



# Manchester Indoor Open Meetings Entry Form

Winter 2022/2023 under UKA Rules. UKA Permit s/b IN002.

**All races with electronic timing**

Organised by Sale Harriers Manchester at Sportcity

Name:	Tel No. Day:
Club:	Tel No. Eve:
Address:	Date of Birth:
	Age (on 31/08/23):
	Email:
Postcode:	Male <input type="radio"/> Female <input type="radio"/>

	Sun 4 <sup>th</sup> Dec 2022	Sun 18 <sup>th</sup> Dec 2022	Sun 8 <sup>th</sup> Jan 2023	Sun 29 <sup>th</sup> Jan 2023	Sun 12 <sup>th</sup> Feb 2023	Sun 12 <sup>th</sup> Mar 2023
	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN	U15 U17 U20 SEN
	<b>10.30am start</b>	<b>10.30am start</b>	<b>10.30am start</b>	<b>10.30am start</b>	<b>10.30am start</b>	<b>10.30am start</b>
60MH	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
60M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
200M			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
300M	<input type="radio"/>	<input type="radio"/>				<input type="radio"/>
600M	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pole Vault	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Long Jump	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
High Jump	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Shot Putt	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PV (A) SH at 2 metres to start 10.30am. Pool (B) SH at 3m 20cm starting approx. 13.15pm.

LJ Pool (A) under 5 metres to start 10.30am. Pool (B) over 5 metres at 12.30pm.

Shot Putt - U15 and U17's only. Athletes enter 1 age category only. **LIMITED NUMBER COMPETITORS IN FIELD EVENTS.** Pre-entries guaranteed a place.

### Entry Fees

£8 per event, spectators £2, free for coaches with current licence.

Cheques/ postal order (no cash) made payable to: **Sale Harriers Manchester.**

Entries to: City of Manchester Open, 16 Delahays Road, Altrincham, WA15 8DS.

Amount of entry fee enclosed \_\_\_\_\_  Cheque  Postal order

Further Details on [www.saleharriersmanchester.com](http://www.saleharriersmanchester.com) to download Entry Forms - Directions - Time/Table.

For further information contact [jamesfrost226@gmail.com](mailto:jamesfrost226@gmail.com)

**Online Entries: Sportsoft ([www.race-results.co.uk](http://www.race-results.co.uk))**

**ALL ENTRIES CLOSED WEDNESDAY PRIOR TO MEETING**

**Parking: Use Gate 2 on Alan Turing Way and Park at the Tennis Courts/Media Centre**