TELFORD ATHLETICS CLUB

SPRING WARM UP MEETING

To be held at Telford Athletics Stadium

At Oakengates Leisure Centre, New Road

Wrockwardine Wood.

TF2 7AB

Wednesday 10th April 2024

Track

7.00pm 400m U17M/U20W and above Male & Female

7.05 300m U15 and above Male & Female

7.25 100m U15 and above Male & Female

7.55 600m U11 Girls & Boys

8.05 800m U13 and above Male & Female

8.30 100m U13 Male & Female

8.45 75m U11 Girls & Boys

8.55 3000m U17 and above Male & Female

Field

7.00 Javelin U13 Boys & Girls – U15 Girls/U17 Women

7.00 Long Jump U11/U13 Boys and Girls

7.45 Long Jump U15/17 Boys & Girls

7.45 Javelin U15 Boys/U17 Men – Senior Men/Women

**Enter on the day up to 30 minutes before the event is due to start**

**Minimum age 9 years on the day**

**Stadium Open 6.00pm**

**£3.00 per event CASH ONLY**

**No Medals**

**Field Events 3 Trials Only**

All entrants shall be deemed to have made him/herself/themselves familiar with, and agreed to be bound by the UKA Anti-Doping Rules and submit to the authority of UK

Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UK Anti-Doping Rules apply to entrants participating in the sport of athletics for 12 months from the (date of entry) whether or not the entrant is a citizen of, or resident in the UK

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