

Midland Counties AA
3rd Open Results

17-Feb-08

T01 60mH U15G Heat 1

Posn	Name	Club	Perf
1	Yasmin Miller	Derby AC	9.15
2	Victoria Williamson	City of Norwich	9.34
3	Emma Douras	Wolves & Bilston	9.81
4	Charlotte Davies	Rugby & N	9.85
5	Annie Waghorn	Medway & M'stone	9.86
6	Rebecca Davies	Rugby & N	9.98
7	Sarah Douras	Wolves & Bilston	10.34

T01 60mH U15G Heat 2

Posn	Name	Club	Perf
1	Megan Dixon	Wolves & Bilston	9.98
2	Sara Bobash	Wolves & Bilston	10.01
3	Olivia Wilding	Hereford & County	10.18
4	Hannah Scales	Rugby & N	10.31
5	Chloe Elphick	Sutton-in-Ashfield H	10.52
6	Liberty Thornton	Cannock & Stafford	10.84
7	Alice Knight	Charnwood AC	11.18

T01 60mH U15G Heat 3

Posn	Name	Club	Perf
1	Gaby Bangay	Corby AC	9.4
2	Ciara McDonnell	Manx Harriers	10.07
3	Jade Perry	Birchfield H	10.44
4	Kila Allen	Bristol & West AC	10.68
5	Georgie Evans	Stratford-on-Avon	10.8
6	Emily Ashe	Manx Harriers	11.68

T02 60mH U17W Heat 1

Posn	Name	Club	Perf
1	Amy Wakeham	Exeter Harriers	8.98
2	Ella Taylor	Hereford & County	9.53
3	Molly Bagworth	Coventry Godiva	9.58
4	Rebecca Oakley	Wolves & Bilston	9.76
5	Rosie Kingston	Bicester AC	10.22

T02 60mH U17W Heat 2

Posn	Name	Club	Perf
1	Danni Horner	Andover AC	10.01
2	Rhiannon Shipstone	Wolves & Bilston	10.05
3	Rosie-Mai Wheeler	Birchfield H	10.25
4	Rachel Clarkson	Burton AC	10.47

T03 60mH U15B Heat 1

Posn	Name	Club	Perf
1	Ryan Miller	Derby AC	9.54
2	Morton Hart	Solihull & SH	9.97
3	Adam Khan	City of Sheffield	10.57
4	Scott Gregory	Birchfield H	10.93

T04 60mH U20W Heat 1

Posn	Name	Club	Perf	
1	Ese Okoro	Birchfield H	9.22	pb
2	Franki Hansen	Andover AC	11.08	

T05 60mH SW Heat 1

Posn	Name	Club	Perf	
1	Avril Dillon	Dundrum SD	9.67	
2	Rebecca Courtenay	Cheltenham & C H	10.4	

T06 60mH U17M Heat 1

Posn	Name	Club	Perf	
1	Alex Newnwu	Wolves & Bilston	8.07	pb
2	Ciaran Donnelly	Birchfield H	8.42	
3	Themba Luhana	Rugby & N	8.44	
4	Peter Spencer	Boston & District	8.67	
5	Daniel Needham	Wigan Harriers	8.72	

T06 60mH U17M Heat 2

Posn	Name	Club	Perf	
1	Sean McKee	Sparkhill H	9.4	
2	Alastair Todd	TeamBath	9.52	
3	Tony Wells	Corby AC	9.80	
4	Daniel Burton	Deeside AC	10.06	

T07 60mH U20M Heat 1

Posn	Name	Club	Perf	
1	Simon Merrill	TeamBath	8.09	
2	Oliver Knight	Charnwood AC	8.8	
3	James Eaton	Rugby & N	9	
4	Michael Haslett	Manx Harriers	9.28	

T08 60mH SM Heat 1

Posn	Name	Club	Perf
1	Ian McDonald	Crusaders AC	8.1
2	Marcin Bodzek	Azs-Anf Krakow	8.17
3	Scott Henderson	Middlesborough AC	8.81
4	Stefan Wilcockson	Mansfield H	9.03
5	Chris Minn	Crawley AC	9.09
6	Jonathan Newell	Mansfield H	10.10
7	Lee Rogers	Unattached	10.83

T09 800m U20W Heat 1

Posn	Name	Club	Perf
1	Rachael Franklin	Manx Harriers	2.24.25
2	Bethan Roberts	Bridgnorth AC	2.33.05

T10 800m U20M Heat 1

Posn	Name	Club	Perf
1	Nicholas Lyster	Solihull & SH	1.55.81
2	Harry Webb	Yate & D	1.58.12
3	Tom Richmond	Manx Harriers	1.58.20
4	Lewis Bostock	Notts AC	2.00.69
5	Ciaran Axford	Birchfield H	2.01.29
6	Ben Sharman	Kettering Town	2.02.83

T10 800m U20M Heat 2

Posn	Name	Club	Perf
1	Aidan Reid	Mansfield H	1.58.50
2	Adam Blundell	Birchfield H	2.01.05
3	Tom Grimley	Coventry Godiva	2.01.94
4	Max Shaughnessy	Cheltenham & C H	2.06.74
5	Joshua Lacey	Birchfield H	2.08.52
6	Daniel Lismore	Birchfield H	2.09.98
7	Chris Cooper	Unattached	2.20.92

T11 200m U20W Heat 1

Posn	Name	Club	Perf
1	Shelley Went	Leamington AC	25.50
2	Heather Douglas	Derby AC	26.4
3	Llio Evans	Menai	26.74
4	Harriet Pryke	Manx Harriers	27.76

T11 200m U20W Heat 2

Posn	Name	Club	Perf
1	Emily Baker	Cheltenham & C H	26.65
2	Catherine Seal	Team Southampton	27.29
3	Emma Cluley	Rugby & N	28.57
	Stephanie Blackwell	Birchfield H	DNS

T11 200m U20W Heat 3

Posn	Name	Club	Perf
1	Jordan Mcintosh	Derby AC	27.51
2	Atinuke Ojutalayo	Coventry Godiva	28.59
3	Hayley McAvoy	Coventry Godiva	29.17
4	Caroline Ford	Nuneaton H	30.06

T12 200m U20M Heat 1

Posn	Name	Club	Perf
1	Gareth Price	Team Southampton	22.31
2	Nick Frodsham	Leamington AC	22.63
3	Ben Riekstins	Telford AC	23.07
4	Santino Dummett	Telford AC	23.48
5	Charlie Burn	Stratford-on-Avon	23.49

T12 200m U20M Heat 2

Posn	Name	Club	Perf
1	Sean Foord	Team Southampton	23.47
2	Michael Thompson	Coventry Godiva	23.85
3	Rory MacGregor	Corby AC	23.97
4	Ben Horsley	Tamworth AC	23.99
5	Ashleigh Naylor	Gloucester AC	24.16

T12 200m U20M Heat 3

Posn	Name	Club	Perf
1	Damon Harrison	Birchfield H	22.65
2	Martin Browne	Coventry Godiva	23.32
3	Daniel James	WSE & Hounslow	23.84
4	Dominic Friend	Charnwood AC	24.07
5	Andy Jukes	Leamington AC	24.17

T12 200m U20M Heat 4

Posn	Name	Club	Perf
1	Patrick North	Swindon Harriers	22.84
2	Abdillah Nassir	Charnwood AC	23.30
3	James Lea	Tipton H	23.63
4	Karl Ledington	Coventry Godiva	24.32

T13 200m SW Heat 1

Posn	Name	Club	Perf	
1	Katie Flower	Trafford AC	25.4	pb
2	Zita Murphy	Dundrum SD	25.8	
3	Sarah Dowling	Manx Harriers	26.9	
4	Tahlia Gray	Birmingham Uni	27.8	
5	Rebecca Courtenay	Cheltenham & C H	27.8	

T13 200m SW Heat 2

Posn	Name	Club	Perf
1	Charmaine Riley	RSC	25.95
2	Louise Webster	Wolves & Bilston	27.35
3	Caroline Watterson	Stafford Harriers	27.84
4	Hannah Biddiss	Medway & M'stone	27.89
5	Stephanie Allerton	B'heath & Bromley	28.44
6	Vicky King	Birchfield H	28.49

T14 200m SM Heat 1

Posn	Name	Club	Perf
1	Nick Leavey	Thames Valley H	21.65
2	Nengi Ossai	Shaftesbury Barnet	21.93
3	Andy Blow	Basingstoke & MH	21.98
4	Luke Smallwood	Medway & M'stone	22.65
5	Paul Opperman	Dublin CH	23.21

T14 200m SM Heat 2

Posn	Name	Club	Perf
1	Jim Tipper	Telford AC	22.64
2	Fitzroy Falconer	Birchfield H	22.65
3	Dermot Smith	Navan AC	22.99
4	Sean Buckeridge	E S & Middlesex	23.02
5	Peter Herberts	Barnsley AC	23.25

T14 200m SM Heat 3

Posn	Name	Club	Perf
1	Mark Dunwell	Notts AC	22.58
2	Luke Baker	Birchfield H	22.95
3	David O'Shea	Dooneen	23.00
4	William Green	Bolton United H	23.26
5	Daniel Yellop	Ryston Runners	23.36

T14 200m SM Heat 4

Posn	Name	Club	Perf
1	James Folkes	Andover AC	22.75
2	Andrew Thornton	City of Norwich	23.16
3	Scott Henderson	Middlesborough AC	23.20
4	John Merrett	Severn AC	23.22
5	Scott Dorset	WSE & Hounslow	24.62

T14 200m SM Heat 5

Posn	Name	Club	Perf
1	Alex Babb	Victoria Park & TH	23.33
2	Dalton Powell	Notts AC	23.69
3	William Merrett	Severn AC	23.81
	Lee Groenewegen	Cheltenham & C H	DNS
	Joe Frost	Manchester Met Uni	DNS

T14 200m SM Heat 6

Posn	Name	Club	Perf	
1	Stefan Wilcockson	Mansfield H	23.64	pb
2	Adam Hughes	Birchfield H	23.68	
3	Martin White	Mansfield H	23.93	
4	David Staley	Burton AC	24.87	

T14 200m SM Heat 7

Posn	Name	Club	Perf	
1	Patrick Bass	Charnwood AC	24.64	
2	Viv Oliver	Notts AC	24.64	
3	Lee Rogers	Unattached	25.07	pb
4	Rob Cawson	Burton AC	25.22	

T14 200m SM Heat 8

Posn	Name	Club	Perf
1	Paul Rogers	Unattached	26.39
2	Eli Barnett	Telford AC	26.65
3	Andy Gannaway	Winchester & D	26.67
4	Philip Clayton	Notts AC	27.13

T14 200m SM Heat 9

Posn	Name	Club	Perf	
1	Sunkanmi Olaore	Birmingham Uni	22.95	
2	Ashley Chambers	Birmingham Uni	23.31	
3	Tony Wells	Corby AC	26.98	pb
4	Tony Foster	Leamington AC	26.99	pb

T15 60m U15G Heat 1

Posn	Name	Club	Perf	
1	Yasmin Miller	Derby AC	7.84	pb
2	Clieo Stephenson	City of Norwich	8.06	
3	Tannika Burgess	Wolves & Bilston	8.12	
4	Ann Ika-Oqua	Wolves & Bilston	8.28	
5	Nicola Keegan	Medway & M'stone	8.38	

T15 60m U15G Heat 2

Posn	Name	Club	Perf	
1	Victoria Williamson	City of Norwich	8.30	
2	Amber-Rose Daniels	Wolves & Bilston	8.32	
3	Sadie Forrester-Hayles	Tipton H	8.38	pb
4	Holly Cockburn	DASH AC	8.48	
5	Jamie Sellars	DASH AC	9.02	

T15 60m U15G Heat 3

Posn	Name	Club	Perf	
1	Laura McDonald	City of Norwich	8.17	
2	Sophie Warnock	Derby AC	8.35	
3	Eyitayo Titiloye	Birchfield H	8.40	
4	Victoria Mitchell	City of Norwich	8.51	
	Emily McNeice	Coventry Godiva	DNS	

T15 60m U15G Heat 4

Posn	Name	Club	Perf	
1	Jodie Harrison	Wolves & Bilston	8.41	
2	Annie Waghorn	Medway & M'stone	8.47	
3	Shalliece Benjamin	Wolves & Bilston	8.53	
4	Daisy Johnson	Broms & Redd	8.56	
5	Hannah Wilson	DASH AC	9.58	

T15 60m U15G Heat 5

Posn	Name	Club	Perf	
1	Keziah Rust	Cheltenham & C H	8.38	pb
2	Amy Jones-Morris	Wolves & Bilston	8.63	pb
3	Chelsey Garratley	Birchfield H	8.67	
4	Antonia Vidal	Wolves & Bilston	8.75	
5	Lucy Hatton	Corby AC	8.82	
6	Sophie Klair	Wolves & Bilston	8.92	

T15 60m U15G Heat 6

Posn	Name	Club	Perf
1	Louise Morgan	Worcester AC	8.6
2	Millie Bruce-Watt	Cheltenham & C H	8.88
3	Megan Humphreys	Cannock & Stafford	9.01
4	Rache; Poole	DASH AC	9.17
5	Emma Croke	Hereford & County	9.35

T15 60m U15G Heat 7

Posn	Name	Club	Perf
1	Whitley Baker-Richardson	Coventry Godiva	8.6
2	Kila Allen	Bristol & West AC	8.89
3	Jade Perry	Birchfield H	8.91
4	Simone Brown	Knibworth HS	8.98
5	Katie Rowe	Rugby & N	9.21

T16 60m U15B Heat 1

Posn	Name	Club	Perf
1	Jake Porter	Birchfield H	7.55
2	Hassan Hassan	Coventry Godiva	7.56
3	Scott Douglas	Derby AC	7.67
4	Jonathan Chin	Rugby & N	7.68
5	Nathaniel Facey	Birchfield H	7.79 pb
6	Ryan Stride	Birchfield H	7.79
7	Ryan Miller	Derby AC	7.99 pb

T16 60m U15B Heat 2

Posn	Name	Club	Perf
1	Callum McLean	DASH AC	8.13
2	Morton Hart	Solihull & SH	8.34
3	Oliver Dyson-Wood	Thomas Cowley Sc	8.40
4	Myles Morris	Birchfield H	8.44
5	Tom Amatt	WSE & Hounslow	8.52
6	Christopher Pryce	RSC	9.21

T17 60m U17W Heat 1

Posn	Name	Club	Perf
1	Layla Rees-Cooke	Birchfield H	8.09
2	Leah Barrow	WSE & Hounslow	8.18
3	Amy Wakeham	Exeter Harriers	8.22
4	Milly Kellyman	Tamworth AC	8.27
5	Cleo Lambert	Gloucester AC	8.32
6	Hannah Oliver	Rugby & N	8.32

T17 60m U17W Heat 2

Posn	Name	Club	Perf
1	Sophie Poyner	City of Norwich	8.4
2	Rosie West	Coventry Godiva	8.4
3	Nardhia Kidd-Walker	Birchfield H	8.44
4	Harriet Hillson	WSE & Hounslow	8.52
5	Rachel Clarkson	Burton AC	8.72
6	Caragh Spencer-Hicks	Birchfield H	8.97

T17 60m U17W Heat 3

Posn	Name	Club	Perf
1	Grace Smith	Telford AC	8.28
2	Sophie Mead	Team Southampton	8.29
3	Danielle Ross	Manx Harriers	8.31
4	Sophie Taylor	Tamworth AC	8.39
5	Megan Stratford	RSC	8.48
6	Tara Clarke	W&B	8.89

T18 60m U17M Heat 1

Posn	Name	Club	Perf
1	Alex Newnwu	Wolves & Bilston	7.23
2	James Alcock	Medway & M'stone	7.33
3	Dannish Khan	City of Sheffield	7.39
4	Kota Suzuki	Broms & Redd	7.4
5	Omasirichukw Anyanwu	Coventry Godiva	7.53
6	Luke Storer	Rugby & N	7.57
7	James Griffith	B'ham Rowheath	7.67
8	Tom Sherrington	Altrincham & D	8.3

T18 60m U17M Heat 2

Posn	Name	Club	Perf
1	Themba Luhana	Rugby & N	7.55
2	Sam Mason-Brown	Stratford-on-Avon	7.61
3	Harvey Kowa	Birchfield H	7.71
4	Roass McConnachie	Peterborough AC	7.72
5	Nicholas Pryce	RSC	7.72
6	Nvetey Ayeh	B'ham Rowheath	7.76
7	Stephan Brockett	Boston & District	7.81
8	Richard Adiyia	Charnwood AC	8.13

T18 60m U17M Heat 3

Posn	Name	Club	Perf
1	Jose Martin-Fullerton	Birchfield H	7.74
2	Sean McKee	Sparkhill H	7.88
3	Peter Spencer	Boston & District	7.90
4	Josh Chaplain-Barton	West Norfolk AC	7.95
5	Jake Myers	Derby AC	7.96
6	Jamell Newill	Tamworth AC	8.07
7	Nikita Shelyakin	Tamworth AC	8.27
8	Joe Shaw	DASH AC	8.43

T18 60m U17M Heat 4

Posn	Name	Club	Perf
1	Ben Lees	Rugby & N	7.57
2	Fraser Kesteven	Notts AC	7.60

3	Prince Ayeh	B'ham Rowheath	7.83
4	Nathan Rockett	Oxford City	7.83
5	Conor Patterson	Halesowen AC	7.87
6	Thomas Johnson	Rugby & N	7.87
7	Adam Barnes	RSC	7.91
8	Reece Davies	Macclesfield H	7.96

T19 3k Walk SW Heat 1

Posn	Name	Club	Perf
1	Ann Wheeler	Nuneaton H	17.12.61
2	Helen Middleton	Leicester WC	17.45.79
3	Susan Rey	Leicester WC	19.57.36

T19a 3k Walk SM Heat 1

Posn	Name	Club	Perf
1	Mark Williams	Tamworth AC	12.56.87
2	Mark Wall	Leicester WC	15.29.28
3	John Constandinou	Birchfield H	15.53.41
	David Fall	Birchfield H	DQ

T20 400m SW Heat 1

Posn	Name	Club	Perf
1	Tatum Nelson	Sale Harriers	54.52
2	Sian Scott	Team Southampton	55.62 pb
3	Fiona O'Friel	Uni College Dub	56.13
4	Jessika Zebo	Leevale AC	57.01
	Zita Murphy	Dundrum SD	DNS

T20 400m SW Heat 2

Posn	Name	Club	Perf
1	Rachel Harris	Birchfield H	57.82
2	Laura Singleton	Wolves & Bilston	58.40
3	Amy Frith	Tamworth AC	60.91
4	Sarah Dowling	Manx Harriers	62.19
	Estelle Djah	South London H	DNS

T20 400m SW Heat 3

Posn	Name	Club	Perf
1	Hazel Le Cornu	Scarborough AC	60.36
2	Louise Webster	Wolves & Bilston	61.19
3	Katie Welch	Sheffield Hallam U	61.70
4	Amy Teale	Loughborough St	61.81
5	Stephanie Allerton	B'heath & Bromley	66.34

T20 400m SW Heat 4

Posn	Name	Club	Perf
1	Michelle Thomas	Birchfield H	57.77
2	Nicki Goodrham	Conurwich	61.73
3	Tahlia Gray	Birmingham Uni	62.00
4	Hannah Biddiss	Medway & M'stone	62.60
5	Angie Alstrachen	Gloucester AC	63.97
6	Caroline Watterson	Stafford Harriers	66.81

T21 400m SM Heat 1

Posn	Name	Club	Perf
1	Andy Blow	Basingstoke & MH	48.41
2	Simon Taggart	Donore Harriers AC	49.63
3	Jonathan Elderfield	Basingstoke & MH	49.66
4	Paul Graham	Uni of Bedford	55.06
	Gordon Kennedy	Tullamore H	DNS
	John Merrett	Severn AC	DNS

T21 400m SM Heat 2

Posn	Name	Club	Perf
1	Glyn Hawkes	Loughborough St	49.61
2	Lawrence Baird	Trafford AC	49.96
3	Jonathan Hiorns	Basingstoke & MH	50.52
4	Thomas Grantham	City of Sheffield	51.31
5	Brenton Hardware	Birchfield H	52.50
	Andrew Thornton	City of Norwich	DNS

T21 400m SM Heat 3

Posn	Name	Club	Perf	
1	Chris Cooper	City of Portsmouth	51.59	pb
2	Michael Kennedy	Dundrum SD	51.82	
3	Daniel Everett	City of Norwich	52.51	
4	Gerard O'Shea	Dooneen	52.70	
5	Andrew Evans	City of Sheffield	52.88	
6	Phil Evans	Telford AC	54.09	

T21 400m SM Heat 4

Posn	Name	Club	Perf	
1	Andrew Dean-Young	Birmingham Uni	50.60	
2	Alex Babb	Victoria Park & TH	51.95	pb
3	Peter Arnold	Telford AC	52.95	
4	Richard Fox	Basingstoke & MH	53.04	
5	Jamie Fletcher	Burton AC	53.52	
	David Elderfield	Newbury AC	DNS	

T21 400m SM Heat 5

Posn	Name	Club	Perf	
1	Lee Groenewegen	Cheltenham & C H	50.60	
2	Andy Boon	Coventry Godiva	52.73	
3	Jason Pedley	University of Bath	52.82	
4	Christopher Chapman	Nene Valley H	53.31	pb
5	Christopher Long	Birmingham Uni	55.11	

T21 400m SM Heat 6

Posn	Name	Club	Perf	
1	Justin Grimes	Birchfield H	53.81	pb
2	Ray Lennon	Dooneen	54.35	
3	Eno Ebong	Reading AC	55.35	
4	Jonathan Newell	Mansfield H	56.47	
	James Whiteman	Andover AC	dnf	

T21 400m SM Heat 7

Posn	Name	Club	Perf	
1	Lee Rogers	Unattached	57.04	pb
2	Paul Rogers	Unattached	59.63	
3	Tony Foster	Leamington AC	60.10	
4	Tony Wells	Corby AC	61.08	
5	John Garber	Herne Hill H	71.90	

T22 60m U20W Heat 1

Posn	Name	Club	Perf	
1	Shelley Went	Leamington AC	7.82	pb
2	Kimi Moncrieffe	Birchfield H	8.20	
3	Llio Evans	Menai	8.30	
4	Jordan McIntosh	Derby AC	8.31	
5	Emma Cluley	Rugby & N	8.36	
6	Shalayna Hutchinson	Birchfield H	8.63	

T22 60m U20W Heat 2

Posn	Name	Club	Perf	
1	Hannah Williams	Cardiff AAC	8.07	
2	Catherine Seal	Team Southampton	8.22	
3	Amanda Evans	Stratford-on-Avon	8.47	
4	Hayley McAvoy	Coventry Godiva	8.63	
5	Franki Hansen	Andover AC	8.82	
6	Caroline Ford	Nuneaton H	8.99	

T23 60m U20M Heat 1

Posn	Name	Club	Perf
1	Jamie Blundell	Coventry Godiva	7.00
2	Simon Merrill	TeamBath	7.05
3	Gareth Price	Team Southampton	7.20
4	Damon Harrison	Birchfield H	7.21
5	Ben Newman	Birchfield H	7.35
6	Ben Riekstins	Telford AC	7.36
7	Santino Dummett	Telford AC	7.40

T23 60m U20M Heat 2

Posn	Name	Club	Perf	
1	Abdillah Nassir	Charnwood AC	7.23	
2	Paul Jones	Halesowen AC	7.29	pb
3	Ashleigh Naylor	Gloucester AC	7.36	pb
4	Martin Browne	Coventry Godiva	7.37	pb
5	Daniel James	WSE & Hounslow	7.39	pb
6	Andy Jukes	Leamington AC	7.60	

T23 60m U20M Heat 3

Posn	Name	Club	Perf
1	Adam Storer	Rugby & N	7.38
2	Michael Thompson	Coventry Godiva	7.45
3	James Lea	Tipton H	7.49
4	Dominic Friend	Charnwood AC	7.54
5	Karl Ledington	Coventry Godiva	7.71
	James Eaton	Rugby & N	DNS

T23 60m U20M Heat 4

Posn	Name	Club	Perf
1	Sean Foord	Team Southampton	7.32
2	Patrick North	Swindon Harriers	7.34
3	Guy Mayer	Cannock & Stafford	7.37
4	Jonathan Price	Solihull & SH	7.51
5	Ben Horsley	Tamworth AC	7.68
6	Rory MacGregor	Corby AC	7.72

T24 60m SW Heat 1

Posn	Name	Club	Perf	
1	Claire Brady	Celbridge AC	7.56	
2	Bernice Wilson	Birchfield H	7.60	
3	Hannah Ingram	Loughborough St	7.98	pb
4	Avril Dillon	Dundrum SD	7.98	
5	Michelle Thomas	Birchfield H	8.01	

T24 60m SW Heat 2

Posn	Name	Club	Perf
1	Sinead Johnson	Telford AC	7.96
2	Sophie Lambert	Gloucester AC	8.02
3	Gia Skervin	Notts AC	8.50
4	Emma Stevenson	Uni of Wales Ins.	8.54
5	Joanna Ross	Uni of Wales Ins.	8.57
6	Megan Evans	RSC	9.05

T25 60m SM Heat 1

Posn	Name	Club	Perf
1	Nengi Ossai	Shaftesbury Barnet	6.99
2	Husain Alali	Leamington AC	7.01
3	Stewart Marshall	Coventry Godiva	7.12
4	Julian Adeniran	Shaftesbury Barnet	7.15
5	Sean Buckeridge	E S & Middlesex	7.17
6	Daniel Kavanagh	Clonliffe AC	7.17
7	Darren Hough	Sligo AC	7.18
8	Joe Frost	Manchester Met Uni	7.55

T25 60m SM Heat 2

Posn	Name	Club	Perf
1	Jason Greenidge	Woodford G & EL	7.09
2	Richard Rubenis	Telford AC	7.15
3	Fitroy Falconer	Birchfield Harriers	7.20
4	Luke Baker	Birchfield H	7.22
5	Jim Tipper	Telford AC	7.23
6	Dermot Smith	Navan AC	7.24
7	William Green	Bolton United H	7.33
8	David O'Shea	Dooneen	7.80

T25 60m SM Heat 3

Posn	Name	Club	Perf
1	Mark Dunwell	Notts AC	7.12
2	Peter Herberts	Barnsley AC	7.25
3	Dom Parsons	B'heath & Bromley	7.26
4	Luke Smallwood	Medway & M'stone	7.30
5	James Folkes	Andover AC	7.34
6	Adam Thomas	Birchfield H	7.40
7	Adam Hughes	Birchfield H	7.42
	Chris Cooper	City of Portsmouth	DNS

T25 60m SM Heat 4

Posn	Name	Club	Perf	
1	Chris Minn	Crawley AC	7.35	
2	Daniel Yellop	Ryston Runners	7.37	
3	Kasim Adesanya	Notts AC	7.42	pb
4	Jonathan Elderfield	Basingstoke & MH	7.48	
5	David Staley	Burton AC	7.53	
6	Dalton Powell	Notts AC	7.65	
7	Scott Dorset	WSE & Hounslow	7.68	
8	Dean Haley	Coventry Godiva	7.88	

T25 60m SM Heat 5

Posn	Name	Club	Perf
1	David Elderfield	Newbury AC	7.25
2	Martin White	Mansfield H	7.57
3	Matthew Bartlett	Tamworth AC	7.60
4	William Merrett	Severn AC	7.72
5	Viv Oliver	Notts AC	7.75
6	John Statham	Charnwood AC	7.77
7	Shaun Davy	Mansfield H	7.83
8	Eli Barnett	Telford AC	8.28

T25 60m SM Heat 6

Posn	Name	Club	Perf
1	Sunkanmi Olaore	Birmingham Uni	7.32
2	Tim Barton	Charnwood AC	7.32
3	Ashley Chambers	Birmingham Uni	7.58
4	Rob Cawson	Burton AC	7.94
5	Mario Monteforte	Nene Valley H	8.39
6	Philip Clayton	Notts AC	8.57
7	Keith Dolan	Fingallians	9.20

T26 400m U17W Heat 1

Posn	Name	Club	Perf
1	Rhiannon Linnington-Payne	Bridgnorth AC	59.51
2	Georgina Ivens	Nene Valley H	60.10
3	Alexandra Williams	Leamington AC	61.67
4	Clare Ashley	Notts AC	62.69
5	Hollie Allan	Cannock & Stafford	65.51

T27 400m U17M Heat 1

Posn	Name	Club	Perf
1	Ashley Hill	Cheltenham & C H	51.38
2	Ciaran Donnelly	Birchfield H	53.53
3	Jamie Gifford	Halesowen AC	53.57
4	David Lee	Coventry Godiva	53.58
5	Mark Lean	Manx Harriers	55.87
6	Stephan Brockett	Boston & District	57.93

T27 400m U17M Heat 2

Posn	Name	Club	Perf
1	Nathan Graham	Corby AC	54.61
2	Josh Chaplain-Barton	West Norfolk AC	55.09
3	Christopher Adams	Andover AC	56.39
4	Daniel Burton	Deeside AC	56.88
5	Richard Adiyia	Charnwood AC	57.95

T27 400m U17M Heat 3

Posn	Name	Club	Perf
1	Daniel Williams	Halesowen AC	53.34
2	David Bush	Nene Valley H	55.83
3	Alastair Todd	TeamBath	57.40
4	Joe Shaw	DASH AC	59.67
5	James Pratt	DASH AC	60.45

T28 400m U20W Heat 1

Posn	Name	Club	Perf
1	Ejiro Okoro	Birchfield H	56.80
2	Becca Carozzi	Team Southampton	56.95
3	Leonie Massop	Wolves & Bilston	61.72
4	Harriet Pryke	Manx Harriers	62.96
5	Nadia Bobash	Wolves & Bilston	64.03
6	Atinuke Ojutalayo	Coventry Godiva	68.76

T29 400m U20M Heat 1

Posn	Name	Club	Perf
1	Abdillah Nassir	Charnwood AC	51.22
2	David Munro	Manx Harriers	52.36
3	Colaine McLeish	Wolves & Bilston	52.79
4	Luke Evans	Broms & Redd	53.78

T29 400m U20M Heat 2

Posn	Name	Club	Perf
1	Oliver Knight	Charnwood AC	52.65
2	Michael Haslett	Manx Harriers	53.02
3	Ben Sharman	Kettering Town	54.34
4	Abraham Newell	Unattached	56.30

T30 800m SW Heat 1

Posn	Name	Club	Perf
1	Claire Nichols	Woking AC	2.08.24
2	Anouska McConnell	Birchfield H	2.10.37
3	Natalie Shaw	Loughborough St	2.14.14
4	Alexandra Shamloll	Herne Hill H	2.26.77
	Amy Frith	Tamworth AC	DNS

T30 800m SW Heat 2

Posn	Name	Club	Perf
1	Nicki Goodrham	C of Norwich	2.17.15
2	Rachel Franklin	Manx H	2.20.78
3	Emma Day	Leamington AC	2.23.70
4	Rebecca Williams	Milton Keynes AC	2.27.68
5	Lauren Cripps	Milton Keynes AC	2.29.25

T31 800m SM Heat 1

Posn	Name	Club	Perf
1	Gavin Wilcox	Milton Keynes AC	1.55.30
2	Jon Long	Woodford G & EL	1.56.07
3	Philip Wren	Reading AC	1.58.15
4	Chris Hearn	Milton Keynes AC	1.58.30
5	Paul Harmer	Charnwood AC	1.58.53

T31 800m SM Heat 2

Posn	Name	Club	Perf
1	Oliver Heeks	Orion Harriers	1.58.24
2	Chris Thornton	Skyrac AC	2.01.35
3	Ashley Sabin	Notts AC	2.03.50
4	David Lemon	Deeside AC	2.06.50
5	Andy Gannaway	Winchester & D	2.09.47

T31 800m SM Heat 3

Posn	Name	Club	Perf
1	John Spence	Sheffield Hallam U	1.57.31
2	Tim Harris	Luton AC	1.58.94
3	Keith Short	Gloucester AC	2.15.29
4	Chris Cooper	U/A	2.19.48
5	Andrew Cooper	Tipton H	2.19.90
6	John Garber	Herne Hill H	2.50.31

T32 200m U15G Heat 1

Posn	Name	Club	Perf
1	Yasmin Miller	Derby AC	25.58
2	Ann Ika-Oqua	Wolves & Bilston	26.43
3	Keziah Rust	Cheltenham & C H	27.39
4	Emily McNeice	Coventry Godiva	27.77
5	Whitley Baker-Richardson	Coventry Godiva	27.83

T32 200m U15G Heat 2

Posn	Name	Club	Perf
1	Nicola Keegan	Medway & M'stone	26.88
2	Ciara McDonnell	Manx Harriers	27.12
3	Sophie Warnock	Derby AC	27.36
4	Victoria Williamson	City of Norwich	27.76
5	Holly Cockburn	DASH AC	28.81

T32 200m U15G Heat 3

Posn	Name	Club	Perf
1	Shalliece Benjamin	Wolves & Bilston	27.71
2	Megan Dixon	Wolves & Bilston	28.09
3	Jodie Harrison	Wolves & Bilston	28.18
4	Daisy Evans	DASH AC	31.44
	Amber-Rose Daniels	Wolves & Bilston	DNF

T32 200m U15G Heat 4

Posn	Name	Club	Perf	
1	Sadie Forrester-Hayles	Tipton H	27.66	
2	Amy Jones-Morris	Wolves & Bilston	28.19	
3	Kathryn Smith	RSC	28.24	
4	Victoria Mitchell	City of Norwich	28.36	
5	Katie Stainton	Solihull & SH	28.62	pb

T32 200m U15G Heat 5

Posn	Name	Club	Perf
1	Clieo Stephenson	City of Norwich	26.24
2	Antonia Vidal	Wolves & Bilston	29.08
3	Sophie Klair	Wolves & Bilston	29.72
4	Melissa Baverstock	Gloucester AC	30.12
5	Emily Ashe	Manx Harriers	31.64

T32 200m U15G Heat 6

Posn	Name	Club	Perf
1	Laura McDonald	City of Norwich	26.72
2	Daisy Johnson	Broms & Redd	28.72
3	Kila Allen	Bristol & West AC	29.54
4	Millie Bruce-Watt	Cheltenham & C H	29.82
5	Megan Humphreys	Cannock & Stafford	30.75

T33 200m U15B Heat 1

Posn	Name	Club	Perf
1	Scott Douglas	Derby AC	24.47
2	Hassan Hassan	Coventry Godiva	24.65
3	Nathaniel Facey	Birchfield H	24.78
4	Ryan Stride	Birchfield H	24.95

T33 200m U15B Heat 2

Posn	Name	Club	Perf
1	Ryan Miller	Derby AC	25.59
2	Jack Templeman	Andover AC	26.35
3	Callum McLean	DASH AC	27.00
4	Myles Morris	Birchfield H	27.53
5	Adam Khan	City of Sheffield	27.60

T33 200m U15B Heat 3

Posn	Name	Club	Perf
1	Jonathan Chin	Rugby & N	25.21
2	Luke Morbey	Birchfield H	25.35
3	Tom Amatt	WSE & Hounslow	27.81
4	Christopher Pryce	RSC	29.60

T34 200m U17W Heat 1

Posn	Name	Club	Perf
1	Leah Barrow	WSE & Hounslow	25.73
2	Rhiannon Goodman	Bedford & County	26.52
3	Victoria Walker	Coventry Godiva	26.79
4	Georgina Ivens	Nene Valley H	27.17
5	Grace Smith	Telford AC	27.33

T34 200m U17W Heat 2

Posn	Name	Club	Perf	
1	Layla Rees-Cooke	Birchfield H	26.65	pb
2	Sophie Poyner	City of Norwich	28.13	
3	Rachel Clarkson	Burton AC	28.35	
4	Tara Clarke	W&B	29.60	

T34 200m U17W Heat 3

Posn	Name	Club	Perf
1	Hannah Oliver	Rugby & N	27.58
2	Rhiannon Shipstone	Wolves & Bilston	28.37
3	Olivia Drew	WSE & Hounslow	28.63
	Chloe Smith	City of Norwich	DNS

T34 200m U17W Heat 4

Posn	Name	Club	Perf
1	Sophie Mead	Team Southampton	26.66
2	Danielle Ross	Manx Harriers	27.15
3	Sophie Taylor	Tamworth AC	27.31
4	Rosie West	Coventry Godiva	28.38

T35 200m U17M Heat 1

Posn	Name	Club	Perf	
1	Dannish Khan	City of Sheffield	23.33	pb
2	Kota Suzuki	Broms & Redd	24.02	pb
3	Daniel Williams	Halesowen AC	24.05	
4	Luke Storer	Rugby & N	24.36	
5	Thomas Johnson	Rugby & N	25.36	

T35 200m U17M Heat 2

Posn	Name	Club	Perf
1	David Bush	Nene Valley H	24.36
2	Josh Chaplain-Barton	West Norfolk AC	24.52
3	Nathan Graham	Corby AC	24.68
4	Roass McConnachie	Peterborough AC	24.90
	Sam Mason-Brown	Stratford-on-Avon	DNS

T35 200m U17M Heat 3

Posn	Name	Club	Perf
1	Sean McKee	Sparkhill H	24.82
2	Douglas Stark	Tamworth AC	25.91
3	Jamell Newill	Tamworth AC	26.80
4	Nikita Shelyakin	Tamworth AC	26.83
	Themba Luhana	Rugby & N	DNS

T35 200m U17M Heat 4

Posn	Name	Club	Perf
1	Omasirichukw Anyanwu	Coventry Godiva	24.50
2	Nicholas Pryce	RSC	24.70
3	Nvetey Ayeh	B'ham Rowheath	25.34
4	Jake Myers	Derby AC	25.84
5	Prince Ayeh	B'ham Rowheath	26.31

F01 Triple Jump U20W Pool 1

Posn	Name	Club	Perf
1	Gemma Smith	Cannock & Stafford	11.31
2	Amanda Evans	Stratford-on-Avon	10.36
	Charlotte Berrington	Bridgnorth AC	NJ

F02 Triple Jump U20M Pool 1

Posn	Name	Club	Perf
1	Tom Bell	Mansfield H	12.44

F03 Pole Vault SW Pool 1

Posn	Name	Club	Perf
1	Bryony Raine	Cardiff AAC	3.60
2	Jemma Harding	Bedford & County	3.40
3	Annemarie Price	Ashford AC	3.20
4	Holly Weaver	Brighton & Hove AC	3.00

F03b Pole Vault U17W Pool 1

Posn	Name	Club	Perf
1	Laura Butcher	TeamBath	2.80
2	Georgia Pearce	St Gregory's Cth Col	2.70 pb
3	Hannah Grubb	TeamBath	2.60
4	Louise Foster	Cannock & Stafford	2.60
5	Lauren Gale	TeamBath	2.40
6	Sammy Witton	Cannock & Stafford	2.30
7	Gaby Bangay	Corby AC	2.30

F03c Pole Vault SM Pool 1

Posn	Name	Club	Perf
1	Simon Eastwood	Bedford & County	3.70
2	Steve Walker	WSE & Hounslow	3.60

F03d Pole Vault U20M Pool 1

Posn	Name	Club	Perf
1	Jason Green	Shrewsbury AC	3.50

F03e Pole Vault U17M Pool 1

Posn	Name	Club	Perf
1	Timothy Lord	Bedford & County	3.40
2=	Jamie Courtenay	Cheltenham & C H	3.40
2=	Jonathan Kirkland	Chesterfield AC	3.40
4	David Samuels	Telford AC	3.30
5	Luke Morton	Halesowen AC	2.80
6	Mark Devergori	Chesterfield AC	2.60

F03e Pole Vault U15B Pool 1

1	Peter Morton	Halesowen	2.50
2	Matthew Kirkland	Chesterfield	2.40
3	Archie McNeillis	Halesowen	2.40

F04 High Jump U15B Pool 1

Posn	Name	Club	Perf
1	Jake Porter	Birchfield H	1.60
2	Ben Jennings	Rugby & N	1.40

F05 High Jump U17M Pool 1

Posn	Name	Club	Perf
1	Joshua Guest	Leamington AC	1.95
2	Jordan Roach	Tamworth AC	1.90
3	Alasdair Rigby	Cannock & Stafford	1.80
4	Conor French	Solihull & SH	1.75
5	David Boden	Bridgnorth AC	1.75
6	Douglas Stark	Tamworth AC	1.65
7	Mark Lean	Manx Harriers	1.55

F06 Long Jump U17M Pool 1

Posn	Name	Club	Perf
1	James Alcock	Medway & M'stone	6.26
2	James Griffith	B'ham Rowheath	5.92
3	Fraser Kesteven	Notts AC	5.91
4	Jamie Courtenay	Cheltenham & C H	5.83
5	Jose Martin-Fullerton	Birchfield H	5.82
6	Reece Davies	Macclesfield H	5.66
7	Peter Spencer	Boston & District	5.54
8	Stephan Brockett	Boston & District	5.41
9	Ben Lees	Rugby & N	5.37
10	Nikita Shelyakin	Tamworth AC	5.15
11	Jamell Newill	Tamworth AC	4.98
12	Mark Lean	Manx Harriers	4.84
13	Tom Sherrington	Altrincham & D	4.76
14	Sam Mason-Brown	Stratford-on-Avon	4.62
15	Daniel Needham	Wigan Harriers	3.83

F07 High Jump U20W Pool 1

Posn	Name	Club	Perf
1	Katherine Connolly	Sphinx AC	1.65
2	Charlotte Parry	Solihull & SH	1.60
3	Kelly Daly	Radley AC	1.50
4	Charlotte Berrington	Bridgnorth AC	1.50

F08 High Jump SW Pool 1

Posn	Name	Club	Perf
1	Catriona Forrest	Guildford & G	1.65
2	Lucy Hodgins	Vale of Aylesbury	1.65

F09d Pole Vault U20M Pool 2

Posn	Name	Club	Perf
1	Nick Cruchley	Halesowen AC	4.75
2	Robert Warensjo	Swindon Harriers	4.40

F10 Long Jump U20M Pool 1

Posn	Name	Club	Perf
1	Jamie Blundell	Coventry Godiva	7.37
2	Sean Linnie	Worcester AC	6.52
3	James Baines	Notts AC	6.29
4	Michael Thompson	Coventry Godiva	6.01
5	Oliver Knight	Charnwood AC	5.92
6	James Eaton	Rugby & N	5.65

F11 High Jump U15G Pool 1

Posn	Name	Club	Perf
1	Hannah Scales	Rugby & N	1.5
2	Ella Gibbons	Worcester AC	1.45
3	Georgie Evans	Stratford-on-Avon	1.45
4	Megan Clements	Leamington AC	1.45
5	Ami Rutter	Solihull & SH	1.45
6	Annie Waghorn	Medway & M'stone	1.45
7	Katie Rowe	Rugby & N	1.35
8	Lucy Hatton	Corby AC	1.35
9	Katie Stainton	Solihull & SH	1.25
10	Liberty Thornton	Cannock & Stafford	1.25

F12 Long Jump U20W Pool 1

Posn	Name	Club	Perf
1	Shalayna Hutchinson	Birchfield H	4.91
2	Charlotte Berrington	Bridgnorth AC	4.51
3	Hardeep Koonar	Wolves & Bilston	4.29

F13 Long Jump U17W Pool 1

Posn	Name	Club	Perf
1	Alexandra Williams	Leamington AC	5.00
2	Rebecca Oakley	Wolves & Bilston	4.88
3	Rosie Kingston	Bicester AC	4.34

F14 High Jump U17W Pool 1

Posn	Name	Club	Perf	
1	Zoey Phillips	Birchfield H	1.70	
2	Elizabeth Parry	Solihull & SH	1.65	pb
3	Olivia Wetherill	Rugby School	1.55	
4	Ella Taylor	Hereford & County	1.50	
5	Rosie Hall	Cheltenham & C H	1.50	
6	Sophie Raven	Rugby & N	1.50	
7	Chloe Smith	City of Norwich	1.45	
8	Sophie Rayner	Solihull & SH	1.40	
9	Hannah Oliver	Rugby & N	1.40	

F15 Shot U15G Pool 1

Posn	Name	Club	Perf	
1	Jade Perry	Birchfield H	9.97	
2	Emma Crooke	Hereford & County	9.53	
3	Laura McDonald	City of Norwich	9.43	
4	Gracie Jack	Coventry Godiva	9.08	
5	Chloe Elphick	Sutton-in-Ashfield H	9.00	
6	Kathryn Smith	RSC	8.70	
7	Charlotte Davies	Rugby & N	8.32	
8	Alice Knight	Charnwood AC	7.88	
9	Hannah Scales	Rugby & N	7.76	
10	Rebecca Davies	Rugby & N	7.16	
11	Jamie Sellars	DASH AC	6.73	

F16 Shot U15B Pool 1

Posn	Name	Club	Perf	
1	Joshua Newman	Birchfield H	14.61	
2	Jonathan Chin	Rugby & N	7.99	

F17 High Jump U20M Pool 1

Posn	Name	Club	Perf	
1=	Adam Rigby	Cannock & Stafford	1.85	
1=	Martin Cherrington	Tipton H	1.85	

F18 High Jump SM Pool 1

Posn	Name	Club	Perf	
1	Mitchell Simms	Tipton H	1.90	
2	Zack Morrison	Biggleswade AC	1.80	
3	Richard Fox	Basingstoke & MH	1.75	

F19 Shot U17W Pool 1

Posn	Name	Club	Perf	
1	Gemma Young	TeamBath	10.04	
2	Alexandra Williams	Leamington AC	9.91	pb
3	Jane Bourne	Cannock & Stafford	8.29	
4	Caragh Spencer-Hicks	Birchfield H	7.01	
5	Zoe Green	Shrewsbury AC	6.31	

F21 Shot U17M Pool 1

Posn	Name	Club	Perf
1	Douglas Stark	Tamworth AC	8.83

F22 Shot U20M Pool 1

Posn	Name	Club	Perf
1	Reece Thomas	Birchfield H	15.93
2	Alex Berrow	Tamworth AC	12.27
3	Jason Green	Shrewsbury AC	11.34