

MILFORD 21

22nd March 2009

No	Name	Club	Time	
1	47 Martin Williams	Tipton Harriers	2.01.53	
2	48 Matt Giles	Stourbridge RC	2.09.38	
3	133 Kevin Duckworth	Dudley Kingswinford	2.17.50	M40-49
4	26 Gareth Briggs	Staffordshire Moorlands	2.19.25	
5	157 Mike Hatton	South Cheshire Harriers	2.20.11	M40-49
6	128 Alastair Payne		2.20.23	M40-49
7	50 Stephen Shanks	Holme Pierrepont RC	2.25.03	
8	20 Paul Gregory	Hermitage Harriers	2.26.16	
9	39 Richard Baker	South Cheshire Harriers	2.27.02	
10	27 Marc Gadsden	Telford Harriers	2.27.19	
11	173 Peter Mulligan	Redditch Triathletes	2.27.55	M40-49
12	37 Gordy Smith	Hatton Darts RC	2.28.13	
13	126 Nick Thomas	Telford Harriers	2.29.02	M40-49
14	161 Stephen Allen	Sportex	2.34.11	M40-49
15	177 Mick Valentini	Stafford Triathlon	2.35.07	M40-49
16	105 Robert Edwards	Road Runners	2.35.28	M40-49
17	59 Matthew Jones	Ripley	2.35.38	
18	164 Andrew Carruthers	Halesowen AC	2.36.22	M40-49
19	38 Tim Devanney	Shropshire Shufflers	2.36.28	
20	60 Jon Williamson	Trentham	2.37.36	
21	178 Nina Skilton	Stafford Harriers	2.38.01	W35-44
22	122 Noel Hogan	Newport & District RC	2.38.35	M40-49
23	40 Danny Evans	Sneyd Striders	2.39.14	
24	171 Tony Warner	Stourbridge RC	2.40.53	M40-49
25	41 Pat Hudson	South Cheshire Harriers	2.41.12	
26	166 Geoff Farmer	Oak Park RC	2.41.31	M50-59
27	51 Jonathon Cooper	Wolverhampton & Bilston	2.41.43	
28	12 Kevin Allerton	Stone MM	2.41.48	
29	23 Ashley Miles	Sphinx AC	2.41.54	
30	58 Garry Palmer	Sportstest.co.uk	2.42.43	
31	163 Ian Wood	Oak Park RC	2.43.08	M40-49
32	32 Ryan Procter	Trentham	2.43.48	
33	170 Dale Colclough	Trentham	2.44.21	M40-49
34	124 Martin Summers	Tipton Harriers	2.44.23	M50-59
35	132 Neil Stretton	Oak Park RC	2.45.02	M50-59
36	142 Carl Baker	Peel Road Runners	2.46.21	M40-49
37	24 Derren Craddock	Black Country Triathletes	2.51.40	
38	49 Dave Gould	Black Country Triathletes	2.51.40	
39	46 Anthony Hadfield	South Cheshire Harriers	2.53.36	
40	160 Adrian Donnelly	Mercia FR	2.54.38	M40-49
41	174 Spencer Summers	Bridgnorth AC	2.55.07	M40-49
42	56 Gary Postins	Newport & District RC	2.55.23	
43	181 Martin Wallace	Chase Harriers	2.55.42	M40-49
44	152 Philip Johnson	Dudley Kingswinford	2.56.20	M50-59
45	125 Stephen Thompson		2.56.31	M40-49
46	119 Christopher Ross	Stafford Harriers	2.56.44	M40-49
47	17 Lee Jones		2.56.55	
48	13 Andy Painter	South Cheshire Harriers	2.57.00	

49	162	Francois Li	BRAT	2.57.04	M40-49
50	15	Mark Perry	Cobra RC	2.57.46	
51	18	Mark Woodall	Cobra RC	2.58.42	
52	44	Amy Cope	Stone MM	2.58.47	
53	43	Ben Gamble	Stone MM	2.58.48	
54	167	John Clemens	Stone MM	2.58.49	M60-69
55	106	Joan Clarke	Stourbridge RC	2.58.54	W45-54
56	22	Brian Jones	Cobra RC	2.59.20	
57	42	Ryan Fisher		3.00.08	
58	34	Deborah Thomas	Trentham	3.00.20	
59	131	Glenn MacDonald-Jones	Newport & District RC	3.00.20	M50-59
60	45	Paul Stead	Northbrook AC	3.00.36	
61	33	Charlie Rowlands	South Cheshire Harriers	3.01.16	
62	108	Richard Brooks	Cobra RC	3.01.30	M40-49
63	141	Simon Easto	Peel Road Runners	3.01.32	M50-59
64	149	Robert Mottram-Jones	Vegetarian Cycling AC	3.01.34	M40-49
65	155	Lisa Gavside	Newport & District RC	3.01.49	W35-44
66	187	John Lewes	Newport & District RC	3.02.23	M50-59
67	145	Graham Moorhouse	Stone MM	3.02.28	M50-59
68	104	Richard Jones	Dudley Kingswinford	3.03.17	M40-49
69	28	Kate Whitworth	Newport & District RC	3.03.33	
70	61	Sam Newton	Trentham	3.03.34	
71	129	Dave Hicks		3.04.15	M40-49
72	169	Nigel Lee	Newcastle Staffs AC	3.05.54	M50-59
73	109	David Sheppard	Stourbridge RC	3.06.04	M50-59
74	4	Ian Bishop-Parker	Chase Harriers	3.06.07	
75	103	Mary Tavener	Vale Royal	3.07.16	W45-54
76	5	Arthur Zammit	Telford Harriers	3.07.20	
77	184	Robert Simpson	Stafford Harriers	3.07.32	M40-49
78	14	Nicholas Neale	Peel Road Runners	3.07.41	
79	143	Clive Robinson	Peel Road Runners	3.07.41	M40-49
80	127	Jill Phillips	Trentham	3.07.59	W45-54
81	110	Iain Prentice	Ludlow Runners	3.08.05	M40-49
82	134	John Norris	Peel Road Runners	3.08.08	M60-69
83	2	Tricia Bunn	Peel Road Runners	3.08.19	
84	172	Andy Moore	Eastleigh RC	3.08.37	M40-49
85	159	Sandy Mackenzie	Newport & District RC	3.08.46	M40-49
86	165	John Taylor	Newport & District RC	3.08.55	M40-49
87	52	Shaun Wootton		3.09.03	
88	121	Yvonne Leeson	Stone MM	3.09.47	W55-64
89	188	Chris Derham	Mercia FR	3.10.44	M50-59
90	102	Stephen Whincup	South Cheshire Harriers	3.10.49	M40-49
91				3.11.22	
92	179	Ben Rowell		3.12.00	M50-59
93	182	Karen Davies	Stafford Harriers	3.12.24	W45-54
94	186	Andrew Thompson	Chase Harriers	3.12.33	M40-49
95	57	Mark Rogers	Wrekin Road Runners	3.13.49	
96	151	Brian Lane	Dudley Kingswinford	3.14.41	M50-59
97	107	Paul Clutterbuck	Vale Royal	3.15.11	M40-49
98	150	Theresa Duffy	Woverhampton & Bilston	3.15.16	W45-54
99	35	Paul Glancy	Peel Road Runners	3.16.02	
100	148	Mark Hughes	Trentham	3.18.05	M50-59
101	180	Kenny Bosford		3.18.06	M40-49
102	53	Steven Siddall		3.18.10	
103	54	Darren Moseley		3.18.22	
104	135	David Gould	Serpentine	3.21.30	M50-59

105	185	Yvonne Nicholls	Chase Harriers	3.23.39	W45-54
106	101	Dr. Michael Whitehead		3.24.41	M40-49
107	16	Karl Morris	Black Country Triathletes	3.24.41	
108	111	Alasdair Dyde	South Cheshire Harriers	3.26.01	M40-49
109	140	Maria Spurling	Shropshire Shufflers	3.27.14	W35-44
110	118	Claire King		3.28.08	W35-44
111	8	Joe Rees	Rolls Royce Harriers	3.28.44	
112	137	Ian Spencer	Stafford Harriers	3.29.34	M40-49
113	120	Jillian Ross	Stafford Harriers	3.30.56	W35-44
114	176	Colin Tanner		3.31.47	M40-49
115	21	David Quinn	Peel Road Runners	3.32.12	
116	144	Michael Hawes		3.33.22	
117	113	Paul Phillips		3.34.34	M40-49
118	175	Arthur Clare-Hay	Mercia FR	3.35.00	M60-69
119	112	Stephen Burrowes	Trentham	3.40.52	M40-49
120	139	Chris Barlow	Stone MM	3.40.52	M60-69
121	29	Thomas Whitworth		3.42.25	
122	130	Helen MacDonald-Jones	Newport & District RC	3.42.39	W55-64
123	136	Lee Turnbull		3.48.54	M40-49
124	1	Natalie Dellar	Stourbridge RC	3.49.24	
125	7	Zoe Yeomans	Stourbridge RC	3.49.24	
126	117	Stephen Bradshaw	Vale Royal	3.50.16	M40-49
127	116	Andy Munford	Wolverhampton & Bilston	3.53.35	M50-59
128	19	Denzil Martin	Wrekin Road Runners	3.56.06	
129	147	Noel Sanders	Stourbridge RC	3.58.22	M50-59
130	183	David Drew		4.00.14	M60-69
131	154	Linda Deane	Telford Harriers	4.00.22	W35-44
132	153	Gwen Jones	Telford Harriers	4.00.24	W45-54

Veterans Results

Female

W35-44

1	Nina Skilton	Stafford Harriers
2	Lisa Gavsidge	Newport & District RC
3	Maria Spurling	Shropshire Shufflers

W45-54

1	Joan Clarke	Stourbridge RC
2	Mary Tavener	Vale Royal
3	Jill Phillips	Trentham

W55-64

1	Yvonne Leeson	Stone MM
2	Helen MacDonald-Jones	Newport & District RC

Male

M40-49

- 1 Kevin Duckworth
- 2 Mike Hatton
- 3 Alastair Payne

Dudley Kingswinford
South Cheshire Harriers

M50-59

- 1 Geoff Farmer
- 2 Martin Summers
- 3 Neil Stretton

Oak Park RC
Tipton Harriers
Oak Park RC

M60-69

- 1 John Clemens
- 2 John Norris
- 3 Arthur Clare-Hay

Stone MM
Peel Road Runners
Mercia FR