



## UK YOUTH DEVELOPMENT LEAGUE

### Upper Age Group 2021 Timetables for the first two rounds

#### MATCH 1 - May

TRACK			FIELD	
12:00	400mH (U20M)	A followed by B	12:00	Hammer (Men)
12:10	400mH (U17M)	A followed by B		Triple Jump (Women)
12:25	1500m (U20W)	A & B String		
12:35	1500m (U17W)	A & B String	12:30	Pole Vault (Men)
12:45	100m (U20M)	A followed by B		
12:55	100m (U17M)	A followed by B	13:00	Shot Put (Women)
13:10	400m (U20W)	A followed by B		
13:20	300m (U17W)	A followed by B		
13:35	100mH (U17M)	A followed by B	13:30	Discus (Men)
13:45	3000m (Women)	All		
14:00	110mH (U20M)	A followed by B	14:00	Long Jump (Men)
14:10	200m (U20W)	A followed by B		
14:20	200m (U17W)	A followed by B	14:30	High Jump (Women)
14:35	800m (U20M)	A followed by B		
14:45	800m (U17M)	A followed by B	15:00	Javelin (Women)
15:00	4 x 100m Relay Men	U20M followed by U17M		
15:15	2k S/Ch (U20M)	A & B String		
15:30	4 x 300m Relay (U17W)			
15:40	4 x 400m Relay (U20W)			

#### MATCH 2 - June

TRACK			FIELD	
12:00	400mH (U20W)	A followed by B	12:00	Hammer (Women)
12:10	300mH (U17W)	A followed by B		Triple Jump (Men)
12:25	1500m (U20M)	A & B String		
12:35	1500m (U17M)	A & B String	12:30	Pole Vault (Women)
12:45	100m (U20W)	A followed by B		
12:55	100m (U17W)	A followed by B	12:45	Shot Put (Men)
13:10	400m (U20M)	A followed by B		
13:20	400m (U17M)	A followed by B	13:30	Discus (Women)
13:35	80mH (U17W)	A followed by B		
13:45	3000m (Men)	All	14:00	Long Jump (Women)
14:00	100mH (U20W)	A followed by B		
14:10	200m (U20M)	A followed by B	14:30	High Jump (Men)
14:20	200m (U17M)	A followed by B		
14:35	800m (U20W)	A followed by B	15:00	Javelin (Men)
14:45	800m (U17W)	A followed by B		
15:00	4 x 100m Relay Women	U20W followed by U17W		
15:15	1500 S/Ch (U17M)	A & B String		
15:30	1500 S/Ch (Women)	All		
15:40	4 x 400m Relay Men	U20M followed by U17M		

**One Race under 20 & under 17 athletes A & B Strings**

**With the exception of vertical jumps all athletes will have 3 trials with top 3 U20 & 3 U17 a further 3 trials having first achieved the required standard**