesowen A & CC	5.57	5
5	Jack Gavin	Abingdon AC	4.98	4
6	Seamus Derbyshire	City of Stoke AC	4.37	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Joshua Richards	Canock & Stafford A	5.29	7
2	Carwyn Jones	Birmingham R & TC	4.93	5
3	Zack Smith	Abingdon AC	4.87	4
4	Lee Wright	Halesowen A & CC	4.66	3

Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Sam Hadley	Halesowen A & CC	12.95	9
2	Prince Ayeh	Birmingham R & TC	11.88	7
3	Thomas Saunders	Rugby & Northampt	11.49	6
4	Benjamin Davys	Abingdon AC	11.03	5
5	Joshua Richards	Canock & Stafford A	10.58	4
6	James Condlyffe	City of Stoke AC	9.43	3

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Oliver Dodd	Halesowen A & CC	11.24	7
2	John Stolberg	Birmingham R & TC	11.17	5

3	Pete Stepney	Abingdon AC	9.61	4
4	Samuel Parr	Canock & Stafford A	9.37	3

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Daniel Fitzhenry	Canock & Stafford A	1.85	9
2	Alexander Clegg	Birmingham R & TC	1.75	7
3	Oliver Dodd	Halesowen A & CC	1.70	6
4	Giorgio Saroli	Rugby & Northampt	1.55	5
5	Malte Wilhelmsson	Abingdon AC	1.50	4

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Alasdair Rigby	Canock & Stafford A	1.80	7
2	Carwyn Jones	Birmingham R & TC	1.65	5
3	Charles Barker	Rugby & Northampt	1.50	4
4	Taimaru Kimber-Bidlot	Abingdon AC	1.50	3

Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Alexander Clegg	Birmingham R & TC	3.40	9
2	Jak Carpenter	Canock & Stafford A	3.00	7
3	Lee Woodward	Rugby & Northampt	2.50	6
4	Pete Stepney	Abingdon AC	2.50	5

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Prince Ayeh	Birmingham R & TC	3.00	7
2	Alasdair Rigby	Canock & Stafford A	2.50	5
3	Marc Juffkins	Abingdon AC	2.40	4
4	Ian Gidley	Rugby & Northampt	2.30	3

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Jak Carpenter	Canock & Stafford A	13.31	9
2	Jonathan Briggs	Birmingham R & TC	13.23	7
3	John Moreland	Rugby & Northampt	10.07	6
4	Lee Wright	Halesowen A & CC	9.64	5
5	Steve Pomeroy	Abingdon AC	9.63	4
6	Paul Sackey	City of Stoke AC	9.19	3

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Kevin Murch	Rugby & Northampt	9.18	7

2	Jack Vickery	Birmingham R & TC	7.91	5
3	Martin Roberts	Canock & Stafford A	7.64	4
4	David Turvey	Halesowen A & CC	6.65	3
5	Loick Bazzi	Abingdon AC	6.16	2

Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Jak Carpenter	Canock & Stafford A	37.13	9
2	Morris Fox	City of Stoke AC	36.9	7
3	John Moreland	Rugby & Northampt	36.07	6
4	Lee Wright	Halesowen A & CC	30.06	5
5	Steve Pomeroy	Abingdon AC	28.17	4
6	Jonathan Briggs	Birmingham R & TC	25.57	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Sam Chance	Halesowen A & CC	29.14	7
2	Marc Juffkins	Abingdon AC	25.42	5
3	Martin Roberts	Canock & Stafford A	23.39	4
4	Kevin Murch	Rugby & Northampt	22.63	3
5	Jack Vickery	Birmingham R & TC	21.10	2

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Craig Murch	Rugby & Northampt	65.02	9
2	Jonathan Briggs	Birmingham R & TC	40.41	7
3	Martin Roberts	Canock & Stafford A	38.30	6
4	Steve Pomeroy	Abingdon AC	32.46	5
5	David Turvey	Halesowen A & CC	14.20	4

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Jack Vickery	Birmingham R & TC	34.62	7
2	John Moreland	Rugby & Northampt	32.81	5
3	Marc Juffkins	Abingdon AC	17.86	4
4	Michael Deakin	Halesowen A & CC	14.14	3
5	Shaun Ainge	Canock & Stafford A	11.90	2

Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Kevin Murch	Rugby & Northampt	50.05	9
2	Alexander Clegg	Birmingham R & TC	48.68	7
3	Sam Chance	Halesowen A & CC	45.33	6
4	Jak Carpenter	Canock & Stafford A	43.75	5
5	Thomas Fabes	Abingdon AC	39.10	4

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Fenton Bishop-Timings	Rugby & Northampt	47.70	7
2	Igor Huszak	Birmingham R & TC	44.21	5
3	Lee Wright	Halesowen A & CC	38.77	4
4	Steve Pomeroy	Abingdon AC	30.16	3
5	Ryan Ashforth	Canock & Stafford A	25.15	2

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		City of Stoke AC	45.1	9
2		Abingdon AC	47.6	7
3		Canock & Stafford A	48.2	6
4		Birmingham R & TC	49.9	5
5		Halesowen A & CC	50.6	4
6		Rugby & Northampt	dq	0

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Birmingham R & TC	3:33.8	9
2		Rugby & Northampt	3:34.1	7
3		City of Stoke AC	3:38.3	6
4		Halesowen A & CC	3:41.8	5
5		Canock & Stafford A	3:43.3	4
6		Abingdon AC	3:57.7	3

Women 100m (A string)**Wind Speed = -1.3 m/s**

Posn	Name	Club	Perf	Pts
1	Tiffany Cox	Abingdon AC	12.3	9
2	Amy Pye	Canock & Stafford A	12.3	7
3	Ellena Ruddock	Rugby & Northampt	12.5	6
4	Heidi Jackson	City of Stoke AC	12.6	5
5	Petra Bediako	Birmingham R & TC	12.9	4
6	Jade Lediard	Halesowen A & CC	14.0	3

Women 100m (B string)**Wind Speed = -1.7 m/s**

Posn	Name	Club	Perf	Pts
1	Scarlett Herold	Abingdon AC	12.6	7
2	Olivia Walker	Canock & Stafford A	12.6	5
3	Naomi Johnson	Birmingham R & TC	13.3	4
4	Madison Wells	Rugby & Northampt	13.9	3
5	Megan Shields	City of Stoke AC	14.4	2

Women 200m (A string)**Wind Speed = -1.8 m/s**

Posn	Name	Club	Perf	Pts
1	Heidi Jackson	City of Stoke AC	25.9	9
2	Ellena Ruddock	Rugby & Northampt	26.1	7
3	Tiffany Cox	Abingdon AC	26.4	6
4	Petra Bediako	Birmingham R & TC	27.1	5
5	Charlie Peters	Canock & Stafford A	27.1	4
6	Simone Jones	Halesowen A & CC	32.5	3

Women 200m (B string)**Wind Speed = 2 m/s**

Posn	Name	Club	Perf	Pts
1	Naomi Johnson	Birmingham R & TC	26.4	7
2	Chloe Lindop	Canock & Stafford A	27.1	5
3	Charlotte Salt	Abingdon AC	27.9	4
4	Madison Wells	Rugby & Northampt	28.9	3
5	Camille Hargreaves	City of Stoke AC	29.7	2
6	Liz Hawker	Halesowen A & CC	37.9	1

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Natalie Ainge	Canock & Stafford A	57.1	9
2	Katrina Simpson	Halesowen A & CC	58.2	7
3	Shelley Brace	City of Stoke AC	63.4	6
4	Charlotte Salt	Abingdon AC	66.5	5
5	Emily Cooper	Rugby & Northampt	67.8	4
6	Claire Keene	Birmingham R & TC	75.4	3

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Chloe Wilde	Canock & Stafford A	61.0	7
2	Lottie Siddle	Abingdon AC	62.8	5
3	Niamh Nolan	City of Stoke AC	64.8	4
4	Parisse Linton-Shaw	Rugby & Northampt	67.3	3
5	Katrina Walker	Birmingham R & TC	74.7	2
6	Simone Jones	Halesowen A & CC	78.6	1

Women 100m H (A string)**Wind Speed = -1.5 m/s**

Posn	Name	Club	Perf	Pts
1	Amy Pye	Canock & Stafford A	14.5	9
2	Kirstine Thirup Fahl	Abingdon AC	18.2	7
3	Katrina Walker	Birmingham R & TC	19.4	6

Women 100m H (B string)**Wind Speed = -1.5 m/s**

Posn	Name	Club	Perf	Pts
1	Olivia Walker	Canock & Stafford A	14.7	7
2	Rebecca Jones	Birmingham R & TC	19.7	5
3	Stef Bazylkiewicz	Abingdon AC	24.1	4

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Natalie Ainge	Canock & Stafford A	62.4	9
2	Lily Higgins	Halesowen A & CC	72.2	7
3	Kirstine Thirup Fahl	Abingdon AC	75.0	6
4	Lauren Nash	Rugby & Northampt	75.2	5
5	Katrina Walker	Birmingham R & TC	82.1	4

Women 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Chloe Wilde	Canock & Stafford A	66.3	7
2	Melanie Hepke	Halesowen A & CC	92.4	5
3	Stef Bazylikiewicz	Abingdon AC	2:03.40	4

Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Katrina Simpson	Halesowen A & CC	2:14.4	9
2	Lottie Siddle	Abingdon AC	2:22.8	7
3	Amy Walker	Rugby & Northampt	2:24.5	6
4	Iris Davies	Canock & Stafford A	2:25.3	5
5	Shelley Brace	City of Stoke AC	2:28.6	4
6	Claire Keene	Birmingham R & TC	2:59.3	3

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Holly Dykes	City of Stoke AC	2:28.3	7
2	Beth Darwent	Abingdon AC	2:31.0	5
3	Rebecca Brown	Canock & Stafford A	2:31.1	4
4	Gemma Knight	Rugby & Northampt	2:46.3	3
5	Simone Jones	Halesowen A & CC	2:54.5	2
6	Helen Pike	Birmingham R & TC	3:05.4	1

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Katie Holt	City of Stoke AC	4:43.2	9
2	Allegra Soutar	Canock & Stafford A	5:00.6	7
3	Lily Higgins	Halesowen A & CC	5:02.2	6
4	Mieke Bedlington	Abingdon AC	5:10.9	5
5	Daisy Wilson	Birmingham R & TC	5:33.5	4
6	Rhea Ellen Cooper	Rugby & Northampt	5:34.5	3

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
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1	Sarah Lovewell	City of Stoke AC	4:56.9	7
2	Izzie Jones	Abingdon AC	5:27.0	5
3	Giorgia Chattwood	Canock & Stafford A	5:30.4	4
4	Olivia Sheehan	Rugby & Northampt	5:41.4	3
5	Melanie Hepke	Halesowen A & CC	5:47.0	2
6	Helen Pike	Birmingham R & TC	6:14.2	1

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Katie Holt	City of Stoke AC	9:47.7	9
2	Abigail Saker	Halesowen A & CC	10:58.3	7
3	Giorgia Chattwood	Canock & Stafford A	11:11.10	6
4	Lorna Latimer	Rugby & Northampt	11:25.3	5
5	Chloe Ridewood	Abingdon AC	11:43.8	4
6	Daisy Wilson	Birmingham R & TC	12:05.0	3

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Sarah Lovewell	City of Stoke AC	10:06.5	7
2	Sarah Davis	Rugby & Northampt	11:54.3	5
3	Katharine Harris	Abingdon AC	11:57.5	4
4	Helen Pike	Birmingham R & TC	12:31.8	3
5	Liz Hawker	Halesowen A & CC	13:54.2	2

Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Jessica Leek	Canock & Stafford A	5.53	9
2	Heidi Jarosinski	Halesowen A & CC	5.15	7
3	Fiona Bristow	Abingdon AC	5.03	6
4	Megan Shields	City of Stoke AC	4.76	5
5	Katrina Walker	Birmingham R & TC	3.84	4
6	Efthymia Katsogianni	Rugby & Northampt	3.56	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Tiffany Cox	Abingdon AC	4.99	7
2	Charlie Peters	Canock & Stafford A	4.86	5
3	Niamh Nolan	City of Stoke AC	4.36	4
4	Rebecca Jones	Birmingham R & TC	3.79	3

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Heidi Jarosinski	Halesowen A & CC	10.57	9
2	Chloe Boulter	Canock & Stafford A	10.02	7
3	Natasha Futter	City of Stoke AC	9.16	6
4	Charlotte Salt	Abingdon AC	8.78	5

5	Katrina Walker	Birmingham R & TC	8.55	4
6	Gemma Knight	Rugby & Northampt	7.25	3

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Natalie Ainge	Canock & Stafford	9.68	7
2	Camille Hargreaves	City of Stoke AC	7.96	5
3		Birmingham R & TC	7.68	4
4	Efthymia Katsogianni	Rugby & Northampt	7.16	3

Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Chloe Boulter	Canock & Stafford	1.60	9
2	Eloise Nowill	Rugby & Northampt	1.50	7
3	Kirstine Thirup Fahl	Abingdon AC	1.50	6
4	Rebecca Jones	Birmingham R & TC	1.35	5

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Thando Hart	Canock & Stafford	1.50	7
2	Emma Peel	Rugby & Northampt	1.45	5
3	Katherine Mitchell	Abingdon AC	1.30	4

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Amelia Birkett	Rugby & Northampt	3.00	9
2	Cara Brown	Canock & Stafford	2.30	7
3	Melanie Hepke	Halesowen A & CC	2.20	6
4=	Carine Muir	Abingdon AC	2.10	4.5
4=	Katrina Walker	Birmingham R & TC	2.10	4.5

Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Fatima Jammeh Kinteh	Abingdon AC	10.6	9
2	Hayley Murray	Rugby & Northampt	9.7	7
3	Rebecca Jones	Birmingham R & TC	6.9	6
4	Natalie Ainge	Canock & Stafford	6.86	5
5	Melanie Hepke	Halesowen A & CC	6.06	4
6	Camille Hargreaves	City of Stoke AC	5.74	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Katherine Mitchell	Abingdon AC	9.37	7
2	Lily Pursey	Rugby & Northampt	9.14	5

3	Chloe Boulter	Canock & Stafford A	6.73	4
4	Julie Bellfield	Halesowen A & CC	5.78	3
5	Amanda Pye	Birmingham R & TC	5.44	2
6	Natasha Futter	City of Stoke AC	5.39	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Fatima Jammeh Kinteh	Abingdon AC	28.45	9
2	Lily Pursey	Rugby & Northampt	27.48	7
3	rhianne Moore-Martin	City of Stoke AC	22.71	6
4	Amanda Pye	Birmingham R & TC	19.94	5
5	Natalie Ainge	Canock & Stafford A	18.27	4
6	Lynn Bellfield	Halesowen A & CC	16.71	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Katherine Mitchell	Abingdon AC	25.46	7
2	Claire Keene	Birmingham R & TC	18.58	5
3	Hayley Murray	Rugby & Northampt	17.35	4
4	Chloe Lindop	Canock & Stafford A	17.02	3
5	Eliza Rose	Halesowen A & CC	14.36	2

Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Hayley Murray	Rugby & Northampt	59.10	9
2	Rhianne Moore-Martin	City of Stoke AC	39.44	7
3	Fatima Jammeh Kinteh	Abingdon AC	30.20	6
4	Jade Lediard	Halesowen A & CC	19.65	5
5	Chloe Boulter	Canock & Stafford A	15.23	4
6	Rebecca Jones	Birmingham R & TC	13.57	3

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Debbie Murch	Rugby & Northampt	33.05	7
2	Katherine Mitchell	Abingdon AC	17.53	5
3	Julie Bellfield	Halesowen A & CC	11.71	4
4	Cara Brown	Canock & Stafford A	11.62	3
5	Hannah Ludford	Birmingham R & TC	7.06	2

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Fatima Jammeh Kinteh	Abingdon AC	35.97	9
2	Efthymia Katsogianni	Rugby & Northampt	27.48	7
3	Millie Peters	Canock & Stafford A	26.46	6
4	Kloe Piper	City of Stoke AC	21.32	5
5	Jade Lediard	Halesowen A & CC	12.98	4

6	Rebecca Jones	Birmingham R & TC	10.65	3
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Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Katherine Mitchell	Abingdon AC	30.70	7
2	rhianne Moore-Martin	City of Stoke AC	18.89	5
3	Chloe Boulter	Canock & Stafford A	17.07	4
4	Debbie Murch	Rugby & Northampt	15.64	3
5	Lynn Bellfield	Halesowen A & CC	8.45	2
6	Hannah Ludford	Birmingham R & TC	8.07	1

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Canock & Stafford A	49.6	9
2		Abingdon AC	50.8	7
3		Rugby & Northampt	52.3	6
4		City of Stoke AC	53.6	5
5		Halesowen A & CC	55.1	4
6		Birmingham R & TC	65.8	3

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Canock & Stafford A	4:16.0	9
2		City of Stoke AC	4:23.6	7
3		Abingdon AC	4:27.8	6
4		Rugby & Northampt	4:29.1	5
5		Halesowen A & CC	4:46.5	4

Hammer Men (Guest Event)

Posn	Name	Club	Perf
1	Kevin Murch	Rugby and Northam	33.08

800 W (Guest Event)

Posn	Name	Club	Perf
1	Thando Hart	Canock and Staffo	2:27.0

800 M B (Guest Event)

Posn	Name	Club	Perf
1	Will Mansfield	Stoke	2:15.0

200 W (Guest Event)

Posn	Name	Club	Perf
1	Leam Aldred	Canock and Staffo	28.1

2	Fiona Bristow	Abingdon	28.0
3	Cara Brown	Cannock and Staffo	29.4

100 W (Guest Event)**Wind Speed = -1.7 m/s**

Posn	Name	Club	Perf
1	Fiona Bristow	Abingdon	13.5

100 M (Guest Event)**Wind Speed = -0.3 m/s**

Posn	Name	Club	Perf
1	Paul Sackey	Stoke	11.4
2	Ross Goode	Cannock and Staffo	12.0
3	Kiern Lee	Stoke	12.2
4	Malte Wilhelmsson	Abingdon	12.3
5	Igor Huszak	BRAT	12.6
6	Taimaru Kimber-Bidlot	Abingdon	13.2

5000 M (Guest Event)

Posn	Name	Club	Perf
1	Steve Dunsby	BRAT	16:59.6
2	Abayomi Adedimiji	BRAT	17:35.6
3	James Parker	Halesowen	20:03.0