Risk Assessment: Rowley Park Stadium - Athletics

Date:	Assessed by:	Location :	Review :
9/8/23	Shaun Ainge	Rowley Park	March 2024

TRACK

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Other athletes	Athletes – injury through collisions	• Track etiquette distributed to all athletes and coaches and available on website (athletes to warm up in outside lanes clockwise round track. Shout "track" to warn other athletes if they are unaware you are approaching) • Coaches to liaise with each other regarding sessions to avoid clashes.	L	• New athletes to be briefed on track etiquette before and during first session	L	All coaches and athletes	Ongoing	Ongoing
Footballs	Athletes / coaches – injury through being struck by footballs clearing netting around artificial pitches in centre of track	• Speak to footballers to advise of possible injury to athletes	M	• Ask footballers to warm up at opposite end of pitches to where the majority of training is taking place	L	Coaches / Park Rangers	Ongoing	Ongoing

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		• Report ball strikes, near misses to Park Rangers to speak to teams		• Increase height of netting around pitches (unlikely though due to cost to facility providers)				
Track condition	Athletes / coaches – injuries through slips / trips due to damaged or worn out track	• Walk track to review condition before each session	L	• Report any adverse findings to Park Rangers	L	Coaches	Before each session	Ongoing
Debris from overhanging trees	Athletes – injuries through slips / trips due to debris (branches / twigs etc) from trees near to outside of track near 300m start	• Walk track to review condition before each session • Park Rangers clearing debris following high winds	L	• Report any adverse findings to Park Rangers	L	Coaches / Park Rangers	Before each session / Following high winds	Ongoing
Slippery track	Athletes – injuries through slipping on track in icy or snow conditions	• Advise athletes to wear suitable footwear for conditions	M	• Prevent athletes from training if they haven't got suitable footwear • Cancel session if conditions are too dangerous	L	Coaches	Before each session	Ongoing
Lighting conditions	Athletes / coaches – injuries due to not being able to see clearly	• Maintain floodlighting. Repair lamps as necessary	L	•	L	Facility provider	As required for evening training sessions	Ongoing

JUMPING AREAS

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Compacted sand in long jump pits	Athletes – impact injuries through landing on compacted sand	• Raking sand before each session • Facility staff occasionally deep digging pits to loosen sand	L	• Facility staff to introduce regular deep digging of pits into maintenance regime • Refill sand to level of pit as required	L	Coaches to rake before each session Facility staff / Facility provider	Before each session for raking Other items as required	Ongoing

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Other athletes / coaches	Athletes / coaches – injuries caused by collisions between athletes using runways and others crossing runways	• Advise athletes of possible hazard	M	• Place cones alongside runway near gated entrance to track to discourage people from walking across	L	Coaches of athletes using runway	10/12/18	Ongoing
Runway / jumps area condition	Athletes / coaches – injuries through slips / trips due to damaged or worn out surface	• Walk jumps areas to review condition before each session	L	• Report any adverse findings to Park Rangers	L	Coaches	Before each session	Ongoing
High jump / pole vault beds	Athletes – injury through landing on damaged beds or beds not fastened or positioned correctly	• Check conditions and positions of beds before use • Replace bed covers after use	L	• Report any damage to Park Rangers	L	Coaches	Before each session	Ongoing

OUTSIDE THROWS AREA

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Implements	General Public / athletes / coaches – significant injury if struck by implement	• Throws area cordoned off by facility staff prior to sessions • Athletes supervised • Throws not commencing until instructed by coach • Throws coaches to liaise to ensure recovery of implements is not carried out whilst other athletes throwing	L	•	L	Facility staff Coaches	Before and during each session	Ongoing
Throws cage	General Public / athletes / coaches and damage to property due to implements travelling outside safety sector due to damaged netting / incorrectly positioned gates	• Inspect netting prior to each session • Adjust gates as required	L	• Facility providers to introduce inspection and maintenance regime on netting	L	Facility provider Coaches	Before each session	Ongoing
Javelin runway condition	Athletes / coaches – injuries through slips / trips due to damaged or worn out surface	• Walk javelin runway to review condition before each session	L	• Report any adverse findings to Park Rangers	L	Coaches	Before each session	Ongoing
Throws circle	Athletes – injuries through slips due to debris / water / ice in circle	• Clear circle to remove debris before use if necessary	L	•	L	Athletes / coaches	Before each session	Ongoing

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Hammers	Athletes – possible injury in retrieving hammers stuck high up in netting	•	M	• Ask Park Rangers to recover hammer as they will have correct equipment	L	Facility staff	If required	Ongoing