



UK YOUTH DEVELOPMENT LEAGUE

Upper Age Group 2021 Timetables for the first two rounds

MATCH 1

TRACK		FIELD	
12:00	400mH (U20M)	12:00	Hammer (Men)
12:10	400mH (U17M)		Triple Jump (Women)
12:25	1500m (U20W)		
12:35	1500m (U17W)	12:30	Pole Vault (Men)
12:45	100m (U20M)		
12:55	100m (U17M)	13:00	Shot Put (Women)
13:10	400m (U20W)		
13:20	300m (U17W)		
13:35	100mH (U17M)	13:30	Discus (Men)
13:45	3000m (Women)		
14:00	110mH (U20M)	14:00	Long Jump (Men)
14:10	200m (U20W)		
14:20	200m (U17W)	14:30	High Jump (Women)
14:35	800m (U20M)		
14:45	800m (U17M)	15:00	Javelin (Women)
15:00	4 x 100m Relay Men		
15:15	2k S/Ch (U20M)		
15:30	4 x 300m Relay (U17W)		
15:40	4 x 400m Relay (U20W)		

MATCH 2

TRACK		FIELD	
12:00	400mH (U20W)	12:00	Hammer (Women)
12:10	300mH (U17W)		Triple Jump (Men)
12:25	1500m (U20M)		
12:35	1500m (U17M)	12:30	Pole Vault (Women)
12:45	100m (U20W)		
12:55	100m (U17W)	12:45	Shot Put (Men)
13:10	400m (U20M)		
13:20	400m (U17M)	13:30	Discus (Women)
13:35	80mH (U17W)		
13:45	3000m (Men)	14:00	Long Jump (Women)
14:00	100mH (U20W)		
14:10	200m (U20M)	14:30	High Jump (Men)
14:20	200m (U17M)		
14:35	800m (U20W)	15:00	Javelin (Men)
14:45	800m (U17W)		
15:00	4 x 100m Relay Women		
15:15	1500 S/Ch (U17M)		
15:30	1500 S/Ch (Women)		
15:40	4 x 400m Relay Men		

One Race under 20 & under 17 athletes A & B Strings

With the exception of vertical jumps all athletes will have 3 trials with top 3 U20 & 3 U17 a further 3 trials having first achieved the required standard