

TELFORD ATHLETICS CLUB
SPRING WARM UP MEETING
To be held at Telford Athletics Stadium
At Oakengates Leisure Centre, New Road
Wrockwardine Wood.
TF2 7AB

Wednesday 11th April 2018

Track

| | | |
|--------|-------|-----------------------------|
| 7.00pm | 400m | U17M/U20W and above |
| 7.15 | 300m | U15B & G and U17 Women |
| 7.40 | 800m | U13 and above Male & Female |
| 7.55 | 75m | U11 Girls & Boys |
| 8.10 | 100m | U13 and above Male & Female |
| 8.30 | 3000m | U20 & Seniors |

Field

| | | |
|------|-----------|----------------------------|
| 7.00 | Javelin | U13B & G, U15G & U17 Women |
| 7.00 | Long Jump | U11/U13 Male & Female |
| 7.45 | Javelin | U15B & U17 Men |
| 7.45 | Long Jump | U15/17 Boys & Girls |

Enter on the day up to 30 minutes before the event is due
to start

Minimum age 9 years on the day

£3.00 per event

No Medals

Field Events 3 Trials Only

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