

NB Double Header timetables are based on the Premier division to allow for the additional number of teams taking part. Please make sure all your athletes are issued with the correct timetable below, and not the one showing on the website or in the Handbook.



UK YOUTH DEVELOPMENT LEAGUE

TRACK Timetable

Time	Event	M/F	
11:00	70m Hurdles	U13 Girls	A & B
11:15	75m Hurdles	U13 Boys	A & B
11:30	75m Hurdles	U15 Girls	A & B
11:40	80m Hurdles	U15 Boys	A & B
12:00	150m	U13 Girls	A & B
	150m	U13 Boys	A & B
12:20	200m	U15 Girls	A & B
	200m	U15 Boys	A & B
12:40	800m	U13 Girls	A, B, & N/S
12:55	800m	U13 Boys	A, B, & N/S
13:10	800m	U15 Girls	A, B, & N/S
13:25	800m	U15 Boys	A, B, & N/S

Track Break - if time allows

14:00	75m	U13 Girls	A, B, & N/S
14:15	75m	U13 Boys	A, B, & N/S
14:30	100m	U15 Girls	A, B, & N/S
14:45	100m	U15 Boys	A, B, & N/S
15:00	300m	U15 Girls	A & B
	300m	U15 Boys	A & B
15:20	1500m	U15 Girls	One Race
	1500m	U15 Boys	One Race
15:45	1200m	U13 Girls	One Race
	1200m	U13 Boys	One Race
16:10	4x100m	U15 Girls	One Race
	4x100m	U15 Boys	One Race
	4x100m	U13 Boys	One Race
	4x100m	U13 Girls	One Race
16:30	4x300m	U15 Girls	One Race
	4x300m	U15 Boys	One Race

FIELD Timetable

Time	Event	M/F
10:50	Hammer	U15 Boys
11:15	Long Jump	U15 Girls
11:35	Hammer	U15 Girls
11:45	High Jump	U13 Girls
	Shot	U13 Boys
12:15	Discus	U15 Boys
12:30	Pole Vault	U15 B & G
13:00	Discus	U15 Girls
	High Jump	U13 Boys
	Shot	U13 Girls
13:15	Long Jump	U15 Boys
13:45	Javelin	U15 Boys
14:15	High Jump	U15 Boys
	Shot	U15 Girls
14:30	Javelin	U13 Boys
	Long Jump	U13 Girls
15:10	Javelin	U15 Girls
15:30	Long Jump	U13 Boys
	Shot	U15 Boys
15:30	High Jump	U15 Girls
15:45	Javelin	U13 Girls

3 trials per athlete except vertical jumps