

MIDLAND TRACK AND FIELD LEAGUE 2013 RESULTS

10-Aug-13

Division 3 Match 4

Venue: Newport

Total Scores

Position	Team	Points
1	Newport Harriers	398
2	Coventry Godiva H	367
3	Cannock & Stafford	310
4	Telford	309
5	Corby AC	200
6	Tamworth AC 'A'	157

Mens Scores

Position	Team	Points
1	Telford	207
2	Coventry Godiva H	203
3	Newport Harriers	202
4	Cannock & Stafford	145
5	Corby AC	96
6	Tamworth AC 'A'	63

Womens Scores

Position	Team	Points
1	Newport Harriers	181
2	Cannock & Stafford	150
3	Coventry Godiva H	149
4	Corby AC	99
4	Tamworth AC 'A'	99
6	Telford	92

Officials Points

Team Name	Points
Newport Harriers	15
Coventry Godiva H	15
Cannock & Stafford	15
Telford	10
Corby AC	5
Tamworth AC 'A'	-5

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Men 100m (A string)

Posn	Name	Club	Perf	Pts
1	Tobi Ogundipe	Telford	11.0	9
2	Sean Taylor	Corby AC	11.2	7
3	miles richardson	Tamworth AC 'A'	11.2	6
4	Ak Esiekpe	Coventry Godiva H	11.5	5
5	James Morgan	Newport Harriers	11.9	4
6	david underwood	Cannock & Stafford	12.4	3

Men 100m (B string)

Posn	Name	Club	Perf	Pts
1	Santino Dummett	Telford	11.1	7
2	Adian Twomey	Coventry Godiva H	11.6	5
3	Jack Whitworth	Corby AC	11.7	4
4	anthony parker	Tamworth AC 'A'	11.9	3
5	Tyler Williams	Newport Harriers	12.2	2
6	jak carpenter	Cannock & Stafford	12.5	1

Men 200m (A string)

Posn	Name	Club	Perf	Pts
1	Carl McEwan	Newport Harriers	22.8	9
2	Sean Taylor	Corby AC	22.9	7
3	myles richardson	Tamworth AC 'A'	23.2	6
4	Hassan Hassan	Coventry Godiva H	23.5	5
5	Richard Rubenis	Telford	24.09	4
6	david underwood	Cannock & Stafford	24.6	3

Men 200m (B string)

Posn	Name	Club	Perf	Pts
1	anthony parker	Tamworth AC 'A'	23.3	7
2	Michael Dickens	Telford	23.5	5
3	James Morgan	Newport Harriers	23.6	4
4	Jordan Spence	Corby AC	23.7	3
5	Mohammad Sugian	Coventry Godiva H	24.7	2
6	steven thompson	Cannock & Stafford	25.7	1

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Men 400m (A string)

Posn	Name	Club	Perf	Pts
1	Stuart Marshall	Coventry Godiva H	49.7	9
2	anthony parkers	Tamworth AC 'A'	51.3	7
3	Carl McEwan	Newport Harriers	51.5	6
4	Edward Dawes	Telford	52.2	5
5	Scott McIntyre	Corby AC	52.3	4
6	jordan lefevre	Cannock & Stafford	52.6	3

Men 400m (B string)

Posn	Name	Club	Perf	Pts
1	Myles Lynch	Coventry Godiva H	52.7	7
2	David Edwards	Telford	52.9	5
3	david underwood	Cannock & Stafford	54.4	4
4	Ed Lantz	Newport Harriers	54.4	3

Men 110m H (A string)

Posn	Name	Club	Perf	Pts
1	Malcolm Dawes	Telford	16.4	9
2	Nathan Petch	Coventry Godiva H	18.5	7
3	Ben McEwan	Newport Harriers	19.3	6
4	adam smith	Cannock & Stafford	22.1	5

Men 110m H (B string)

Posn	Name	Club	Perf	Pts
1	Ian Moody	Telford	19.9	7
2	shaun ainge	Cannock & Stafford	24.5	5
3	Martin Davies	Newport Harriers	29.8	4

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Men 400m H (A string)

Posn	Name	Club	Perf	Pts
1	Ben McEwan	Newport Harriers	60.2	9
2	adam smith	Cannock & Stafford	63.7	7
3	Stuart Baird	Coventry Godiva H	70.5	6
4	Edward Dawes	Telford	DQ	0

Men 400m H (B string)

Posn	Name	Club	Perf	Pts
1	Malcolm Dawes	Telford	61.3	7
2	Nathan Petch	Coventry Godiva H	62.5	5
3	Martin Davies	Newport Harriers	94.7	4
4	steven thompson	Cannock & Stafford	DQ	0

Men 800m (A string)

Posn	Name	Club	Perf	Pts
1	Curtis Goodger	Newport Harriers	1.57.1	9
2	Alex Burrows	Telford	1.59.9	7
3	aaron brown	Cannock & Stafford	2.01.4	6
4	Clark Roberts	Coventry Godiva H	2.07.1	5
5	tom ainsworth	Tamworth AC 'A'	2.03.9	4
6	Scott McIntyre	Corby AC	2.05.9	3

Men 800m (B string)

Posn	Name	Club	Perf	Pts
1	Jack Villette	Coventry Godiva H	2.04.9	7
2	james lake	Cannock & Stafford	2.06.4	5
3	Sam Furey	Corby AC	2.06.8	4
4	Matthew Giles	Telford	2.11.2	3
5	Gareth Knight	Newport Harriers	2.22.4	2
6	Matthew James	Tamworth AC 'A'	2.35.7	1

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Men 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Elliot Hardee	Newport Harriers	4.08.6	9
2	Jeremy Barnes	Coventry Godiva H	4.10.3	7
3	Alex Burrows	Telford	4.20.6	6
4	aaron brown	Cannock & Stafford	4.24.00	5
5	Josh Coles	Corby AC	4.54.6	4
6	tom orton	Tamworth AC 'A'	5.02.00	3

Men 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Dan Villette	Coventry Godiva H	4.24.8	7
2	james lake	Cannock & Stafford	4.35.7	5
3	Russell Adams	Telford	4.42.4	4
4	Malcolm Medhurst	Newport Harriers	5.06.3	3
5	Matthew James	Tamworth AC 'A'	5.45.2	2

Men 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Dan Clark	Coventry Godiva H	8.53.3	9
2	Paul Ward	Telford	9.12.6	7
3	craig pearson	Cannock & Stafford	9.49.2	6
4	Emrys Penny	Newport Harriers	10.01.8	5
5	Neal Humphreys	Corby AC	10.24.8	4
6	tom orton	Tamworth AC 'A'	11.02.1	3

Men 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Ryan Heath	Telford	9.28.4	7
2	Iwan Jones	Coventry Godiva H	9.41.2	5
3	Gareth Knight	Newport Harriers	12.37.9	4
4	shaun ainge	Cannock & Stafford	13.09.2	3

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Men 3000m s/c (A string)

Posn	Name	Club	Perf	Pts
1	Stuart Baird	Coventry Godiva H	10.33.7	9
2	Russell Adams	Telford	10.44.8	7
3	adam smith	Cannock & Stafford	11.38.8	6
4	Jacob Zennadi	Newport Harriers	11.48.2	5
5	tom orton	Tamworth AC 'A'	12.04.3	4

Men 3000m s/c (B string)

Posn	Name	Club	Perf	Pts
1	Ashley Slater	Telford	11.24.5	7
2	Mike Peters	Coventry Godiva H	12.03.0	5

Men Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Luke Prior	Coventry Godiva H	6.39	9
2	Tomas Morgan	Newport Harriers	6.23	7
3	Richard Rubenis	Telford	5.67	6
4	steven thompson	Cannock & Stafford	5.10	5
5	tom ainsworth	Tamworth AC 'A'	5.08	4
6	Jordan Spence	Corby AC	4.50	3

Men Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	Kyle Arnold	Newport Harriers	6.22	7
2	Nathan Petch	Coventry Godiva H	6.05	5
3	Kyle Gladwin	Telford	5.29	4
4	david underwood	Cannock & Stafford	4.60	3
5	David Blakeston	Corby AC	4.26	2

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Men Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Nathan Petch	Coventry Godiva H	11.84	9
2	Kyle Gladwin	Telford	11.60	7
3	Kyle Arnold	Newport Harriers	11.50	6
4	jack carpenter	Cannock & Stafford	9.87	5

Men Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	Bradley Roberts	Coventry Godiva H	11.12	7
2	Mark Embrey	Telford	10.85	5
3	Ben McEwan	Newport Harriers	8.91	4
4	david underwood	Cannock & Stafford	8.54	3

Men High Jump (A string)

Posn	Name	Club	Perf	Pts
1	Malcolm Dawes	Telford	1.90	9
2	Nathan Petch	Coventry Godiva H	1.85	7
3	Tomas Morgan	Newport Harriers	1.80	6
4	jordan lefevre	Cannock & Stafford	1.65	5

Men High Jump (B string)

Posn	Name	Club	Perf	Pts
1	Edward Dawes	Telford	1.75	7
2	Simeon Jones	Newport Harriers	1.65	5
3	jack carpenter	Cannock & Stafford	1.60	4
4	Ak Esiekpe	Coventry Godiva H	1.55	3

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Men Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Sam Richards	Newport Harriers	3.50	9
2	aaron brown	Cannock & Stafford	3.20	7
3	Gregor Sukara-Fielding	Telford	2.90	6

Men Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Martin Davies	Newport Harriers	2.90	7
2	John Bradley	Telford	2.70	5

Men Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Will Suart	Coventry Godiva H	12.34	9
2	Rob Eales	Newport Harriers	10.79	7
3	Edward Dawes	Telford	9.55	6
4	jack carpenter	Cannock & Stafford	9.25	5
5	Matt Bell	Corby AC	8.74	4

Men Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Clarke Joslyn	Newport Harriers	9.03	7
2	Adian Twomey	Coventry Godiva H	8.08	5
3	Darren Foster	Corby AC	7.84	4
4	martin roberts	Cannock & Stafford	7.63	3
5	Mark Embrey	Telford	7.52	2

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Men Discus (A string)

Posn	Name	Club	Perf	Pts
1	Will Suart	Coventry Godiva H	28.67	9
2	Rob Eales	Newport Harriers	27.91	7
3	Edward Dawes	Telford	24.16	6
4	jack carpenter	Cannock & Stafford	23.54	5
5	Josh Coles	Corby AC	16.93	4
6	Matthew James	Tamworth AC 'A'	16.81	3

Men Discus (B string)

Posn	Name	Club	Perf	Pts
1	Luke Prior	Coventry Godiva H	24.53	7
2	martin roberts	Cannock & Stafford	21.17	5
3	Mark Embrey	Telford	19.09	4
4	Clarke Joslyn	Newport Harriers	16.20	3
5	Darren Foster	Corby AC	13.50	2

Men Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Matt Bell	Corby AC	54.71	9
2	martin roberts	Cannock & Stafford	39.79	7
3	Rob Eales	Newport Harriers	29.40	6
4	Will Suart	Coventry Godiva H	19.06	5
5	Mark Embrey	Telford	15.45	4
6	Matthew James	Tamworth AC 'A'	14.82	3

Men Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Darren Foster	Corby AC	41.84	7
2	jack carpenter	Cannock & Stafford	22.64	5
3	Adian Twomey	Coventry Godiva H	18.41	4
4	Martin Davies	Newport Harriers	16.34	3
5	John Bradley	Telford	12.96	2

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Men Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Tomas Morgan	Newport Harriers	49.93	9
2	Jamie Carter	Telford	40.37	7
3	jack carpenter	Cannock & Stafford	35.48	6
4	Matt Bell	Corby AC	26.53	5
5	Clark Roberts	Coventry Godiva H	25.12	4
6	Matthew James	Tamworth AC 'A'	25.01	3

Men Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Mark Embrey	Telford	38.94	7
2	Alex Jenkins	Newport Harriers	32.15	5
3	Darren Foster	Corby AC	23.38	4
4	Will Suart	Coventry Godiva H	21.06	3
5	martin roberts	Cannock & Stafford	18.81	2

Mens 4x100m

Posn	Name	Club	Perf	Pts
1		Telford	43.1	9
2		Newport Harriers	44.4	7
3		Coventry Godiva H	44.8	6
4		Corby AC	45.7	5
5		Tamworth AC 'A'	48.0	4
6		Cannock & Stafford	50.2	3

Mens 4x400m

Posn	Name	Club	Perf	Pts
1		Newport Harriers	3.32.4	9
2		Corby AC	3.36.4	7
3		Coventry Godiva H	3.38.1	6
4		Telford	3.43.6	5
5		Cannock & Stafford	3.44.3	4

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Women 100m (A string)

Posn	Name	Club	Perf	Pts
1	Katie Jane Priest	Newport Harriers	13.0	9
2	gabriella burton	Cannock & Stafford	13.2	7
3	Laura Langowski	Coventry Godiva H	13.4	6
4	Sinead Johnson	Telford	14.1	5
5	hannah sargent	Tamworth AC 'A'	14.6	4
6	Judith Hodson	Corby AC	15.3	3

Women 100m (B string)

Posn	Name	Club	Perf	Pts
1	Kirsty Crane	Newport Harriers	13.6	7
2	Hanna Roberts	Coventry Godiva H	14.5	5
3	Chantelle Haycock	Telford	14.5	4
4	sarah williams	Tamworth AC 'A'	15.9	3
5	sue kneill-boxley	Cannock & Stafford	16.6	2

Women 200m (A string)

Posn	Name	Club	Perf	Pts
1	Katie Jane Priest	Newport Harriers	26.0	9
2	Amy Bowen	Telford	26.3	7
3	gabriella burton	Cannock & Stafford	26.4	6
4	Carla Crilly	Coventry Godiva H	26.4	5
5	Emma Macfarlane	Corby AC	27.7	4
6	sarah williams	Tamworth AC 'A'	32.9	3

Women 200m (B string)

Posn	Name	Club	Perf	Pts
1	isabel rogers	Cannock & Stafford	27.2	7
2	Kirsty Crane	Newport Harriers	27.6	5
3	Hanna Roberts	Coventry Godiva H	28.0	4
4	maggie langdale	Telford	41.9	3

Women 400m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Williams	Newport Harriers	56.2	9
2	Georgia Hartigan	Coventry Godiva H	57.6	7
3	Emma Macfarlane	Corby AC	63.6	6
4	sue kneill boxley	Cannock & Stafford	73.3	5
5	naomi farquharson	Telford	77.3	4

Women 400m (B string)

Posn	Name	Club	Perf	Pts
1	Laura Langowski	Coventry Godiva H	59.0	7
2	Ellie Welch	Corby AC	64.1	5
3	natalie ainge	Cannock & Stafford	68.7	4
4	Bronwyn Satterly	Newport Harriers	69.5	3
5	maggie langdale	Telford	97.9	2

Women 100m H (A string)

Posn	Name	Club	Perf	Pts
1	Lauren O'Reilly	Newport Harriers	14.3	9
2	gabriella burton	Cannock & Stafford	16.2	7
3	hannah sargent	Tamworth AC 'A'	17.1	6

Women 100m H (B string)

Posn	Name	Club	Perf	Pts
1	natalie ainge	Cannock & Stafford	21.6	7

Women 400m H (A string)

Posn	Name	Club	Perf	Pts
1	hannah sargent	Tamworth AC 'A'	73.6	9
2	natalie ainge	Cannock & Stafford	78.3	7

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Women 800m (A string)

Posn	Name	Club	Perf	Pts
1	Laura Langowski	Coventry Godiva H	2.19.9	9
2	Ellie Welch	Corby AC	2.23.9	7
3	Rhianne Jones	Newport Harriers	2.29.7	6
4	sue kneill boxley	Cannock & Stafford	2.54.7	5

Women 800m (B string)

Posn	Name	Club	Perf	Pts
1	Antonia Yorkshire	Newport Harriers	2.42.8	7

Women 1500m (A string)

Posn	Name	Club	Perf	Pts
1	Zara Hyde Peters	Coventry Godiva H	4.52.4	9
2	Rebecca Hall	Corby AC	5.02.5	7
3	Cassidy Skinner	Newport Harriers	5.16.8	6
4	sue kneill boxley	Cannock & Stafford	6.10.8	5

Women 1500m (B string)

Posn	Name	Club	Perf	Pts
1	Madeline Baker	Newport Harriers	6.23.0	7
2	Debbie Galleta	Corby AC	7.02.5	5

Women 3000m (A string)

Posn	Name	Club	Perf	Pts
1	Rebecca Hall	Corby AC	10.18.2	9
2	Cassidy Skinner	Newport Harriers	10.54.3	7
3	Naomi Richardson	Coventry Godiva H	10.56.0	6

Women 3000m (B string)

Posn	Name	Club	Perf	Pts
1	Beverly Hartigan	Coventry Godiva H	11.43.6	7
2	Debbie Galleta	Corby AC	13.46.5	5
3	Bethan Jackson	Newport Harriers	14.29.7	4

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Women Long Jump (A string)

Posn	Name	Club	Perf	Pts
1	Melissa Arthur	Newport Harriers	5.29	9
2	jessica leek	Cannock & Stafford	5.12	7
3	Naomi Farquharson	Telford	4.65	6
4	carmen gameson	Tamworth AC 'A'	4.54	5
5	Emma Peters	Corby AC	4.08	4
6	Karen Okpoti	Coventry Godiva H	3.72	3

Women Long Jump (B string)

Posn	Name	Club	Perf	Pts
1	isabel rogers	Cannock & Stafford	4.85	7
2	sarah williams	Tamworth AC 'A'	4.31	5
3	Meg Lydon	Newport Harriers	3.83	4
4	Amy Bowen	Telford	3.72	3
5	Sophie McIntyre	Corby AC	2.83	2
6	Carla Crilly	Coventry Godiva H	2.80	1

Women Triple Jump (A string)

Posn	Name	Club	Perf	Pts
1	Melissa Arthur	Newport Harriers	10.42	9
2	Emma Peters	Corby AC	9.54	7
3	carmen gameson	Tamworth AC 'A'	9.43	6
4	natalie ainge	Cannock & Stafford	9.21	5
5	Karen Okpoti	Coventry Godiva H	9.12	4
6	Naomi Farquharson	Telford	9.05	3

Women Triple Jump (B string)

Posn	Name	Club	Perf	Pts
1	hannah sargent	Tamworth AC 'A'	9.18	7
2	isabel rogers	Cannock & Stafford	8.81	5
3	Ellie Welch	Corby AC	7.95	4

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Women High Jump (A string)

Posn	Name	Club	Perf	Pts
1	chloe boulter	Cannock & Stafford	1.65	9
2	hannah sargent	Tamworth AC 'A'	1.55	7
3	Melissa Arthur	Newport Harriers	1.35	6
4	Danielle Langdale	Telford	1.35	5

Women High Jump (B string)

Posn	Name	Club	Perf	Pts
1	nadesha heine	Cannock & Stafford	1.45	7
2	carmen gameson	Tamworth AC 'A'	1.45	5
3	Rebecca Williams	Newport Harriers	1.30	4
4	Charlotte Rumsey	Telford	1.30	3

Women Pole Vault (A string)

Posn	Name	Club	Perf	Pts
1	Danielle Langdale	Telford	2.70	9
2	sarah williams	Tamworth AC 'A'	2.50	7
3	Judith Hodson	Corby AC	2.20	6

Women Pole Vault (B string)

Posn	Name	Club	Perf	Pts
1	Charlotte Rumsey	Telford	2.60	7

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Women Shot Putt (A string)

Posn	Name	Club	Perf	Pts
1	Carol Parker	Coventry Godiva H	12.07	9
2	isabel rogers	Cannock & Stafford	9.19	7
3	Lisa Boswell	Newport Harriers	8.66	6
4	Kim Carter	Telford	7.83	5
5	hannah sargent	Tamworth AC 'A'	7.73	4
6	Judith Hodson	Corby AC	6.22	3

Women Shot Putt (B string)

Posn	Name	Club	Perf	Pts
1	Katherine McBeth	Coventry Godiva H	9.60	7
2	chloe boulter	Cannock & Stafford	6.35	5
3	Danielle Morgan	Newport Harriers	6.10	4
4	sarah williams	Tamworth AC 'A'	6.09	3
5	Sophie McIntyre	Corby AC	5.25	2
6	Margaretta Langdale	Telford	4.72	1

Women Discus (A string)

Posn	Name	Club	Perf	Pts
1	Carol Parker	Coventry Godiva H	36.71	9
2	Kim Carter	Telford	33.00	7
3	nadesha heine	Cannock & Stafford	22.17	6
4	hannah sargent	Tamworth AC 'A'	18.91	5
5	Selina Swain	Newport Harriers	16.80	4
6	Sophie McIntyre	Corby AC	10.60	3

Women Discus (B string)

Posn	Name	Club	Perf	Pts
1	Katherine McBeth	Coventry Godiva H	26.33	7
2	Chloe Powell	Newport Harriers	15.10	5
3	carmen gameson	Tamworth AC 'A'	14.10	4
4	Danielle Langdale	Telford	13.28	3

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Women Hammer (A string)

Posn	Name	Club	Perf	Pts
1	Lisa Boswell	Newport Harriers	37.72	9
2	sam lawton	Tamworth AC 'A'	37.69	7
3	Carol Parker	Coventry Godiva H	34.38	6
4	Kim Carter	Telford	22.30	5
5	chloe boulter	Cannock & Stafford	16.82	4

Women Hammer (B string)

Posn	Name	Club	Perf	Pts
1	Simone Huggins Ward	Coventry Godiva H	20.17	7
2	Selina Swain	Newport Harriers	18.84	5
3	natalie ainge	Cannock & Stafford	14.72	4
4	sarah williams	Tamworth AC 'A'	13.32	3

Women Javelin (A string)

Posn	Name	Club	Perf	Pts
1	Simone Higgins Ward	Coventry Godiva H	45.57	9
2	Melissa Arthur	Newport Harriers	39.26	7
3	isabel rogers	Cannock & Stafford	23.78	6
4	Judith Hodson	Corby AC	22.79	5
5	Kim Carter	Telford	19.34	4
6	sarah williams	Tamworth AC 'A'	13.91	3

Women Javelin (B string)

Posn	Name	Club	Perf	Pts
1	Katherine McBeth	Coventry Godiva H	34.20	7
2	Danielle Morgan	Newport Harriers	27.12	5
3	nadesha heine	Cannock & Stafford	20.28	4
4	carmen gameson	Tamworth AC 'A'	12.52	3
5	Sophie McIntyre	Corby AC	7.05	2
6	Margarietta Langdale	Telford	6.77	1

MIDLAND TRACK AND FIELD LEAGUE 2013 RESULTS

10-Aug-13

Division 3 Match 4

Venue: Newport

Womens 4x100m

Posn	Name	Club	Perf	Pts
1		Newport Harriers	52.1	9
2		Cannock & Stafford	52.5	7
3		Coventry Godiva H	52.6	6
4		Telford	55.8	5
5		Corby AC	57.5	4

Womens 4x400m

Posn	Name	Club	Perf	Pts
1		Coventry Godiva H	4.05.7	9
2		Newport Harriers	4.29.6	7
3		Corby AC	4.34.1	6
4		Cannock & Stafford	5.02.2	5

MIDLAND TRACK AND FIELD LEAGUE 2013 RESULTS

10-Aug-13

Division 3

Match 4

Venue: Newport

Guest Performances

100 men race 1

1	Nathan	Petch	Coventry	11..9
2	Andy	Flint	Telford	12..2
3	Atholl	Lawson	Corby	12..2
4	Mohammad	Sufian	Coventry	12..6
5	Jamie	Carter	Telford	12..6
6	Ibrahim	El-Gaby	Newport	12..8

Race 2

1	Jake	Dawkins	Newport	11..6
2	Jordan	Spence	Corby	12..0
3	James	Maddoch	Newport	12..2
4	Ryan	Morgan	Newport	12..6
5	Matthew	Pyke	Newport	12..8
6	James	Morgan Snr	Newport	13..0
7	Alex	Jenkins	Newport	13..2

100 Ladies

1	Danielle	Morgan	Newport	14..3
2	Meg	Lydon	Newport	14..3
3	Antonia	Yorkshire	Newport	14..3
4	Ellie May	Jones	Newport	14..8

200 combined with A race

	Kyle	Arnold	Newport	24..1
	Atholl	Lawson	Corby	25..5

200 combined with B race

	Tobi	Ogundipe	Telford	23..1
	James	Morgan Snr	Newport	26..1

400 combined with B race

	Josh	Ford	Newport	52..1
	Hassan	Hassan	Coventry	54..4
	Clark	Roberts	Coventry	56..1

800 combined with B race

	David	Blakestone	Corby	2.15.2
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400hur combined with B race

	Ian	Moody	Telford	68..2
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4x100

	Newport B			46..5
	Coventry B			50..6

Shot Putt Ladies

	Ellie May	Jones	Newport	7m 60
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