



## UK YOUTH DEVELOPMENT LEAGUE

### Lower Age Group Timetables for the first two rounds

#### MATCH 1

TRACK		FIELD	
12:10	75mH (U15G)	12:00	Discus (U15B)
12:30	80mH (U15B)		
		12:15	High Jump (U15G)
12:45	800m (U13B)		Long Jump (U13G)
12:55	800m (U13G)		
		13:00	Discus U15G)
13:10	200m (U15B)		Shot Put (U15B)
13:25	200m (U15G)		
13:40	150m (U13G)	13:30	High Jump (U15B)
13:55	150m (U13B)		
		14:00	Javelin (U13B)
14:15	300m (U15B)		
		14:30	Shot Put (U15G)
14:30	<b>4 x 100 Relays - if possible</b>		Long Jump (U13B)
14:55	1500m (U15G)	15:00	Javelin (U13G)
15:05	1500m (U15B)		
15:30	<b>4 x 300 relays - if possible</b>		

#### MATCH 2

TRACK		FIELD	
12:10	70mH (U13G)	12:00	Hammer (U15B)
12:30	75mH (U13B)		
		12:15	High Jump (U13G)
12:45	800 (U15G)		Long Jump (U15G)
12:55	800 (U15B)		
		13:00	Hammer (U15G)
13:10	75m U13G)		Shot Put (U13B)
13:25	75m (U13B)		
13:40	100m (U15G)	13:30	High Jump (U13B)
13:55	100m (U15B)		
		14:00	Javelin (U15B)
14:15	300m (U15G)		
		14:30	Shot Put (U13G)
14:30	<b>4 x 100 Relays - if possible</b>		Long Jump (U15B)
14:55	1200 (U13G)	15:00	Javelin (U15G)
15:05	1200 (U13B)		
15:30	<b>4 x 300 relays - if possible</b>		