

M 100m A	Wind -2.3 m/s	M 100m B	Wind -2.6 m/s
1 Brenton Smith	BIR 11.3	1 Antoe Walters	BIR 11.4
2 Elijah Skervin U17	NOT 11.4	2 Matthew Daniels	CDF 11.6
3 Gareth Hopkins	CDF 11.5	3 Jonothan Cordon	MNS 11.7
4 Sam Cordin	MNS 11.5	4 Lewis Summer-Rell	NOT 11.9
5 Guy Mayer	C&S 11.8	5 Nick Cartwright	CDA 12.3
6 Andrew Szarkowski	CDA 12.1	6 Nathan Jones U17	WWA 12.4
7 David Hudson U17	TWT 12.2	7 Ashley Bennett	C&S 12.7
8 Thomas Rees	WWA 12.4		

M 200m A	Wind -1.3 m/s	M 200m B	Wind -2.6 m/s
1 Luke Lennon-Ford	BIR 22.5	1 Michael Warner	NOT 22.9
2 Sam Cordin	MNS 22.8	2 Matthew Daniels	CDF 23.6
3 Gareth Hopkins	CDF 23.1	3 Jonothan Cordon	MNS 24.1
4 Elijah Skervin U17	NOT 23.4	4 Phinehas Stewart	BIR 24.4
5 Edward Mourbey	CDA 24.1	5 Michael Gee	CDA 25.0
6 Ben Horsely	TWT 24.2	6 David Hudson U17	TWT 25.1
7 Guy Mayer	C&S 24.2	7 Adam Rigby	C&S 25.7
8 Jamie Price U17	WWA 24.4	8 Thomas Rees	WWA 25.7

M 400m A		M 400m B	
1 Michael Warner	NOT 48.8	1 Nathan Feluus	CDF 50.3
2 Tom Miller	CDF 48.8	2 Simon King	TWT 50.7
3 Efe Okoro U17	BIR 50.8	3 Nick Hordy U17	BIR 52.5
4 Tom Challis U17	TWT 52.0	4 Guy Mayer	C&S 52.8
5 James Hardy U17	MNS 53.3	5 Owain Morgan U17	WWA 55.4
6 Antoine Woodman U17	WWA 53.8	6 Dale Jacob	MNS 55.9
7 Adam Smith	C&S 54.5	7 Dean Bower U17	CDA 57.7
8 Nick Cartwright	CDA 55.9	8 Lewis Summer-Rell	NOT DNF

M 800m A		M 800m B	
1 Jonathan Butler	WWA 2.00.2	1 Peter Whitehouse	BIR 1.59.0
2 Ben Sharman	BIR 2.00.9	2 Konstantinos K U17	CDF 2.02.3
3 James Mee	MNS 2.02.0	3 Chris Boden	TWT 2.03.8
4 Daclan Evans U17	CDF 2.02.2	4 Radek Bednarzyck U17	C&S 2.05.4
5 Mitchell Robinson	CDA 2.05.8	5 Jack Elliott U17	CDA 2.07.2
6 Luke Roughley U17	TWT 2.06.4	6 Geraint Mansfield	WWA 2.09.8
7 Ian McCann	C&S 2.06.6	7 Adam Sansom U17	MNS 2.16.6
8 Andrew Warburton	NOT 2.06.8	8 Frazer Kesteven	NOT 2.38.8

M 1500m A		M 1500m B	
1 Jonathon Butler	WWA 4.05.9	1 Adam Cotton U17	BIR 4.08.5
2 Adam Blundell	BIR 4.06.2	2 Nick Morrell	WWA 4.14.1
3 James Mee	MNS 4.15.3	3 Ian McCann	C&S 4.32.8
4 Chris Perrin U17	C&S 4.15.8	4 Harry Jones	CDF 4.36.8
5 Marcus James U17	CDF 4.16.1	5 Craig Woods	MNS 4.37.2
6 Mitchell Robinson	CDA 4.29.8	6 Joe Saddington	TWT 5.17.7
7 Luke Roughley U17	TWT 4.40.5	7 Victor Ferdinandou17	NOT 6.28.0
8 James Baines	NOT 6.25.3		

M 3000m A		M 3000m B	
1 Greg Divall	BIR 9.02.8	1 Philip Pugh U17	C&S 9.47.9
2 Harry Jones	CDF 9.06.1	2 Tom Whitmarsh-Knight	CDF 9.53.1
3 James Mee	MNS 9.09.5	3 Lewis Morley U17	BIR 10.41.2
4 Alex Johnson U17	C&S 9.40.3	4 Luke Mason U17	MNS 11.06.8
5 Rhys Jones	WWA 10.15.9	5 Owain Morgan U17	WWA 11.58.2
6	TWT 10.37.0		

M 110mH A	Wind -1.3 m/s	M 110mH B	Wind -1.3 m/s
1 Edirin Okoro	BIR 14.2	1 Tom Moakes	NOT 15.7
2 Tom Offler	NOT 15.5	2 Leon Simpson	BIR 17.5
3 Adam Smith	C&S 19.5	3 Jonothan Cordon	MNS 18.8
4 Luke Mason U17	MNS 34.4	4 Alasdair Rigby U17	C&S 20.1

M 400mH A			M 400mH B		
1	Tom Moakes	NOT 56.0	1	Tom Offler	NOT 57.0
2	Luke Morgan	CDF 57.8	2	James Mee	MNS 63.7
3	Leon Simpson	BIR 58.1	3	Jamie Gutteridge	CDF 64.7
4	Adam Sansom U17	MNS 60.3	4	Adam Rigby	C&S 68.6
5	Adam Smith	C&S 60.9	5	Tom Mitchell U17	CDA 71.3
6	Chris Kilner U17	WWA 63.9			
7	Nick Rowton U17	CDA 64.7			
M 2000m Sc A			M 2000m Sc B		
1	James Mee	MNS 6.35.1	1	Leon Simpson	BIR 7.24.1
2	Johnathon Goringe	BIR 6.44.6	2	Geraint Mansfield	WWA 8.22.3
3	Jack Elliott U17	CDA 6.54.9	3	Alasdair Rigby U17	C&S 8.41.5
4	Chris Kilner U17	WWA 6.59.6	4	Daniel Ward U17	MNS 9.09.7
5	Tom Whitmarsh-Knight	CDF 7.00.9			
6	James Perrin U17	C&S 7.10.6			
M Discus Throw A			M Discus Throw B		
1	Brett Morse	CDF 52.49	1	Chad Barton	C&S 24.95
2	Daniel Millerchipu17	C&S 33.65	2	Victor Ferdinandou17	NOT 24.44
3	Michael John	WWA 29.06	3	Tom Kitchen U17	CDA 22.87
4	Dan Gilder U17	NOT 28.61	4	Phinehas Stewart	BIR 21.52
5	Nick Rowton U17	CDA 26.76	5	Lewis Long	CDF 20.74
6	Edirin Okoro	BIR 26.64	6	Luke Mason U17	MNS 14.05
7	Chris Smith	TWT 24.50			
8	Matthew Cordon	MNS 18.19			
M Hammer Throw A			M Hammer Throw B		
1	Dan Gilder U17	NOT 47.18	1	Victor Ferdinandou17	NOT 26.08
2	Brett Morse	CDF 43.84	2	Liam Wheeler U17	TWT 23.92
3	Richard Woolley	MNS 40.03	3	Dan Timmis U17	C&S 23.33
4	Ashley Smetham	TWT 27.50	4	Edward Moubey	CDA 18.14
5	Daniel Millerchipu17	C&S 27.22	5	Matthew Cordon	MNS 15.27
6	Jack Preece U17	CDA 24.46	6	Kyle Garrison U17	CDF 11.56
7	Michael John	WWA 15.40	7	Owain Morgan U17	WWA 8.06
M High Jump A			M High Jump B		
1	Matt Ashley	NOT 1.85	1	Antoine Woodman U17	WWA 1.65
2	Adam Rigby	C&S 1.80	2	Edward Moubey	CDA 1.65
3	Josh Madden	WWA 1.75	3	Dale Jacob	MNS 1.65
4	Phinehas Stewart	BIR 1.75	4	Alasdair Rigby U17	C&S 1.60
5	Lewis Long	CDF 1.70	5	Tom Offler	NOT 1.60
6	James Hardy U17	MNS 1.65	6	Gareth Rees U17	CDF 1.50
7	Tom Mitchell U17	CDA 1.65	7	Nikita Shelyakin U17	TWT 1.50
8	Tom Challis U17	TWT 1.55			
M Javelin Throw A			M Javelin Throw B		
1	Richard Woolley	MNS 58.83	1	Josh Madden	WWA 52.27
2	Michael John	WWA 53.67	2	Liam Wheeler U17	TWT 35.59
3	Chad Barton	C&S 53.52	3	Adam Lyons	NOT 33.20
4	Chris Smith	TWT 45.19	4	Adam Rigby	C&S 32.99
5	Victor Ferdinandou17	NOT 37.84	5	Jonathan Cordon	MNS 26.07
6	Edward Moubey	CDA 34.60	6	Daniel Passey	CDA 22.09
7	Lewis Newton U17	CDF 25.44	7	Kyle Garrison U17	CDF 21.96
8	Luke Lennon-Ford	BIR 8.20	8	Ryan Farrington	BIR 6.90
M Long Jump A			M Long Jump B		
1	James Baines	NOT 6.43	1	Frazer Kesteven	NOT 6.04
2	Robert Scott U17	CDA 6.07	2	Jack Tugwell U17	CDF 5.82
3	Jamie Hammond U17	C&S 5.98	3	Ashley Bennett	C&S 5.81
4	Josh Madden	WWA 5.97	4	Matthew Wilson	CDA 5.73
5	Alex Obiako	CDF 5.87	5	Richard Woolley	MNS 5.55
6	Adam Sansom U17	MNS 5.80	6	Robert John	WWA 5.55
7	Phinehas Stewart	BIR 5.36	7	Luke Lennon-Ford	BIR 5.02
8	Nikita Shelyakin U17	TWT 5.21	8	Simon King	TWT 3.87

M Pole Vault A
 1=Matthew Cordon MNS 1.00
 1=Craig Ridgway U17 C&S 1.00
 1=Edward Mourbey CDA 1.00
 1=Adam Lyons NOT 1.00

M Pole Vault B
 1 Daniel Passey CDA 1.00

M Shot Putt A
 1 Brett Morse CDF 15.15
 2 Richard Woolley MNS 12.72
 3 Dan Timmis U17 C&S 11.75
 4 Jack Preece U17 CDA 10.08
 5 Dan Glider NOT 9.63
 6 Edirin Okoro BIR 8.57
 7 Ben Horsley TWT 7.20

M Shot Putt B
 1 Daniel Millerchipul7 C&S 11.13
 2 Tom Kitchen U17 CDA 9.52
 3 Matt Madden NOT 8.53
 4 Gareth Hopkins CDF 7.91
 5 Ashley Smetham TWT 7.10
 6 Matthew Cordon MNS 6.76

M Triple Jump A
 1 Alex Obiako CDF 13.85
 2 Tom Bell MNS 13.49
 3 Rhys Gilbert U17 BIR 12.84
 4 James Baines NOT 11.72
 5 Ashley Bennett C&S 11.56
 6 Nick Rowton U17 CDA 11.12
 7 Nikita Shelyakin U17 TWT 10.99
 8 Robert John WWA 10.82

M Triple Jump B
 1 Jose Martin-F U17 BIR 12.68
 2 Rob Green CDF 11.98
 3 Richard Woolley MNS 11.75
 4 Jamie Hammond U17 C&S 11.11
 5 Ben Horsley TWT 10.83
 6 Tom Mitchell U17 CDA 10.58
 7 Elijah Skervin U17 NOT 9.79
 8 Nathan Jones U17 WWA 8.57

W 100m A Wind -5.3 m/s
 1 Sarah Pole WWA 13.3
 2 Harriet Thompson U17 C&S 13.3
 3 Hannah Williams CDF 13.4
 4 Sophie Taylor U17 TWT 13.4
 5 Kimi Moncrieffe BIR 13.5
 6 Emma Hourd NOT 13.6
 7 Jodie Wills U17 CDA 13.7
 8 Claire Beaumont U17 MNS 14.5

W 100m B Wind -2.2 m/s
 1 Abbie Langley U17 CDA 13.2
 2 Kimeal Moncrieffe BIR 13.4
 3 Danielle Mill U17 CDF 13.8
 4 Sian Jones WWA 13.8
 5 Laura Taylor TWT 13.9
 6 Amy Jane Brown NOT 14.1
 7 Leanne Jones C&S 14.1
 8 Hannah Wragg U17 MNS 14.8

W 200m A Wind -4.0 m/s
 1 Ese Okoro BIR 25.9
 2 Caryl Granville WWA 25.9
 3 Claudia Rogers U17 CDA 26.7
 4 Emma Hourd NOT 27.2
 5 Hollie Owen TWT 27.3
 6 Hannah Greaves C&S 27.6
 7 Rebecca Garrett CDF 27.7
 8 Claire Beaumont U17 MNS 30.3

W 200m B Wind -3.5 m/s
 1 Sarah Pole WWA 27.0
 2 Lillie Gregg BIR 27.4
 3 Sophie Taylor U17 TWT 27.5
 4 Gwen Williams U17 CDF 28.4
 5 Laura Bennett MNS 28.7
 6 Jodie Wills U17 CDA 29.0
 7 Leanne Jones C&S 29.1
 8 Laura Clarke NOT 29.5

W 400m A
 1 Ejiro Okoro BIR 56.2
 2 Laura Mason U17 NOT 57.6
 3 Cally Read C&S 57.7
 4 Caryl Granville WWA 58.7
 5 Hollie Owen TWT 59.9
 6 Alexandra Turner U17 CDA 60.3
 7 Georgia Milton U17 MNS 62.4
 8 Rebecca Garrett CDF 64.0

W 400m B
 1 Christie Childs U17 MNS 60.2
 2 Sophie Clarke U17 BIR 60.4
 3 Lauren Regan U17 CDF 60.8
 4 Clarke Ashley U17 NOT 62.3
 5 Hollie Allan U17 C&S 62.4
 6 Rhiannon Andersonu17 WWA 63.3
 7 Georgia Loraine TWT 67.2

W 800m A
 1 Sarah Hopcroft U17 BIR 2.20.4
 2 Sophie Thomas U17 WWA 2.22.6
 3 Rebecca Cooke U17 C&S 2.28.1
 4 Kristi Clarke U17 NOT 2.30.8
 5 Lauren Brobin U17 CDF 2.31.3
 6 Emma Wilkinson U17 MNS 2.32.7
 7 Nicole King U17 TWT 2.41.8
 8 Emily Cotterill U17 CDA 2.50.0

W 800m B
 1 Hanifa Greenwood U17 BIR 2.23.5
 2 Kayleigh Brown WWA 2.28.1
 3 Laura Brown U17 MNS 2.30.6
 4 Natalie Allen CDF 2.40.9
 5 Hannah Greaves C&S 2.41.0
 6 Holly Weaver NOT 2.52.4

W 1500m A			W 1500m B		
1	Cally Read	C&S 4.56.7	1	Rebecca Cooke U17	C&S 5.15.2
2	Amie Grainger U17	MNS 4.59.5	2	Natalie Allen	CDF 5.19.6
3	Paris Williams	CDF 5.05.2	3	Rhiannon Anderson U17	WWA 5.36.9
4	Catrin Lewis U17	WWA 5.15.9	4	Holly Weaver	NOT 6.01.3
5	Kristi Clarke U17	NOT 5.18.9			
6	Lauran Mann U17	TWT 5.23.8			
7	Emily Cotterill U17	CDA 5.56.0			
W 3000m A			W 3000m B		
1	Leah Dixon	WWA 10.35.6	1	Alaw Beynon-Thomas	WWA 11.03.8
2	Hannah Wragg U17	MNS 10.36.5	2	Michelle Allen	CDF 11.07.8
3	Gwenno Brown	CDF 10.40.7	3	Katie Raynor U17	MNS 11.57.3
4	Lindsey Baker	BIR 11.37.3	4	Rebecca Bray U17	C&S 12.09.5
5	Rebecca Phillips U17	C&S 11.38.0			
6	Elyse Jinks U17	TWT 13.54.7			
W 100mH A			W 100mH B		
		Wind -3.3 m/s			Wind -0.3 m/s
1	Ese Okoro	BIR 15.2	1	Megan Thomas	WWA 16.8
2	Rebecca Gatehouse	WWA 16.6	2	Alexandra Turner U17	CDA 17.5
3	Laura Bennett	MNS 17.3	3	Jess Grieves U17	MNS 19.2
4	Laura Clarke	NOT 17.4	4	Beth Dawson U17	NOT 19.6
5	Louise Feeney	CDA 17.5	5	Sam Storey U17	TWT 20.3
6	Elinor Lewis U17	CDF 18.4	6	Abbey Gutteridge U17	CDF 20.8
W 400mH A			W 400mH B		
1	Megan Thomas	WWA 66.9	1	Emma Komocki U17	CDA 67.3
2	Jess Grieves U17	MNS 68.8	2	Emma Colwill	WWA 71.8
3	Louise Feeney	CDA 70.3	3	Lucy Johnson U17	NOT 75.3
4	Abbey Gutteridge U17	CDF 73.0	4	Gina Radford U17	MNS 80.3
5	Nicole King U17	TWT 75.1	5	Elisha Bateman U17	C&S 88.9
6	Chloe Boulter U17	C&S 76.7			
W Discus Throw A			W Discus Throw B		
1	Charlotte Gair U17	MNS 31.96	1	Beth Farr	MNS 23.64
2	Hayley Murray	BIR 31.52	2	Jess Palmer	BIR 21.85
3	Jane Bourne U17	C&S 26.65	3	Chloe Smith U17	CDA 17.44
4	Nicole Evans U17	WWA 25.52	4	Kayleigh Brown	WWA 16.23
5	Louise Feeney	CDA 20.10	5	Natalie Stone	CDF 15.43
6	Amy Nathan U17	NOT 16.81	6	Anna Denning U17	C&S 15.43
7	Imogen Lewis	CDF 16.24	7	Holly Weaver	NOT 14.96
8	Sally Warren U17	TWT 13.21	8	Elyse Jinks U17	TWT 9.29
W Hammer Throw A			W Hammer Throw B		
1	Hayley Murray	BIR 52.12	1	Monique Brown	BIR 19.15
2	Ayla Phillips U17	CDF 33.70	2	Natalie Stone	CDF 18.53
3	Sally Warren U17	TWT 23.48	3	Hollie Owen	TWT 15.25
4	Charlotte Gair U17	MNS 21.54	4	Emma Hoves	NOT 13.40
5	Anna Denning U17	C&S 19.38	5	Sarah Pole	WWA 11.26
6	Nicole Evans U17	WWA 17.85	6	Hannah Jones U17	C&S 6.32
7	Lucy Johnson U17	NOT 13.75	7	Gina Radford U17	MNS 6.26
W High Jump A			W High Jump B		
1	Zoey Phillips U17	BIR 1.65	1	Laura Wynn U17	BIR 1.50
2	Chloe Boulter U17	C&S 1.45	2	Imogen Lewis	CDF 1.40
3	Jess Grieves U17	MNS 1.40	3	=Rebecca Cooke U17	C&S 1.35
4	Gwen Williams U17	CDF 1.40	3	=Laura Mason U17	NOT 1.35
5	Amy Nathan U17	NOT 1.40	5	Emma Wilkinson U17	MNS 1.30
6	Laura Taylor	TWT 1.35			

W Javelin Throw A
 1 Natalie Stone CDF 30.00
 2 Sally Clague U17 C&S 28.89
 3 Beth Farr MNS 21.71
 4 Laura Radburn BIR 21.69
 5 Kayleigh Brown WWA 19.19
 6 Laura Clarke NOT 18.49
 7 Jodie Wills U17 CDA 14.28
 8 Sam Storey U17 TWT 8.85

W Javelin Throw B
 1 Hannah Jones U17 C&S 18.45
 2 Kirsty Marshall U17 NOT 16.34
 3 Ayla Phillips U17 CDF 16.31
 4 Sophie Thomas WWA 15.69
 5 Laura Brown U17 MNS 14.30
 6 Sam Jackson BIR 12.33
 7 Charlotte McDonough TWT 8.60

W Long Jump A
 1 Isobel Rogers U17 C&S 5.22
 2 Karina Jakovenko U17 BIR 5.12
 3 Donna Jones WWA 4.99
 4 Laura Bennett MNS 4.74
 5 Laura Taylor TWT 4.65
 6 Elinor Lewis U17 CDF 4.55
 7 Chloe Smith CDA 4.48
 8 Laura Clarke NOT 4.23

W Long Jump B
 1 Shalayna Hutchinson BIR 4.63
 2 Sian Jones WWA 4.52
 3 Charlotte McDonough TWT 4.31
 4 Hannah Williams CDF 4.25
 5 Abbie Langley U17 CDA 4.18
 6 Laura Brown U17 MNS 4.14
 7 Leanne Jones C&S 3.80
 8 Kirsty Marshall U17 NOT 3.35

W Pole Vault A
 1 Louise Foster U17 C&S 2.80
 2 Amy Nathan U17 NOT 2.60

W Pole Vault B
 1 Sammy Jo Witton U17 C&S 2.70
 2 Beth Dawson U17 NOT 2.00

W Shot Putt A
 1 Caryl Granville WWA 8.96
 2 Ayla Phillips U17 CDF 8.59
 3 Laura Bennett MNS 8.38
 4 Jane Bourne U17 C&S 8.37
 5 Jess Palmer BIR 8.28
 6 Chloe Smith CDA 7.85
 7 Clare Ashley U17 NOT 7.36
 8 Sally Warren U17 TWT 5.47

W Shot Putt B
 1 Beth Farr MNS 8.28
 2 Natalie Stone CDF 7.23
 3 Monique Brown BIR 6.57
 4 Nicole Evans U17 WWA 6.41
 5 Lucy Johnson U17 NOT 6.26
 6 Anna Denning U17 C&S 6.00
 7 Georgia Loraine TWT 4.88

W Triple Jump A
 1 Jenneice Brimingham BIR 11.27
 2 Chloe Boulter U17 C&S 10.07
 3 Donna Jones WWA 10.06
 4 Elinor Lewis U17 CDF 9.70
 5 Sam Storey U17 TWT 9.26
 6 Clare Ashley U17 NOT 9.19
 7 Emma Wilkinson U17 MNS 8.50

W Triple Jump B
 1 Karina Jakovenko U17 BIR 10.86
 2 Leanne Jones C&S 9.85
 3 Sian Jones WWA 9.38
 4 Hannah Williams CDF 9.18
 5 Charlotte McDonough TWT 9.14
 6 Kirsty Marshall U17 NOT 8.57
 7 Claire Beaumont U17 MNS 8.48

W 4x100m Relay

1 WWA 50.8	1 Catrin Phillips	2 Sarah Pole
	3 Sian Jones	4 Caryl Granville
2 CDA 51.2	1 Louise Feeney	2 Abbie Langley U17
	3 Claudia Rogers U17	4 Emma Kimocki U17
3 BIR 51.8	1 Nardhia Kidd-W U17	2 Kimeal Moncrieffe
	3 Kimi Moncrieffe	4 Lillie Gregg
4 CDF 52.3	1 Hannah Williams	2 Rebecca Garrett
	3 Danielle Mill U17	4 Gwen Williams U17
5 NOT 52.4	1 Amy Nathan U17	2 Emma Hourds
	3 Laura Clarke	4 Laura Mason U17
6 C&S 53.7	1 Hollie Allan U17	2 Isobel Rogers
	3 Hannah Greaves	4 Chloe Boulter U17
7 MNS 54.6	1 Claire Beaumont U17	2 Laura Bennett
	3 Hannah Wragg U17	4 Beth Farr
8 TWT 55.6	1 Sam Storey U17	2 Georgia Loraine
	3 Sophie Taylor U17	4 Sally Warren U17

W 4x400m Relay

1 BIR 3.54.5	1 Ejiro Okoro	2 Sophie Clarke U17
	3 Ese Okoro	4 Hanifa Greenwood U17
2 WWA 4.04.3	1 Sophie Thomas U17	2 Kayleigh Brown
	3 Caryl Granville	4 Sarah Pole
3 MNS 4.05.8	1 Jess Grieves U17	2 Christie Childs U17
	3 Amie Grainger U17	4 Georgia Milton U17
4 TWT 4.12.2	1 Hollie Owen	2 Sophie Taylor U17
	3 Nicole King U17	4 Georgia Loraine
5 C&S 4.14.1	1 Hollie Allan	2 Leanne Jones
	3 Rebecca Cooke U17	4 Cally Reed
6 NOT 4.22.1	1 Beth Dawson U17	2 Kristi Clarke U17
	3 Lucy Johnson U17	4 Clare Ashley U17
7 CDA 4.27.3	1 Louise Feeney	2 Jodie Wills U17
	3 Alexandra Turner U17	4 Emily Cotterill U17
8 CDF 4.28.7	1 Lauren Regan U17	2 Paris Williams
	3 Imogen Lewis	4 Gwenno Brown

M 4x100m Relay

1 BIR 42.6	1 Antoe Walters	2 Edirin Okoro
	3 Luke Lennon-Ford	4 Brenton Smith
2 CDF 44.2	1 Matthew Daniels	2 Tom Miller
	3 Gareth Hopkins	4 Nathan Feluus
3 NOT 45.3	1 Tom Moakes	2 Michael Warner
	3 Frazer Kesteven U17	4 Elijah Skervin
4 MNS 46.6	1 Sam Cordin	2 Adam Sansom U17
	3 Craig Woods	4 Tom Bell
5 CDA 47.5	1 Dean Bower U17	2 Nick Cartwright
	3 Matthew Wilson	4 Michael Gee
6 WWA 47.9	1 Thomas Rees	2 Josh Madden
	3 Nathan Jones U17	4 Jamie Price
7 C&S 48.6	1 Guy Mayer	2 Chad Barton
	3 Adam Rigby	4 Adam Smith
8 TWT 55.8	1 David Hudson U17	2 Nikita Shelyakin U17
	3 Ben Storey	4 Ben Horsley

M 4x400m Relay

1 CDF 3.25.6	1 Jamie Gutteridge	2 Nathan Feluus
	3 Luke Morgan	4 Tom Miller
2 BIR 3.26.2	1 Ben Sharman	2 Nick Hordy U17
	3 Peter Whitehouse	4 Efe Okoro U17
3 NOT 3.31.2	1 Tom Moakes	2 James Baines
	3 Elijah Skervin U17	4 Tom Offier
4 WWA 3.37.8	1 Owain Morgan U17	2 Jonathan Butler
	3 Antoine Woodman U17	4 Rhys Jones
5 TWT 3.39.7	1 Luke Roughley U17	2 Tom Challis U17
	3 Chris Boden	4 Ben Horsley
6 MNS 3.40.9	1 John Siddall	2 Adam Sansom U17
	3 James Hardy U17	4 Sam Cordin
7 C&S 3.42.2	1 Ian McCann	2 Radek Bednarzyck U17
	3 Chris Perrin U17	4 Adam Smith
8 CDA 3.55.0	1 Nick Cartwright	2 Dean Bower U17
	3 Mitchell Robinson	4 Tom Mitchell U17

	Event	Lge
1	Birchfield Harriers	473 8
2	Cannock & Stafford AC	451.25 7
3	Cardiff AC	445 6
4	Mansfield Harriers	435.75 5
5	West Wales	416 4
6	Notts AC	405.25 3
7	TEAM CDAV	301.75 2
8	Tamworth AC	270 1

Athlete of the Match

Hayley Murray Hammer, 52.12

Brett Morse Discus, 52.49

General Comment

mens pole vault abandoned half way through due to bad weather conditions

Note(s)

BIR Includes + 35pts,

C&S Includes + 35pts,

CDF Includes + 35pts,

MNS Includes + 35pts,

NOT Includes + 35pts,

TWT Includes + 35pts,

CDA Includes + 35pts,

WWA Includes + 35pts,

NJL Midland Premier Div Round:3 GUEST EVENTS
Cannock, Cannock, Sun 29 June 2008

Page 1 of 1

100m M

1 Luke Lennon-Ford	BIR 11.5
2 Alfred Larbi	BIR 12.0
3 Jamie Gutteridge	CDF 12.1
4 Matthew Wilson	CDA 12.8

200m M

1 Declan Evans U17	CDF 24.7
2 Alfred Larbi	BIR 24.8

Javelin M

1 Jamie Price	WSW 36.21
---------------	-----------

Long Jump M

1 Tom Kitchen U17	CDA 5.61
-------------------	----------

100m W

1 Catrin Philips	WSW 13.6
------------------	----------

Triple W

1 Shalayna Hutchinson	BIR 10.12
-----------------------	-----------

Shot W

1 Laura Radburn	BIR 7.44
-----------------	----------

3000m M

1 Daniel Ward	MNS 12.21.0
---------------	-------------

1500m M

1 Sam Derry U17	C&S 4.44.9
-----------------	------------

Team No's	BIR	C&S		CDF		MNS		NOT		TWT		CDA		WWA		POINTS				
		1	11	2	22	3	33	4	44	5	55	6	66	7	77	8	88	Used	Waste	Tot
M 100m	A	11		6		8		7		9		4		5		3		53	0	53
	B	9		2		7		6		5		0		4		3		36	1	37
	Cumulative	20		8		15		13		14		4		9		6		89	1	90
M 200m	A	11		4		8		9		7		5		6		3		53	0	53
	B	5		2		7		6		9		3		4		1		37	0	37
	Cumulative	36		14		30		28		30		12		19		10		179	1	180
M 400m	A	8		4		9		6		11		7		3		5		53	0	53
	B	6		5		9		3		0		7		2		4		36	1	37
	Cumulative	50		23		48		37		41		26		24		19		268	2	270
M 800m	A	9		4		7		8		3		5		6		11		53	0	53
	B	9		5		7		2		1		6		4		3		37	0	37
	Cumulative	68		32		62		47		45		37		34		33		358	2	360
M 1500m	A	9		7		6		8		3		4		5		11		53	0	53
	B	9		6		5		4		2		3		0		7		36	1	37
	Cumulative	86		45		73		59		50		44		39		51		447	3	450
M 3000m	A	11		7		9		8		0		5		0		6		46	7	53
	B	6		9		7		5		0		0		0		4		31	6	37
	Cumulative	103		61		89		72		50		49		39		61		524	16	540
M 110mH	A	11		8		0		7		9		0		0		0		35	18	53
	B	7		5		0		6		9		0		0		0		27	10	37
	Cumulative	121		74		89		85		68		49		39		61		586	44	630
M 400mH	A	8		6		9		7		11		0		4		5		50	3	53
	B	0		5		6		7		9		0		4		0		31	6	37
	Cumulative	129		85		104		99		88		49		47		66		667	53	720
M 2000Sc	A	9		5		6		11		0		0		8		7		46	7	53
	B	9		6		0		5		0		0		0		7		27	10	37
	Cumulative	147		96		110		115		88		49		55		80		740	70	810
M DT	A	5		9		11		3		7		4		6		8		53	0	53
	B	5		9		4		3		7		0		6		0		34	3	37
	Cumulative	157		114		125		121		102		53		67		88		827	73	900
M HT	A	0		6		9		8		11		7		5		4		50	3	53
	B	0		6		3		4		9		7		5		2		36	1	37
	Cumulative	157		126		137		133		122		67		77		94		913	77	990

Team	BIR	C&S	CDF	MNS	NOT	TWT	CDA	WWA	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

M HJ	A	7	9	6	5	11	3	4	8	53	0	53
	B	0	5	3	6	4	2	7	9	36	1	37
Cumulative		164	140	146	144	137	72	88	111	1002	78	1080

M JT	A	3	8	4	11	6	7	5	9	53	0	53
	B	1	5	2	4	6	7	3	9	37	0	37
Cumulative		168	153	152	159	149	86	96	129	1092	78	1170

M LJ	A	4	8	6	5	11	3	9	7	53	0	53
	B	2	6	7	4	9	1	5	3	37	0	37
Cumulative		174	167	165	168	169	90	110	139	1182	78	1260

M PV	A	0	8.75	0	8.75	8.75	0	8.75	0	35	18	53
	B	0	0	0	0	0	0	9	0	9	28	37
Cumulative		174	175.75	165	176.75	177.75	90	127.75	139	1226	124	1350

M SP	A	5	8	11	9	6	4	7	0	50	3	53
	B	0	9	5	3	6	4	7	0	34	3	37
Cumulative		179	192.75	181	188.75	189.75	98	141.75	139	1310	130	1440

M TJ	A	8	6	11	9	7	4	5	3	53	0	53
	B	9	5	7	6	2	4	3	1	37	0	37
Cumulative		196	203.75	199	203.75	198.75	106	149.75	143	1400	130	1530

W 100m	A	6	9	8	3	5	7	4	11	53	0	53
	B	7	2	6	1	3	4	9	5	37	0	37
Cumulative		209	214.75	213	207.75	206.75	117	162.75	159	1490	130	1620

W 200m	A	11	5	4	3	7	6	8	9	53	0	53
	B	7	2	5	4	1	6	3	9	37	0	37
Cumulative		227	221.75	222	214.75	214.75	129	173.75	177	1580	130	1710

W 400m	A	11	8	3	4	9	6	5	7	53	0	53
	B	7	4	6	9	5	2	0	3	36	1	37
Cumulative		245	233.75	231	227.75	228.75	137	178.75	187	1669	131	1800

W 800m	A	11	8	6	5	7	4	3	9	53	0	53
	B	9	4	5	6	3	0	0	7	34	3	37
Cumulative		265	245.75	242	238.75	238.75	141	181.75	203	1756	134	1890

W 1500m	A	0	11	8	9	6	5	4	7	50	3	53
	B	0	9	7	0	5	0	0	6	27	10	37
Cumulative		265	265.75	257	247.75	249.75	146	185.75	216	1833	147	1980

W 3000m	A	7	6	8	9	0	5	0	11	46	7	53
	B	0	5	7	6	0	0	0	9	27	10	37
Cumulative		272	276.75	272	262.75	249.75	151	185.75	236	1906	164	2070

Team	BIR	C&S	CDF	MNS	NOT	TWT	CDA	WWA	POINTS		
									Used	Waste	Tot
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88			

W 100mH A	11	0	5	8	7	0	6	9	46	7	53
B	0	0	3	6	5	4	7	9	34	3	37
Cumulative	283	276.75	280	276.75	261.75	155	198.75	254	1986	174	2160

W 400mH A	0	5	7	9	0	6	8	11	46	7	53
B	0	4	0	5	6	0	9	7	31	6	37
Cumulative	283	285.75	287	290.75	267.75	161	215.75	272	2063	187	2250

W 1500Sc A	0	0	0	0	0	0	0	0	0	0	0
B	0	0	0	0	0	0	0	0	0	0	0
Cumulative	283	285.75	287	290.75	267.75	161	215.75	272	2063	187	2250

W DT A	9	8	4	11	5	3	6	7	53	0	53
B	7	3	4	9	2	1	6	5	37	0	37
Cumulative	299	296.75	295	310.75	274.75	165	227.75	284	2153	187	2340

W HT A	11	6	9	7	4	8	0	5	50	3	53
B	9	3	7	2	5	6	0	4	36	1	37
Cumulative	319	305.75	311	319.75	283.75	179	227.75	293	2239	191	2430

W HJ A	11	9	7	8	6	5	0	0	46	7	53
B	9	5.5	7	4	5.5	0	0	0	31	6	37
Cumulative	339	320.25	325	331.75	295.25	184	227.75	293	2316	204	2520

W JT A	7	9	11	8	5	3	4	6	53	0	53
B	3	9	6	4	7	2	0	5	36	1	37
Cumulative	349	338.25	342	343.75	307.25	189	231.75	304	2405	205	2610

W LJ A	9	11	5	7	3	6	4	8	53	0	53
B	9	2	5	3	1	6	4	7	37	0	37
Cumulative	367	351.25	352	353.75	311.25	201	239.75	319	2495	205	2700

W PV A	0	11	0	0	9	0	0	0	20	33	53
B	0	9	0	0	7	0	0	0	16	21	37
Cumulative	367	371.25	352	353.75	327.25	201	239.75	319	2531	259	2790

W SP A	6	7	9	8	4	3	5	11	53	0	53
B	6	3	7	9	4	2	0	5	36	1	37
Cumulative	379	381.25	368	370.75	335.25	206	244.75	335	2620	260	2880

W TJ A	11	9	7	4	5	6	0	8	50	3	53
B	9	7	5	2	3	4	0	6	36	1	37
Cumulative	399	397.25	380	376.75	343.25	216	244.75	349	2706	264	2970

W 4x1	8	5	7	4	6	3	9	11	53	0	53
Cumulative	407	402.25	387	380.75	349.25	219	253.75	360	2759	264	3023

W 4x4	11	6	3	8	5	7	4	9	53	0	53
Cumulative	418	408.25	390	388.75	354.25	226	257.75	369	2812	264	3076

```

*-----*
|      Team| BIR | C&S | CDF | MNS | NOT | TWT | CDA | WWA |      POINTS      |
|      No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66| 7 77| 8 88|Used Waste Tot|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x1    |  11|   4|   9|   7|   8|   3|   6|   5| 53|  0| 53|
|Cumulative| 429|412.25| 399|395.75|362.25| 229|263.75| 374|2865| 264|3129|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|M 4x4    |   9|   4|  11|   5|   8|   6|   3|   7| 53|  0| 53|
|Cumulative| 438|416.25| 410|400.75|370.25| 235|266.75| 381|2918| 264|3182|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      Add|  35|  35|  35|  35|  35|  35|  35|  35|  0|  0|  0|
|subtract|   0|   0|   0|   0|   0|   0|   0|   0|  0|  0|  0|
|Cumulative| 473|451.25| 445|435.75|405.25| 270|301.75| 416|2918| 264|3182|
|-----+-----+-----+-----+-----+-----+-----+-----+-----+-----|
|      TOTALS| 473|451.25| 445|435.75|405.25| 270|301.75| 416|2918| 264|3182|
*-----*
    
```

Pos	Team	Points	Add	Sub	Total
1	Birchfield Harriers	438	35	0	473
2	Cannock & Stafford AC	416.25	35	0	451.25
3	Cardiff AC	410	35	0	445
4	Mansfield Harriers	400.75	35	0	435.75
5	West Wales	381	35	0	416
6	Notts AC	370.25	35	0	405.25
7	TEAM CDAV	266.75	35	0	301.75
8	Tamworth AC	235	35	0	270

After 37 of 38 events

Used + add - sub = total	2918	280	0	3198
Unused points	264			264
(Used+unused)+add-sub=total	3182	280	0	3462

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
BIR A	13	6	4	3	2	2	1	1	B 10	5	3	2	0	1	1	1
C&S A	4	6	7	3	7	4	5	0	B 6	1	5	8	3	3	5	0
CDF A	5	7	5	5	5	2	3	2	B 1	11	4	6	2	3	1	0
MNS A	4	6	9	6	1	4	3	3	B 3	1	8	3	7	4	3	1
WWA A	7	5	4	6	2	4	1	3	B 5	5	2	4	3	4	1	2
NOT A	6	4	2	6	5	5	2	3	B 5	3	4	5	2	3	3	3
CDA A	1	2	3	1	6	7	7	3	B 3	3	2	2	5	3	1	0
TWT A	0	0	1	5	6	6	6	7	B 0	3	4	0	5	2	4	2

Men	Event	Women	Event
1 Cardiff AC	219	1 West Wales	226
2 Birchfield Harriers	216	2 Birchfield Harriers	222
3 Mansfield Harriers	215.75	3 Cannock & Stafford AC	204.5
4 Notts AC	214.75	4 Cardiff AC	191
5 Cannock & Stafford AC	211.75	5 Mansfield Harriers	185
6 TEAM CDAV	158.75	6 Notts AC	155.5
7 West Wales	155	7 Tamworth AC	120
8 Tamworth AC	115	8 TEAM CDAV	108