

### Total Scores

| Position | Team             | Points |
|----------|------------------|--------|
| 1        | Broms & Redd     | 378    |
| 2        | Cannock & Staffs | 364    |
| 3        | Tipton           | 295    |
| 4        | Royal S C        | 273    |
| 5        | Telford          | 267    |
| 6        | Banbury          | 205    |

### Mens Scores

| Position | Team             | Points |
|----------|------------------|--------|
| 1        | Cannock & Staffs | 183    |
| 2        | Broms & Redd     | 182    |
| 3        | Tipton           | 168    |
| 4        | Telford          | 162    |
| 5        | Royal S C        | 116    |
| 6        | Banbury          | 113    |

### Womens Scores

| Position | Team             | Points |
|----------|------------------|--------|
| 1        | Broms & Redd     | 196    |
| 2        | Cannock & Staffs | 181    |
| 3        | Royal S C        | 157    |
| 4        | Tipton           | 127    |
| 5        | Telford          | 105    |
| 6        | Banbury          | 92     |

### Officials Points

| Team Name        | Points |
|------------------|--------|
| Broms & Redd     |        |
| Cannock & Staffs |        |
| Tipton           |        |
| Royal S C        |        |
| Telford          |        |
| Banbury          |        |

Match Position after 37 Events

## Men 100m (A string)

| Posn | Name            | Club             | Perf | Pts |
|------|-----------------|------------------|------|-----|
| 1    | Kota Suzuki     | Broms & Redd     | 11.2 | 9   |
| 2    | Vincent Adiamah | Telford          | 11.2 | 7   |
| 3    | Nicholas Pryce  | Royal S C        | 11.2 | 6   |
| 4    | Guy Mayer       | Cannock & Staffs | 11.3 | 5   |
| 5    | Paul Newark     | Tipton           | 11.6 | 4   |
| 6    | Ryan Hawkes     | Banbury          | 11.9 | 3   |

## Men 100m (B string)

| Posn | Name            | Club             | Perf | Pts |
|------|-----------------|------------------|------|-----|
| 1    | Santino Dummett | Telford          | 11.1 | 7   |
| 2    | Peter Shand     | Tipton           | 11.5 | 5   |
| 3    | Jonny Anderson  | Cannock & Staffs | 11.6 | 4   |
| 4    | Thomas Russell  | Broms & Redd     | 11.6 | 3   |
| 5    | Adam Barnes     | Royal S C        | 11.8 | 2   |
| 6    | Joe Carter      | Banbury          | 12.5 | 1   |

## Men 200m (A string)

| Posn | Name            | Club             | Perf | Pts |
|------|-----------------|------------------|------|-----|
| 1    | Kota Suzuki     | Broms & Redd     | 22.8 | 9   |
| 2    | Nicholas Pryce  | Royal S C        | 22.9 | 7   |
| 3    | Michael Dickens | Telford          | 23.3 | 6   |
| 4    | Ryan Hawkes     | Banbury          | 23.5 | 5   |
| 5    | Jonny Anderson  | Cannock & Staffs | 24.0 | 4   |
| 6    | Paul Newark     | Tipton           | 24.2 | 3   |

## Men 200m (B string)

| Posn | Name           | Club             | Perf | Pts |
|------|----------------|------------------|------|-----|
| 1    | Thomas Russell | Broms & Redd     | 23.0 | 7   |
| 2    | Peter Shand    | Tipton           | 23.0 | 5   |
| 3    | Adam Barnes    | Royal S C        | 23.1 | 4   |
| 4    | Daniel Brown   | Banbury          | 23.4 | 3   |
| 5    | Matthew Mayne  | Cannock & Staffs | 23.8 | 2   |

## Men 400m (A string)

| Posn | Name                | Club             | Perf | Pts |
|------|---------------------|------------------|------|-----|
| 1    | Jack Imray          | Tipton           | 49.2 | 9   |
| 2    | Chris Harvey        | Cannock & Staffs | 50.0 | 7   |
| 3    | Martin Aspley-Davis | Broms & Redd     | 50.8 | 6   |
| 4    | Daniel Brown        | Banbury          | 51.7 | 5   |
| 5    | Toby Birtwhistle    | Telford          | 52.7 | 4   |
| 6    | Fred Tremblay       | Royal S C        | 66.0 | 3   |

## Men 400m (B string)

| Posn | Name             | Club             | Perf | <i>Pts</i> |
|------|------------------|------------------|------|------------|
| 1    | Jon Biddle       | Cannock & Staffs | 51.5 | 7          |
| 2    | Dave Mould       | Broms & Redd     | 52.1 | 5          |
| 3    | Peter Whitehouse | Telford          | 55.6 | 4          |
| 4    | Albert Rowett    | Banbury          | 56.4 | 3          |
| 5    | Sam Farmer       | Tipton           | 65.2 | 2          |
| 6    | Steve Marklew    | Royal S C        | 69.3 | 1          |

## Men 110m H (A string)

| Posn | Name           | Club             | Perf | <i>Pts</i> |
|------|----------------|------------------|------|------------|
| 1    | Adam Smith     | Cannock & Staffs | 20.1 | 9          |
| 2    | Andrew Freeman | Broms & Redd     | 21.2 | 7          |
| 3    | Adam Crofts    | Banbury          | 21.5 | 6          |

## Men 110m H (B string)

| Posn | Name           | Club         | Perf | <i>Pts</i> |
|------|----------------|--------------|------|------------|
| 1    | Tom Richardson | Broms & Redd | 23.0 | 7          |

## Men 400m H (A string)

| Posn | Name                | Club             | Perf | <i>Pts</i> |
|------|---------------------|------------------|------|------------|
| 1    | Martin Aspley-Davis | Broms & Redd     | 58.7 | 9          |
| 2    | Phil Shotton        | Telford          | 60.0 | 7          |
| 3    | Adam Smith          | Cannock & Staffs | 61.0 | 6          |
| 4    | Kieran Smith        | Royal S C        | 63.9 | 5          |
| 5    | Tom Holden          | Tipton           | 64.7 | 4          |
| 6    | Adam Crofts         | Banbury          | 71.7 | 3          |

## Men 400m H (B string)

| Posn | Name           | Club             | Perf | <i>Pts</i> |
|------|----------------|------------------|------|------------|
| 1    | Andrew Freeman | Broms & Redd     | 62.3 | 7          |
| 2    | Alasdair Rigby | Cannock & Staffs | 65.7 | 5          |
| 3    | Albert Rowett  | Banbury          | 67.5 | 4          |

## Men 800m (A string)

| Posn | Name             | Club             | Perf   | <i>Pts</i> |
|------|------------------|------------------|--------|------------|
| 1    | Ian Rawlinson    | Tipton           | 1.56.5 | 9          |
| 2    | Chris Perrin     | Cannock & Staffs | 1.57.4 | 7          |
| 3    | Fred Tremblay    | Royal S C        | 1.58.3 | 6          |
| 4    | Sean Bowden      | Broms & Redd     | 1.59.2 | 5          |
| 5    | Toby Birtwhistle | Telford          | 2.02.3 | 4          |
| 6    | Adam Crofts      | Banbury          | 2.50.7 | 3          |

## Men 800m (B string)

| Posn | Name | Club | Perf | <i>Pts</i> |
|------|------|------|------|------------|
|------|------|------|------|------------|

|   |                |                  |        |   |
|---|----------------|------------------|--------|---|
| 1 | James Perrin   | Cannock & Staffs | 1.57.6 | 7 |
| 2 | Tom Richardson | Broms & Redd     | 2.03.8 | 5 |
| 3 | Mike Buntin    | Tipton           | 2.06.7 | 4 |
| 4 | Joe Carter     | Banbury          | 2.56.8 | 3 |

## Men 1500m (A string)

| Posn | Name           | Club             | Perf   | Pts |
|------|----------------|------------------|--------|-----|
| 1    | Tom Humphries  | Cannock & Staffs | 3.57.4 | 9   |
| 2    | Phil Hinch     | Tipton           | 4.05.4 | 7   |
| 3    | Sean Bowden    | Broms & Redd     | 4.09.4 | 6   |
| 4    | Nick Corker    | Royal S C        | 4.21.6 | 5   |
| 5    | Dale Wilkinson | Telford          | 4.25.8 | 4   |
| 6    | Steve Walton   | Banbury          | 5.03.2 | 3   |

## Men 1500m (B string)

| Posn | Name          | Club             | Perf   | Pts |
|------|---------------|------------------|--------|-----|
| 1    | Phil Clamp    | Tipton           | 4.19.7 | 7   |
| 2    | Fred Tremblay | Royal S C        | 4.22.3 | 5   |
| 3    | Chris Warren  | Broms & Redd     | 4.22.7 | 4   |
| 4    | Stuart Davies | Cannock & Staffs | 4.37.6 | 3   |
| 5    | Albert Rowett | Banbury          | 5.32.4 | 2   |

## Men 5000m (A string)

| Posn | Name          | Club             | Perf    | Pts |
|------|---------------|------------------|---------|-----|
| 1    | Tom Humphries | Cannock & Staffs | 15.08.2 | 9   |
| 2    | Phil Hinch    | Tipton           | 15.21.8 | 7   |
| 3    | Paul Ward     | Telford          | 15.26.3 | 6   |
| 4    | Nick Corker   | Royal S C        | 16.41.1 | 5   |
| 5    | Richard Malin | Broms & Redd     | 17.02.0 | 4   |
| 6    | Adam Crofts   | Banbury          | 23.57.6 | 3   |

## Men 5000m (B string)

| Posn | Name           | Club             | Perf    | Pts |
|------|----------------|------------------|---------|-----|
| 1    | Ian Williams   | Tipton           | 15.27.5 | 7   |
| 2    | Chris Bagshaw  | Telford          | 16.09.9 | 5   |
| 3    | James Houghton | Cannock & Staffs | 16.12.4 | 4   |
| 4    | Steve Marklew  | Royal S C        | 16.45.2 | 3   |
| 5    | Paul Atkins    | Broms & Redd     | 18.39.5 | 2   |

## Men 2000m s/c (A string)

| Posn | Name           | Club             | Perf   | Pts |
|------|----------------|------------------|--------|-----|
| 1    | Tom Holden     | Tipton           | 6.28.0 | 9   |
| 2    | Craig Pearson  | Cannock & Staffs | 6.45.7 | 7   |
| 3    | Kieran Smith   | Royal S C        | 6.53.7 | 6   |
| 4    | Simon Lanckham | Broms & Redd     | 7.07.2 | 5   |
| 5    | Adam Crofts    | Banbury          | 8.41.4 | 4   |

## Men 2000m s/c (B string)

| Posn | Name           | Club             | Perf   | Pts |
|------|----------------|------------------|--------|-----|
| 1    | Mike Buntin    | Tipton           | 6.36.0 | 7   |
| 2    | James Perrin   | Cannock & Staffs | 7.04.3 | 5   |
| 3    | Gavin Moorhead | Broms & Redd     | 7.13.6 | 4   |

## Men Long Jump (A string)

| Posn | Name               | Club             | Perf | Pts |
|------|--------------------|------------------|------|-----|
| 1    | Ben Cocker         | Telford          | 6.42 | 9   |
| 2    | James Hart         | Broms & Redd     | 5.46 | 7   |
| 3    | Martin Cherrington | Tipton           | 5.42 | 6   |
| 4    | Jake Dubbleman     | Royal S C        | 5.03 | 5   |
| 5    | Joe Carter         | Banbury          | 4.59 | 4   |
| 6    | Talent Gukwe       | Cannock & Staffs | 4.39 | 3   |

## Men Long Jump (B string)

| Posn | Name             | Club             | Perf | Pts |
|------|------------------|------------------|------|-----|
| 1    | Thomas Russell   | Broms & Redd     | 5.34 | 7   |
| 2    | Adam Johnson     | Cannock & Staffs | 4.30 | 5   |
| 3    | Anant Khanna     | Royal S C        | 4.16 | 4   |
| 4    | Rachid Olobaji   | Banbury          | 3.72 | 3   |
| 5    | Chris Farrington | Tipton           | 3.66 | 2   |
| 6    | Steven Ridgway   | Telford          | 3.37 | 1   |

## Men Triple Jump (A string)

| Posn | Name               | Club             | Perf  | Pts |
|------|--------------------|------------------|-------|-----|
| 1    | Alasdair Rigby     | Cannock & Staffs | 13.05 | 9   |
| 2    | Ben Cocker         | Telford          | 12.53 | 7   |
| 3    | Matthew Maneffa    | Broms & Redd     | 12.18 | 6   |
| 4    | Jake Dubbleman     | Royal S C        | 10.87 | 5   |
| 5    | Martin Cherrington | Tipton           | 10.71 | 4   |

## Men Triple Jump (B string)

| Posn | Name            | Club             | Perf  | Pts |
|------|-----------------|------------------|-------|-----|
| 1    | James Hart      | Broms & Redd     | 11.38 | 7   |
| 2    | Michael Dickens | Telford          | 10.75 | 5   |
| 3    | Jack Imray      | Tipton           | 10.35 | 4   |
| 4    | Anant Khanna    | Royal S C        | 9.64  | 3   |
| 5    | Adam Johnson    | Cannock & Staffs | 9.25  | 2   |

## Men High Jump (A string)

| Posn | Name               | Club   | Perf | Pts |
|------|--------------------|--------|------|-----|
| 1    | Martin Cherrington | Tipton | 1.90 | 9   |

|   |                |                  |      |   |
|---|----------------|------------------|------|---|
| 2 | James Hart     | Broms & Redd     | 1.85 | 7 |
| 3 | Steven Ridgway | Telford          | 1.80 | 6 |
| 4 | Kieran Smith   | Royal S C        | 1.80 | 5 |
| 5 | Alasdair Rigby | Cannock & Staffs | 1.75 | 4 |
| 6 | Steve Walton   | Banbury          | 1.60 | 3 |

### Men High Jump (B string)

| Posn | Name            | Club             | Perf | Pts |
|------|-----------------|------------------|------|-----|
| 1    | Mitchell Simms  | Tipton           | 1.85 | 7   |
| 2    | Richard Stanley | Cannock & Staffs | 1.65 | 5   |
| 3    | Matthew Maneffa | Broms & Redd     | 1.65 | 4   |
| 4    | Ben Cocker      | Telford          | 1.65 | 3   |
| 5    | Albert Rowett   | Banbury          | 1.55 | 2   |
| 6    | Anant Khanna    | Royal S C        | 1.50 | 1   |

### Men Pole Vault (A string)

| Posn | Name               | Club    | Perf | Pts |
|------|--------------------|---------|------|-----|
| 1    | Garry Forfar       | Telford | 3.80 | 9   |
| 2    | Martin Cherrington | Tipton  | 3.00 | 7   |

### Men Shot Putt (A string)

| Posn | Name                | Club             | Perf  | Pts |
|------|---------------------|------------------|-------|-----|
| 1    | Janek Maciejewski   | Banbury          | 13.01 | 9   |
| 2    | Ian Taylor          | Telford          | 12.20 | 7   |
| 3    | Matt Paynter        | Cannock & Staffs | 10.64 | 6   |
| 4    | Matt Johnson        | Royal S C        | 8.68  | 5   |
| 5    | Martin Aspley-Davis | Broms & Redd     | 8.40  | 4   |
| 6    | Tom Holden          | Tipton           | 6.63  | 3   |

### Men Shot Putt (B string)

| Posn | Name             | Club             | Perf  | Pts |
|------|------------------|------------------|-------|-----|
| 1    | Perris Wilkins   | Banbury          | 11.57 | 7   |
| 2    | Jamie Wilkinson  | Telford          | 11.30 | 5   |
| 3    | Graham Felton    | Royal S C        | 8.12  | 4   |
| 4    | Ben Hembry       | Broms & Redd     | 7.91  | 3   |
| 5    | Martin Roberts   | Cannock & Staffs | 7.83  | 2   |
| 6    | Chris Farrington | Tipton           | 6.33  | 1   |

### Men Discus (A string)

| Posn | Name           | Club             | Perf  | Pts |
|------|----------------|------------------|-------|-----|
| 1    | Perris Wilkins | Banbury          | 49.25 | 9   |
| 2    | Kevin Brown    | Royal S C        | 45.80 | 7   |
| 3    | Ian Taylor     | Telford          | 40.86 | 6   |
| 4    | Matt Paynter   | Cannock & Staffs | 38.17 | 5   |
| 5    | Ben Hembry     | Broms & Redd     | 32.13 | 4   |
| 6    | Chad Rhodes    | Tipton           | 24.99 | 3   |

**Men Discus (B string)**

| Posn | Name               | Club             | Perf  | <i>Pts</i> |
|------|--------------------|------------------|-------|------------|
| 1    | John Currie        | Telford          | 34.40 | 7          |
| 2    | Janek Maciejewski  | Banbury          | 29.37 | 5          |
| 3    | Richard O'Connor   | Broms & Redd     | 27.54 | 4          |
| 4    | Martin Roberts     | Cannock & Staffs | 24.12 | 3          |
| 5    | Martin Cherrington | Tipton           | 20.64 | 2          |
| 6    | Matt Johnson       | Royal S C        | 20.17 | 1          |

**Men Hammer (A string)**

| Posn | Name             | Club             | Perf  | <i>Pts</i> |
|------|------------------|------------------|-------|------------|
| 1    | Martin Roberts   | Cannock & Staffs | 43.33 | 9          |
| 2    | Chad Rhodes      | Tipton           | 41.85 | 7          |
| 3    | Ian Taylor       | Telford          | 39.50 | 6          |
| 4    | Perris Wilkins   | Banbury          | 36.00 | 5          |
| 5    | Richard O'Connor | Broms & Redd     | 20.37 | 4          |
| 6    | Graham Felton    | Royal S C        | 17.66 | 3          |

**Men Hammer (B string)**

| Posn | Name              | Club             | Perf  | <i>Pts</i> |
|------|-------------------|------------------|-------|------------|
| 1    | John Currie       | Telford          | 34.62 | 7          |
| 2    | Chris Farrington  | Tipton           | 30.01 | 5          |
| 3    | Janek Maciejewski | Banbury          | 29.82 | 4          |
| 4    | Matt Paynter      | Cannock & Staffs | 24.29 | 3          |
| 5    | Andrew Freeman    | Broms & Redd     | 16.09 | 2          |

**Men Javelin (A string)**

| Posn | Name            | Club             | Perf  | <i>Pts</i> |
|------|-----------------|------------------|-------|------------|
| 1    | Jamie Wilkinson | Telford          | 53.65 | 9          |
| 2    | Alex Pinner     | Cannock & Staffs | 46.97 | 7          |
| 3    | Matt Johnson    | Royal S C        | 44.12 | 6          |
| 4    | Chad Rhodes     | Tipton           | 39.65 | 5          |
| 5    | Rachid Olobaji  | Banbury          | 39.28 | 4          |
| 6    | Andrew Freeman  | Broms & Redd     | 37.80 | 3          |

**Men Javelin (B string)**

| Posn | Name               | Club             | Perf  | <i>Pts</i> |
|------|--------------------|------------------|-------|------------|
| 1    | Robert Millar      | Telford          | 49.38 | 7          |
| 2    | Mark Pinner        | Cannock & Staffs | 45.78 | 5          |
| 3    | Janek Maciejewski  | Banbury          | 37.87 | 4          |
| 4    | Martin Cherrington | Tipton           | 29.99 | 3          |
| 5    | Richard O'Connor   | Broms & Redd     | 25.07 | 2          |
| 6    | Fred Trembley      | Royal S C        | 22.31 | 1          |

**Mens 4x100m**

| Posn | Name | Club             | Perf | Pts |
|------|------|------------------|------|-----|
| 1    |      | Telford          | 44.2 | 9   |
| 2    |      | Broms & Redd     | 44.6 | 7   |
| 3    |      | Cannock & Staffs | 44.8 | 6   |
| 4    |      | Tipton           | 46.4 | 5   |
| 5    |      | Royal S C        | 48.3 | 4   |
| 6    |      | Banbury          | DQ   | 0   |

**Mens 4x400m**

| Posn | Name | Club             | Perf   | Pts |
|------|------|------------------|--------|-----|
| 1    |      | Cannock & Staffs | 3.29.7 | 9   |
| 2    |      | Broms & Redd     | 3.31.6 | 7   |
| 3    |      | Tipton           | 3.34.4 | 6   |
| 4    |      | Telford          | 3.38.6 | 5   |
| 5    |      | Royal S C        | 3.43.1 | 4   |
| 6    |      | Banbury          | 4.05.0 | 3   |

**Women 100m (A string)**

| Posn | Name              | Club             | Perf | Pts |
|------|-------------------|------------------|------|-----|
| 1    | Jo Frost          | Broms & Redd     | 12.3 | 9   |
| 2    | Kim Smith         | Tipton           | 13.2 | 7   |
| 3    | Sharna Parker     | Banbury          | 13.4 | 6   |
| 4    | Katherine Smith   | Royal S C        | 13.7 | 5   |
| 5    | Natalie Edwards   | Cannock & Staffs | 13.9 | 4   |
| 6    | Naomi Farquharson | Telford          | 14.4 | 3   |

**Women 100m (B string)**

| Posn | Name                | Club             | Perf | Pts |
|------|---------------------|------------------|------|-----|
| 1    | Elizabeth Tomlinson | Broms & Redd     | 12.8 | 7   |
| 2    | Megan Jones         | Cannock & Staffs | 13.2 | 5   |
| 3    | Eleanor Russon      | Tipton           | 13.3 | 4   |
| 4    | Rosie Kingston      | Banbury          | 14.2 | 3   |
| 5    | Maureen Lewington   | Royal S C        | 14.8 | 2   |
| 6    | Amelia Reynolds     | Telford          | 16.5 | 1   |

**Women 200m (A string)**

| Posn | Name            | Club             | Perf | Pts |
|------|-----------------|------------------|------|-----|
| 1    | Jo Frost        | Broms & Redd     | 25.6 | 9   |
| 2    | Charmaine Riley | Royal S C        | 25.8 | 7   |
| 3    | Chloe Boulter   | Cannock & Staffs | 27.9 | 6   |
| 4    | Eleanor Russon  | Tipton           | 28.3 | 5   |
| 5    | Rosie Kingston  | Banbury          | 32.2 | 4   |

**Women 200m (B string)**



| Posn | Name                | Club             | Perf | Pts |
|------|---------------------|------------------|------|-----|
| 1    | Elizabeth Tomlinson | Broms & Redd     | 26.7 | 7   |
| 2    | Katie Leek          | Cannock & Staffs | 27.6 | 5   |
| 3    | Katherine Smith     | Royal S C        | 27.6 | 4   |
| 4    | Paige McKenzie      | Tipton           | 30.8 | 3   |
| 5    | Becky Pull          | Banbury          | 33.1 | 2   |

#### Women 400m (A string)

| Posn | Name               | Club             | Perf | Pts |
|------|--------------------|------------------|------|-----|
| 1    | Natalie Ainge      | Cannock & Staffs | 61.4 | 9   |
| 2    | Gabrielle Kinney   | Royal S C        | 61.4 | 7   |
| 3    | Isobel Billau      | Broms & Redd     | 63.1 | 6   |
| 4    | Becky Pull         | Banbury          | 68.2 | 5   |
| 5    | Charlotte Fletcher | Tipton           | 72.8 | 4   |
| 6    | Chloe Murphy       | Telford          | 75.8 | 3   |

#### Women 400m (B string)

| Posn | Name            | Club             | Perf | Pts |
|------|-----------------|------------------|------|-----|
| 1    | Katie Leek      | Cannock & Staffs | 62.5 | 7   |
| 2    | Emily Adams     | Tipton           | 65.0 | 5   |
| 3    | Emma Overy      | Royal S C        | 69.0 | 4   |
| 4    | Georgina Newell | Banbury          | 75.0 | 3   |
| 5    | Sarah Kings     | Broms & Redd     | DQ   | 0   |

#### Women 100m H (A string)

| Posn | Name           | Club             | Perf | Pts |
|------|----------------|------------------|------|-----|
| 1    | Rosie Kingston | Banbury          | 18.3 | 9   |
| 2    | Kim Smith      | Tipton           | 18.8 | 7   |
| 3    | Lucy Jennings  | Royal S C        | 19.5 | 6   |
| 4    | Kerrie Perks   | Broms & Redd     | 19.7 | 5   |
| 5    | Natalie Ainge  | Cannock & Staffs | 21.8 | 4   |

#### Women 100m H (B string)

| Posn | Name           | Club         | Perf | Pts |
|------|----------------|--------------|------|-----|
| 1    | Thomasina Ball | Broms & Redd | 20.1 | 7   |
| 2    | Claire Goodwin | Banbury      | 20.1 | 5   |
| 3    | Amy Goodall    | Royal S C    | 20.5 | 4   |

#### Women 400m H (A string)

| Posn | Name          | Club             | Perf | Pts |
|------|---------------|------------------|------|-----|
| 1    | Isobel Billau | Broms & Redd     | 69.3 | 9   |
| 2    | Chloe Boulter | Cannock & Staffs | 74.3 | 7   |
| 3    | Lucy Jennings | Royal S C        | 75.6 | 6   |
| 4    | Sue Davies    | Tipton           | 77.5 | 5   |

**Women 400m H (B string)**

| Posn | Name               | Club             | Perf | Pts |
|------|--------------------|------------------|------|-----|
| 1    | Thomasina Ball     | Broms & Redd     | 72.8 | 7   |
| 2    | Amy Goodall        | Royal S C        | 76.5 | 5   |
| 3    | Charlotte Fletcher | Tipton           | 82.3 | 4   |
| 4    | Ruby Coates        | Cannock & Staffs | 87.2 | 3   |

**Women 800m (A string)**

| Posn | Name             | Club             | Perf   | Pts |
|------|------------------|------------------|--------|-----|
| 1    | Rebecca Robinson | Royal S C        | 2.19.8 | 9   |
| 2    | Teresa Hulme     | Cannock & Staffs | 2.22.2 | 7   |
| 3    | Georgina Newell  | Banbury          | 2.39.3 | 6   |
| 4    | Gemma Clay       | Broms & Redd     | 2.39.3 | 5   |
| 5    | Amelia Reynolds  | Telford          | 2.45.1 | 4   |

**Women 800m (B string)**

| Posn | Name           | Club             | Perf   | Pts |
|------|----------------|------------------|--------|-----|
| 1    | Amy Johnson    | Royal S C        | 2.22.2 | 7   |
| 2    | Beth Clarke    | Cannock & Staffs | 2.38.8 | 5   |
| 3    | Chloe Murphy   | Telford          | 2.54.5 | 4   |
| 4    | Jeanette Malin | Broms & Redd     | 2.58.6 | 3   |

**Women 1500m (A string)**

| Posn | Name            | Club             | Perf   | Pts |
|------|-----------------|------------------|--------|-----|
| 1    | Ros Kolling     | Banbury          | 4.57.1 | 9   |
| 2    | Megan Stratford | Royal S C        | 5.03.4 | 7   |
| 3    | Catherine Hulme | Cannock & Staffs | 5.11.0 | 6   |
| 4    | Sarah Smith     | Tipton           | 5.15.5 | 5   |
| 5    | Gemma Clay      | Broms & Redd     | 5.23.0 | 4   |
| 6    | Lisa Blagden    | Telford          | 5.33.2 | 3   |

**Women 1500m (B string)**

| Posn | Name           | Club             | Perf   | Pts |
|------|----------------|------------------|--------|-----|
| 1    | Rachel Smith   | Royal S C        | 5.11.8 | 7   |
| 2    | Grace Rossiter | Cannock & Staffs | 5.14.7 | 5   |
| 3    | Sue Davies     | Tipton           | 5.34.3 | 4   |
| 4    | Tamara Ball    | Broms & Redd     | 6.42.6 | 3   |

**Women 3000m (A string)**

| Posn | Name          | Club         | Perf    | Pts |
|------|---------------|--------------|---------|-----|
| 1    | Claire Martin | Telford      | 10.05.3 | 9   |
| 2    | Sophie Lynch  | Tipton       | 10.49.9 | 7   |
| 3    | Lizzie Farrow | Royal S C    | 10.59.9 | 6   |
| 4    | Sally Hogan   | Broms & Redd | 11.13.1 | 5   |
| 5    | Julie Dixon   | Banbury      | 11.20.6 | 4   |

|   |                   |                  |         |   |
|---|-------------------|------------------|---------|---|
| 6 | Sue Kneill Boxley | Cannock & Staffs | 11.36.9 | 3 |
|---|-------------------|------------------|---------|---|

#### Women 3000m (B string)

| Posn | Name              | Club             | Perf    | Pts |
|------|-------------------|------------------|---------|-----|
| 1    | Sue Street        | Tipton           | 10.58.2 | 7   |
| 2    | Michelle Bartlett | Banbury          | 11.29.5 | 5   |
| 3    | Amelia Reynolds   | Telford          | 11.50.7 | 4   |
| 4    | Jeanette Malin    | Broms & Redd     | 11.56.0 | 3   |
| 5    | Rebecca Bray      | Cannock & Staffs | 12.36.4 | 2   |
| 6    | Amy Johnson       | Royal S C        | 13.20.3 | 1   |

#### Women Long Jump (A string)

| Posn | Name          | Club             | Perf | Pts |
|------|---------------|------------------|------|-----|
| 1    | Jo Frost      | Broms & Redd     | 5.67 | 9   |
| 2    | Jessica Leek  | Cannock & Staffs | 5.49 | 7   |
| 3    | Megan Evans   | Royal S C        | 5.16 | 6   |
| 4    | Nancy Ndure   | Telford          | 5.10 | 5   |
| 5    | Kim Smith     | Tipton           | 4.83 | 4   |
| 6    | Sharna Parker | Banbury          | 4.53 | 3   |

#### Women Long Jump (B string)

| Posn | Name              | Club             | Perf | Pts |
|------|-------------------|------------------|------|-----|
| 1    | Megan Jones       | Cannock & Staffs | 5.10 | 7   |
| 2    | Naomi Farquharson | Telford          | 4.54 | 5   |
| 3    | Janice Pryce      | Royal S C        | 4.30 | 4   |
| 4    | Sarah Gerner      | Broms & Redd     | 4.22 | 3   |
| 5    | Rachael Currie    | Tipton           | 3.79 | 2   |
| 6    | Claire Goodwin    | Banbury          | 3.71 | 1   |

#### Women Triple Jump (A string)

| Posn | Name              | Club             | Perf  | Pts |
|------|-------------------|------------------|-------|-----|
| 1    | Sharna Parker     | Banbury          | 10.44 | 9   |
| 2    | Megan Evans       | Royal S C        | 10.15 | 7   |
| 3    | Ruby Coates       | Cannock & Staffs | 9.95  | 6   |
| 4    | Thomasina Ball    | Broms & Redd     | 9.76  | 5   |
| 5    | Kim Smith         | Tipton           | 9.33  | 4   |
| 6    | Naomi Farquharson | Telford          | 8.82  | 3   |

#### Women Triple Jump (B string)

| Posn | Name          | Club             | Perf | Pts |
|------|---------------|------------------|------|-----|
| 1    | Natalie Ainge | Cannock & Staffs | 9.65 | 7   |
| 2    | Janice Pryce  | Royal S C        | 9.55 | 5   |
| 3    | Isobel Billau | Broms & Redd     | 9.51 | 4   |

#### Women High Jump (A string)

| Posn | Name          | Club             | Perf | Pts |
|------|---------------|------------------|------|-----|
| 1    | Chloe Boulter | Cannock & Staffs | 1.66 | 9   |
| 2    | Nancy Ndure   | Telford          | 1.66 | 7   |
| 3    | Megan Evans   | Royal S C        | 1.45 | 6   |
| 4    | Kerrie Perks  | Broms & Redd     | 1.40 | 5   |

#### Women High Jump (B string)

| Posn | Name           | Club         | Perf | Pts |
|------|----------------|--------------|------|-----|
| 1    | Thomasina Ball | Broms & Redd | 1.30 | 7   |

#### Women Pole Vault (A string)

| Posn | Name      | Club         | Perf | Pts |
|------|-----------|--------------|------|-----|
| 1    | Kim Smith | Tipton       | 3.20 | 9   |
| 2    | Mel Hepke | Broms & Redd | 2.00 | 7   |

#### Women Pole Vault (B string)

| Posn | Name               | Club         | Perf | Pts |
|------|--------------------|--------------|------|-----|
| 1    | Yasmine Al Daftary | Broms & Redd | 1.70 | 7   |

#### Women Shot Putt (A string)

| Posn | Name                   | Club             | Perf | Pts |
|------|------------------------|------------------|------|-----|
| 1    | Rebecca Fagan          | Telford          | 9.84 | 9   |
| 2    | Christina Clarke       | Broms & Redd     | 9.36 | 7   |
| 3    | Alison George          | Cannock & Staffs | 8.57 | 6   |
| 4    | Katherine Smith        | Royal S C        | 7.55 | 5   |
| 5    | Sadie Forrester-Hayles | Tipton           | 6.62 | 4   |
| 6    | Georgina Newell        | Banbury          | 6.40 | 3   |

#### Women Shot Putt (B string)

| Posn | Name              | Club             | Perf | Pts |
|------|-------------------|------------------|------|-----|
| 1    | Amelia Reynolds   | Telford          | 9.02 | 7   |
| 2    | Beth Denning      | Cannock & Staffs | 8.56 | 5   |
| 3    | Sam Lloyd         | Broms & Redd     | 7.88 | 4   |
| 4    | Maureen Lewington | Royal S C        | 6.51 | 3   |
| 5    | Jackie Porter     | Tipton           | 5.34 | 2   |

#### Women Discus (A string)

| Posn | Name              | Club             | Perf  | Pts |
|------|-------------------|------------------|-------|-----|
| 1    | Hayley Rubery     | Telford          | 35.96 | 9   |
| 2    | Beth Denning      | Cannock & Staffs | 26.24 | 7   |
| 3    | Sam Lloyd         | Broms & Redd     | 25.70 | 6   |
| 4    | Maureen Lewington | Royal S C        | 17.32 | 5   |
| 5    | Becky Pull        | Banbury          | 14.23 | 4   |
| 6    | Emily Adams       | Tipton           | 13.18 | 3   |

**Women Discus (B string)**

| <b>Posn</b> | <b>Name</b>    | <b>Club</b>      | <b>Perf</b> | <b>Pts</b> |
|-------------|----------------|------------------|-------------|------------|
| 1           | Rebecca Fagan  | Telford          | 21.37       | 7          |
| 2           | Julie Wakeham  | Broms & Redd     | 19.56       | 5          |
| 3           | Alicia Clarke  | Cannock & Staffs | 18.54       | 4          |
| 4           | Emma Overy     | Royal S C        | 14.93       | 3          |
| 5           | Eleanor Russon | Tipton           | 11.18       | 2          |

**Women Hammer (A string)**

| <b>Posn</b> | <b>Name</b>      | <b>Club</b>      | <b>Perf</b> | <b>Pts</b> |
|-------------|------------------|------------------|-------------|------------|
| 1           | Karen Moody      | Cannock & Staffs | 33.96       | 9          |
| 2           | Christina Clarke | Broms & Redd     | 26.23       | 7          |
| 3           | Jackie Porter    | Tipton           | 24.16       | 6          |
| 4           | Fiona Smith      | Royal S C        | 20.43       | 5          |
| 5           | Hayley Rubery    | Telford          | 20.37       | 4          |

**Women Hammer (B string)**

| <b>Posn</b> | <b>Name</b>            | <b>Club</b>      | <b>Perf</b> | <b>Pts</b> |
|-------------|------------------------|------------------|-------------|------------|
| 1           | Alison George          | Cannock & Staffs | 24.83       | 7          |
| 2           | Sadie Forrester-Hayles | Tipton           | 18.82       | 5          |
| 3           | Zoe Davies             | Telford          | 17.03       | 4          |
| 4           | Yasmine Al Daftary     | Broms & Redd     | 16.40       | 3          |
| 5           | Lizzie Farrow          | Royal S C        | 12.84       | 2          |

**Women Javelin (A string)**

| <b>Posn</b> | <b>Name</b>    | <b>Club</b>      | <b>Perf</b> | <b>Pts</b> |
|-------------|----------------|------------------|-------------|------------|
| 1           | Sam Lloyd      | Broms & Redd     | 35.92       | 9          |
| 2           | Sally Clague   | Cannock & Staffs | 32.28       | 7          |
| 3           | Hayley Rubery  | Telford          | 24.22       | 6          |
| 4           | Sue Davies     | Tipton           | 23.53       | 5          |
| 5           | Emma Overy     | Royal S C        | 20.24       | 4          |
| 6           | Claire Goodwin | Banbury          | 13.32       | 3          |

**Women Javelin (B string)**

| <b>Posn</b> | <b>Name</b>       | <b>Club</b>      | <b>Perf</b> | <b>Pts</b> |
|-------------|-------------------|------------------|-------------|------------|
| 1           | Lucy Heap         | Cannock & Staffs | 29.47       | 7          |
| 2           | Chloe Murphy      | Telford          | 22.26       | 5          |
| 3           | Julie Wakeham     | Broms & Redd     | 21.69       | 4          |
| 4           | Maureen Lewington | Royal S C        | 16.83       | 3          |
| 5           | Emily Adams       | Tipton           | 13.12       | 2          |

**Womens 4x100m**

| <b>Posn</b> | <b>Name</b> | <b>Club</b> | <b>Perf</b> | <b>Pts</b> |
|-------------|-------------|-------------|-------------|------------|
|-------------|-------------|-------------|-------------|------------|

|   |                  |      |   |
|---|------------------|------|---|
| 1 | Broms & Redd     | 52.0 | 9 |
| 2 | Tipton           | 52.2 | 7 |
| 3 | Cannock & Staffs | 53.1 | 6 |
| 4 | Royal S C        | 53.9 | 5 |
| 5 | Banbury          | 58.2 | 4 |
| 6 | Telford          | 58.3 | 3 |

Womens 4x400m

| <b>Posn</b> | <b>Name</b> | <b>Club</b>      | <b>Perf</b> | <b>Pts</b> |
|-------------|-------------|------------------|-------------|------------|
| 1           |             | Cannock & Staffs | 4.16.5      | 9          |
| 2           |             | Royal S C        | 4.18.1      | 7          |
| 3           |             | Broms & Redd     | 4.19.3      | 6          |
| 4           |             | Tipton           | 4.34.5      | 5          |
| 5           |             | Banbury          | 4.48.7      | 4          |

# Midland Senior League

Stafford

3 July 2010

## Guest Results

### 100m Women

|                |  |      |
|----------------|--|------|
| Paige McKenzie |  | 14.3 |
|----------------|--|------|

### 100m Men

|                |                    |      |
|----------------|--------------------|------|
| Talent Gukwe   | Cannock & Stafford | 12.0 |
| Alasdair Rigby | Cannock & Stafford | 12.4 |
| Paul Donnelly  | Cannock & Stafford | 12.9 |

### 5000m Men

|                 |                       |         |
|-----------------|-----------------------|---------|
| Gavin Moorehead | Bromsgrove & Redditch | 18.30.6 |
| Adam Johnson    | Cannock & Stafford    | 19.38.0 |