

TELFORD ATHLETICS CLUB
SPRING WARM UP MEETING
To be held at Telford Athletics Stadium
At Oakengates Leisure Centre, New Road
Wrockwardine Wood.
TF2 7AB

Wednesday 8th April 2020

Track

7.00pm	400m	U17M/U20W and above Male & Female
7.15	300m	U15 and above Male & Female
7.30	100m	U15 and above Male & Female
7.45	600m	U11 Girls & Boys
7.55	800m	U13 and above Male & Female
8.05	75m	U11 Girls & Boys
8.15	100m	U13 Male & Female
8.30	3000m	U17 and above Male & Female

Field

7.00	Discus	U15B & G, U17M & W (plus TELFORD athletes of any age)
7.00	Long Jump	U11/U13 Boys and Girls
7.45	Javelin	U13B & G, U15B & G (plus TELFORD athletes of any age)
7.45	Long Jump	U15/17 Boys & Girls

Enter on the day up to 30 minutes before the event is due to start

Minimum age 9 years on the day

Stadium Open 6.00pm

£3.00 per event

No Medals

Field Events 3 Trials Only

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